

**2023 GEORGETOWN PREP DOUBLE DUALS**Rockville, MD  
Georgetown Prep

Wednesday, January 11, 2023

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 1/13/2023 9:59 AM

**RESULTS****#1 Boys 55 Meters**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	PHILLIPS, Reed		SO Landon	6.85		1(1)	3
2	SHIELDS, Nate		SR Georgetown Prep	6.93		1(2)	2
3	WILLIAMS, Gavin		JR Landon	7.11		4(1)	1
4	FENDIG, Thomas		JR Georgetown Prep	7.18		2(1)	
5	EMERSON, Kevin		JR Georgetown Prep	7.20		1(3)	
6	ROBEY, Jake		SR Georgetown Prep	7.21	7.206	4(2)	
7	OGUNLADE, Bayo		SR Landon	7.21	7.208	1(4)	
8	PALAZZO, Nick		SR Georgetown Prep	7.22		1(5)	
9	LEE, Tristan		JR Georgetown Prep	7.29		2(2)	
10	SHAW, Ethan		FR Georgetown Prep	7.31		1(6)	
11	SWIFT, William		JR Landon	7.32		5(1)	
12	PENN, Jayson		SO Georgetown Prep	7.33		1(7)	
13	KIMOTHO, Rua		SO Georgetown Prep	7.38		2(3)	
14	REID, Blake		SO Georgetown Prep	7.43		2(4)	
15	STREETTER, Malachi		SO Georgetown Prep	7.45	7.446	1(8)	
16	CHARVEL, Anwar		FR Georgetown Prep	7.45	7.447	4(3)	
17	ARCE, Jalen		JR Georgetown Prep	7.45	7.450	2(5)	
17	LAVU, Avinash		SR Georgetown Prep	7.45	7.450	4(4)	
19	WYNN, Michael		FR Georgetown Prep	7.49		4(5)	
20	GREER, Michael		FR Georgetown Prep	7.59		2(6)	
21	ODIBO, Jason		FR Georgetown Prep	7.64		2(7)	
22	ALLEN, Joseph		JR Georgetown Prep	7.67		3(1)	
23	MCGUIRE, Declan		SO Georgetown Prep	7.70	7.694	4(6)	
23	PHILLIPS, Ross		FR Landon	7.70	7.694	5(2)	
25	QUIANZON, Nicholas		SO Georgetown Prep	7.88		3(2)	
26	CAMPBELL, Caden		FR Georgetown Prep	8.04		3(3)	
27	ALEXANDER, Jesse		FR Georgetown Prep	8.15		3(4)	
28	SHIMKAVEG, Grant		JR Georgetown Prep	8.16		4(7)	
29	HENICK, Kit		FR Georgetown Prep	8.19		3(5)	
30	SINGLETON, Cory		FR Georgetown Prep	8.22		3(6)	
31	DAVIS, Braxton		FR Georgetown Prep	8.51		5(3)	
32	VIRK, Craig		FR Landon	9.14		3(7)	

**#2 Girls 55 Meters**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	CHARLEY, Serenity		SO Academy Of The Hol	8.04		3(1)	3
2	GASKINS, Sophia		FR Academy Of The Hol	8.25		1(1)	2
3	AFOKE, Samaa		JR Academy Of The Hol	8.29		1(2)	1
4	VIGILANTE, Annalea		FR Stone Ridge Sacred	8.31		2(1)	
5	FOMENE, Kiera-Lynn		SO Academy Of The Hol	8.74		1(3)	
6	NORRIS, Addison		SO Academy Of The Hol	8.93		2(2)	
7	BRYANT, Adore		JR Academy Of The Hol	9.01		3(2)	
8	STEWART, Sofia		SR Academy Of The Hol	9.06		2(3)	
9	BRYANT, Angel		JR Academy Of The Hol	9.36		2(4)	
10	KWOK, Chloe		FR Academy Of The Hol	9.43		3(3)	
11	ALEXANDER, Caitlyn		FR Stone Ridge Sacred	9.97		1(4)	

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Pl Name	Yr Team	Time	Note	H(Pl)	Pts
12 KINCER, Margaret	SO Academy Of The Hol	10.92		1(5)	

**#3 Boys 300 Meters**

Pl Name	Yr Team	Time	Note	H(Pl)	Pts
1 FENDIG, Thomas	JR Georgetown Prep	38.64		1(1)	3
2 ROBEY, Jake	SR Georgetown Prep	39.69		1(2)	2
3 OGUNLADE, Bayo	SR Landon	39.76		4(1)	1
4 PALAZZO, Nick	SR Georgetown Prep	40.55		4(2)	
5 LEE, Tristan	JR Georgetown Prep	40.72		3(1)	
6 SHAW, Ethan	FR Georgetown Prep	40.81		4(3)	
7 STREETER, Malachi	SO Georgetown Prep	43.14		3(2)	
8 ARCE, Jalen	JR Georgetown Prep	43.39		4(4)	
9 ALLEN, Joseph	JR Georgetown Prep	43.68		3(3)	
10 CAMPBELL, Caden	FR Georgetown Prep	43.96		1(3)	
11 MURPHY, Peter	FR Landon	44.65		1(4)	
12 REID, Blake	SO Georgetown Prep	44.83		4(5)	
13 WYNN, Michael	FR Georgetown Prep	45.10		2(1)	
14 GREER, Michael	FR Georgetown Prep	45.44		1(5)	
15 QUIANZON, Nicholas	SO Georgetown Prep	46.02		3(4)	
16 ALEXANDER, Jesse	FR Georgetown Prep	47.01		2(2)	
17 LAVU, Avinash	SR Georgetown Prep	48.77		1(6)	
18 ODIBO, Jason	FR Georgetown Prep	48.88		2(3)	
19 VIRK, Craig	FR Landon	51.16		4(6)	
20 DAVIS, Braxton	FR Georgetown Prep	53.89		3(5)	

**#4 Girls 300 Meters**

Pl Name	Yr Team	Time	Note	H(Pl)	Pts
1 CHARLEY, Serenity	SO Academy Of The Hol	45.91		1(1)	3
2 FLOWERS, Aza	FR Stone Ridge Sacred	49.17		1(2)	2
3 GASKINS, Sophia	FR Academy Of The Hol	51.52		4(1)	1
4 VIGILANTE, Annalea	FR Stone Ridge Sacred	51.96		1(3)	
5 GARCIA, Lina	FR Academy Of The Hol	52.64		3(1)	
6 JASINSKI, Maren	JR Academy Of The Hol	52.99		2(1)	
7 ZIMMERMAN, Ava	JR Academy Of The Hol	53.26		4(2)	
8 MITCHELL, Cara	JR Stone Ridge Sacred	54.01		2(2)	
9 CAFFREY, Clara	SR Stone Ridge Sacred	54.50		2(3)	
10 BRYANT, Adore	JR Academy Of The Hol	54.85		2(4)	
11 FOMENE, Kiera-Lynn	SO Academy Of The Hol	55.51		3(2)	
12 DE MOOR, Annelies	JR Academy Of The Hol	55.83		3(3)	
13 STEWART, Sofia	SR Academy Of The Hol	55.87		2(5)	
14 KWOK, Chloe	FR Academy Of The Hol	57.30		3(4)	
15 BRYANT, Angel	JR Academy Of The Hol	58.38		2(6)	
16 NORRIS, Addison	SO Academy Of The Hol	59.98		4(3)	

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**OFFICIAL MEET REPORT**  
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Pl	Name	Yr	Team	Time	Note	Pts
1	RISTU, Ethan	JR	Georgetown Prep	1:27.78		3
2	SIGVALDSON, Rayan	FR	Georgetown Prep	1:45.85		2
3	GUZMAN, Erik	FR	Georgetown Prep	1:55.15		1

**#6 Girls 500 Meters**

Pl	Name	Yr	Team	Time	Note	Pts
1	ZIMMERMAN, Ava	JR	Academy Of The Hol	1:46.40		3
2	GARCIA, Lina	FR	Academy Of The Hol	1:53.33		2
3	JASINSKI, Maren	JR	Academy Of The Hol	1:53.34		1
4	CONROY, Nicole	SR	Academy Of The Hol	2:26.00		
	TRUITT, Brooke	FR	Stone Ridge Sacred		NT	

**#7 Boys 800 Meters**

Pl	Name	Yr	Team	Time	Note	Pts
1	COHEN, Sam	SR	Landon	2:09.62		3
2	HAMILTON, Brannon	JR	Landon	2:15.60		2
3	FRANKLIN, Larry	SO	Landon	2:28.17		1
4	LEVER, Ian	JR	Landon	2:29.92		
5	DELEIRE, Cole	SO	Georgetown Prep	2:31.52		
6	FASIHI, Mikael	JR	Landon	3:04.05		
7	EDWARDS, Curtis	FR	Landon	3:09.89		
8	EDMA, Logan	SO	Landon	3:50.82		

**#8 Girls 800 Meters**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	NORRIS, Kayla	SR	Academy Of The Hol	2:55.65		1(1)	3
2	MCCORMICK, Alex	FR	Academy Of The Hol	2:56.56		1(2)	2
3	BALAGUER, Caitlin	JR	Academy Of The Hol	3:01.07		1(3)	1
4	SMITH, Brennan	FR	Academy Of The Hol	3:10.89		2(1)	
5	KRIZAN-LUQUE, Alegra	SO	Academy Of The Hol	3:11.90		1(4)	
6	STARMANN, Natalie	SR	Stone Ridge Sacred	3:12.33		2(2)	
7	AGUILA, Alessandra	JR	Academy Of The Hol	3:12.91		2(3)	
8	MYERS, Tess	FR	Academy Of The Hol	3:13.94		1(5)	
9	ZIMMERMAN, Ava	JR	Academy Of The Hol	3:17.00		2(4)	
10	ZIMMERMAN, Savanna	SR	Academy Of The Hol	3:22.12		2(5)	
11	REYNOLDS, Lindsey	SO	Academy Of The Hol	3:23.48		1(6)	
12	MONTGOMERY, Katherine	FR	Stone Ridge Sacred	3:24.20		1(7)	
13	CAMPANARIO, Ana Paula	FR	Academy Of The Hol	3:26.56		1(8)	
14	SUNDERMAN, Elena	JR	Academy Of The Hol	3:29.48		1(9)	
15	BOWLER, Theresa	SR	Academy Of The Hol	3:41.71		2(6)	
16	CONROY, Nicole	SR	Academy Of The Hol	4:02.96		2(7)	

**#9 Boys 1600 Meters**

Pl	Name	Yr	Team	Time	Note	Pts
1	CRISP, Michael	SR	Georgetown Prep	4:43.49		3
2	KNESTOUT, Luke	JR	Georgetown Prep	5:07.56		2
3	FRANKLIN, Larry	SO	Landon	5:28.69		1

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Pl	Name	Yr Team	Time	Note	Pts
4	CLEVY, Andre	FR Georgetown Prep	6:41.87		
5	O'CONNOR, Bobby	FR Georgetown Prep	6:42.21		
6	SNYDER, Jackson	FR Georgetown Prep	6:52.81		

**#10 Girls 1600 Meters**

Pl	Name	Yr Team	Time	Note	Pts
1	KUMMER, Alannah	FR Stone Ridge Sacred	5:49.28		3
2	INGOGLIA, Giovana	SO Stone Ridge Sacred	6:18.98		2
3	GANNON, Kate	JR Stone Ridge Sacred	6:27.60		1
4	LESNICK, Stella Rose	FR Stone Ridge Sacred	6:42.24		
5	KRIZAN-LUQUE, Alegra	SO Academy Of The Hol	6:45.87		
6	DE MOOR, Annelies	JR Academy Of The Hol	7:02.23		
7	BOWLER, Theresa	SR Academy Of The Hol	7:36.70		

**#11 Boys 55m Hurdles**

Pl	Name	Yr Team	Time	Note	Pts
1	KALISH, Ari	JR Landon	8.47		3
2	EMERSON, Kevin	JR Georgetown Prep	9.76		2
3	RISTU, Ethan	JR Georgetown Prep	10.62		1
4	FOJUT, Jack	SO Georgetown Prep	13.00		

**#12 Girls 55m Hurdles**

Pl	Name	Yr Team	Time	Note	Pts
1	DE MOOR, Annelies	JR Academy Of The Hol	11.48		3
2	BRYANT, Angel	JR Academy Of The Hol	12.46		2

**#13 Boys 4 x 200m Relay**

Pl	Team	Time	Note	H(Pl)	Pts
1	Georgetown Prep (A)	1:39.41		1(1)	3
2	Landon (A)	1:41.68		1(2)	
3	Georgetown Prep (B)	1:42.02		1(3)	
4	Georgetown Prep (C)	1:48.60		1(4)	
5	Georgetown Prep (E)	1:55.94		2(1)	
6	Georgetown Prep (D)	1:58.87		2(2)	
7	Georgetown Prep (F)	2:04.98		2(3)	

**#14 Girls 4 x 200m Relay**

Pl	Team	Time	Note	Pts
1	Academy Of The Holy Cross (A)	2:06.29		3
2	Stone Ridge Sacred Heart (A)	2:12.95		
3	Academy Of The Holy Cross (B)	2:15.67		
4	Academy Of The Holy Cross (C)	2:16.62		

**#15 Boys 4 x 400m Relay**

Pl	Team	Time	Note	Pts
1	Georgetown Prep (A)	4:20.47		3
2	Georgetown Prep (B)	4:36.03		

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Pl	Team	Time	Note	Pts
1	Stone Ridge Sacred Heart (A)	5:05.82		3
2	Academy Of The Holy Cross (A)	5:12.14		
3	Stone Ridge Sacred Heart (B)	5:15.09		
4	Academy Of The Holy Cross (B)	5:35.76		
5	Academy Of The Holy Cross (C)	5:38.26		
6	Academy Of The Holy Cross (D)	5:39.32		
7	Academy Of The Holy Cross (E)	5:54.10		
8	Academy Of The Holy Cross (F)	6:00.40		
9	Academy Of The Holy Cross (G)	6:17.18		

**#17 Boys 3200 Meters**

Pl	Name	Yr Team	Time	Note	Pts
1	SULLIVAN, Jack	JR Georgetown Prep	10:24.84		3
2	O'LOONEY, Wren	SO Georgetown Prep	10:48.33		2

**#18 Girls 3200 Meters**

Pl	Name	Yr Team	Time	Note	Pts
1	ESPINOSA, Madeline	JR Stone Ridge Sacred	13:07.05		3
2	ESPINOSA, Emily	JR Stone Ridge Sacred	13:09.30		2
3	MCCORMICK, Alex	FR Academy Of The Hol	13:30.53		1
4	BALAGUER, Caitlin	JR Academy Of The Hol	13:55.87		
5	NORRIS, Kayla	SR Academy Of The Hol	14:14.67		
6	AGUILA, Alessandra	JR Academy Of The Hol	14:27.22		
7	SMITH, Brennan	FR Academy Of The Hol	14:36.62		
8	MYERS, Tess	FR Academy Of The Hol	14:46.16		
9	CAMPANARIO, Ana Paula	FR Academy Of The Hol	15:10.78		
10	ZIMMERMAN, Savanna	SR Academy Of The Hol	15:13.37		
11	SUNDERMAN, Elena	JR Academy Of The Hol	15:30.21		
12	REYNOLDS, Lindsey	SO Academy Of The Hol	15:31.91		

**#19 Boys High Jump**

Pl	Name	Yr Team	Mark	5' 0"	5' 2"	5' 3"	5' 6"	5' 8"	5' 10"	Pts
1	SHIELDS, Nate	SR Georgetown	5' 8"	X	P	O	P	O	XXX	3
2	PHILLIPS, Reed	SO Landon	5' 0"	O	XXX					2
	PENN, Jayson	SO Georgetown	NH	XXX						
	PHILLIPS, Ross	FR Landon	NH	XXX						

**#20 Boys Long Jump**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SHIELDS, Nate	SR Georgetown	19' 4"	17' 7"	18' 11"	19' 3"	19' 4"			3
2	LAVU, Avinash	SR Georgetown	17' 5"	17' 5"	17' 1"	17' 3"	16' 2"			2
3	WILLIAMS, Gavin	JR Landon	16' 7"	FOUL	FOUL	16' 7"	14' 3"			1
4	EMERSON, Kevin	JR Georgetown	15' 5"	FOUL	15' 5"	FOUL	15' 4"			
	STREETER, Malachi	SO Georgetown	NM							

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**RESULTS****#21 Girls Long Jump**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	GASKINS, Sophia	FR	Academy Of	14' 5"	12' 8"	FOUL	FOUL	14' 5"			3
2	CHARLEY, Serenity	SO	Academy Of	13' 3"	12' 0 <sup>1</sup> / <sub>2</sub>	12' 1"	13' 3"	9' 6"			2
3	PERSON, Emma	JR	Stone Ridge	12' 0"	11' 3"	11' 0"	11' 6"	12' 0"			1
4	KINCER, Margaret	SO	Academy Of	6' 6"	FOUL	5' 3"	6' 6"	5' 6"			

**#22 Boys Shot Put**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MATTEIS, Milan	SO	Landon	33' 9"	33' 9"	31' 8"	32' 3"	31' 3"			3
2	WHITE, Brian	SR	Landon	30' 7"	30' 7"	29' 6"	29' 6"	28' 10"			2
3	KNIGHT, Lucas	JR	Landon	24' 7"	24' 7"	23' 4"	22' 9"	23' 2"			1
4	STREETER, Malachi	SO	Georgetown	24' 0"	22' 7"	24' 0"	20' 10"				
5	SADOW, Jack	SO	Landon	22' 3"	FOUL	21' 10 <sup>1</sup> / <sub>2</sub>	19' 10"	22' 3"			
	ROGERS, Preston	SR	Georgetown	NM							

**#23 Girls Shot Put**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	PRESSLEY, Grace	JR	Academy Of	28' 1"	27' 8"	27' 3"	27' 0 <sup>1</sup> / <sub>2</sub>	28' 1"			3
2	ELEKWACHI, Chika	SO	Academy Of	27' 2"	26' 8"	27' 2"	24' 7 <sup>1</sup> / <sub>2</sub>	27' 1"			2
3	LUKSIC, Julia	SO	Academy Of	25' 8"	23' 3"	25' 3"	24' 10"	25' 8"			1
4	STADTLER, Julia	SO	Academy Of	24' 2 <sup>1</sup> / <sub>2</sub>	22' 6"	20' 10"	18' 4 <sup>1</sup> / <sub>2</sub>	24' 2 <sup>1</sup> / <sub>2</sub>			

**Boys Scores**

Pl	Team	Code	Score
1	Georgetown Prep	GEPR	40
2	Landon	LNDN	24

**Girls Scores**

Pl	Team	Code	Score
1	Academy Of The Holy Cross	AHC	42
2	Stone Ridge Sacred Heart	SRSO	17