

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
 Agricultural Farm Park
 Host: St. Albans
 Saturday, October 30, 2021

MEET OFFICIALS

Meet Director:
 Ted Findler
Timing:
 Windsor Running, LLC

**WINDSORRUNNING**

OFFICIAL MEET REPORT
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Race #1
IAC Freshman/Sophomore

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St Albans For Boys	15	1-2-3-4-5(6)(18)	1:37:52	19:35	1:49.7
2 Landon	56	7-10-12-13-14(15)(16)	1:48:30	21:42	1:10.0
3 St Stephens and St Agnes	64	8-9-11-17-19(20)(21)	1:56:31	23:19	5:54.6

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 WOLFE, Laszlo	502	St Albans For Boys	1	18:34.6	5:58.4	3:42.9
2 HEIBER, D.j.	459	St Albans For Boys	2	19:09.4	6:09.6	3:49.9
3 MILLER, Sammy	475	St Albans For Boys	3	19:50.7	6:22.9	3:58.1
4 VIRTUE, Evan	497	St Albans For Boys	4	19:53.0	6:23.6	3:58.6
5 WEISSMAN, Owen	498	St Albans For Boys	5	20:24.2	6:33.6	4:04.8
6 DENNEY, James	451	St Albans For Boys	(6)	20:39.7	6:38.6	4:07.9
7 ALWAYS ROZA, Nicolas	247	Landon	7	20:50.2	6:42.0	4:10.0
8 KING, Marcus	515	St Stephens and St	8	20:53.2	6:43.0	4:10.6
9 YOUNG, Jeremy	529	St Stephens and St	9	21:39.5	6:57.8	4:19.9
10 BAJOGHLI, Cyrus	248	Landon	10	21:48.4	7:00.7	4:21.7
11 O'CONNOR, Bart	520	St Stephens and St	11	21:53.9	7:02.4	4:22.8
12 FURBAY, Dylan	259	Landon	12	21:55.2	7:02.9	4:23.0
13 LEVER, Ian	268	Landon	13	21:56.1	7:03.2	4:23.2
14 STEWART, Devin	284	Landon	14	22:00.1	7:04.5	4:24.0
15 FOJUT, Jack	169	Georgetown Prep	-	22:00.4	7:04.5	4:24.1
16 MARKVA, Alex	172	Georgetown Prep	-	22:49.1	7:20.2	4:33.8
17 AKRIDGE, Tucker	244	Landon	(15)	22:52.1	7:21.2	4:34.4
18 DERUSSO, Josh	166	Georgetown Prep	-	23:00.7	7:23.9	4:36.1
19 CROWSON, Julian	253	Landon	(16)	23:03.6	7:24.9	4:36.7
20 FAYER, Brian	168	Georgetown Prep	-	24:50.4	7:59.2	4:58.1
21 NAEF, Sully	519	St Stephens and St	17	25:15.9	8:07.4	5:03.2
22 DUCKENFIELD, Thomas	453	St Albans For Boys	(18)	25:21.9	8:09.3	5:04.4
23 WILLIAMS, Alex	527	St Stephens and St	19	26:47.8	8:37.0	5:21.6
24 BARNES, Harrison	506	St Stephens and St	(20)	29:36.3	9:31.1	5:55.3
25 ALEXANDER, Carlos	505	St Stephens and St	(21)	33:46.9	10:51.7	6:45.4

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Race #2
MAC Freshman/Sophomore

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Georgetown Day	31	1-2-7-9-12(14)(15)	1:42:32	20:31	3:35.0
2 Sidwell Friends	45	3-5-8-13-16(20)(21)	1:46:07	21:14	1:47.5
3 Potomac (McLean VA)	48	4-6-10-11-17(18)(19)	1:46:14	21:15	1:42.8

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 PENNIMAN, Mac	116	Georgetown Day	1	18:30.8	5:57.2	3:42.2
2 HUH, Cole	104	Georgetown Day	2	20:16.9	6:31.3	4:03.4
3 MATSUI, Robby	407	Sidwell Friends	3	20:23.4	6:33.4	4:04.7
4 LAM, Christian	357	Potomac (McLean	4	20:36.0	6:37.4	4:07.2
5 LEA, Daniel	403	Sidwell Friends	5	20:37.3	6:37.8	4:07.4
6 SEEBER, Jason	367	Potomac (McLean	6	20:43.4	6:39.8	4:08.7
7 DESAI, Navin	94	Georgetown Day	7	20:44.9	6:40.3	4:09.0
8 MARELLI, Daniel	406	Sidwell Friends	8	20:47.8	6:41.2	4:09.5
9 WEINBERGER, Laith	128	Georgetown Day	9	20:53.3	6:43.0	4:10.7
10 ALMONTE, Javier	341	Potomac (McLean	10	21:02.3	6:45.9	4:12.5
11 ALTSCHULER, Noah	342	Potomac (McLean	11	21:33.7	6:56.0	4:18.7
12 LIN, Shanwai	109	Georgetown Day	12	22:05.8	7:06.3	4:25.1
13 CUSICANQUI, Sulayman	394	Sidwell Friends	13	22:07.7	7:06.9	4:25.5
14 SIFF, Gideon	124	Georgetown Day	(14)	22:08.4	7:07.1	4:25.7
15 ALFONSO-FRANK, Ollie	84	Georgetown Day	(15)	22:08.9	7:07.3	4:25.8
16 BORKOWSKI, Luke	392	Sidwell Friends	16	22:10.8	7:07.9	4:26.2
17 FORKNER, Will	352	Potomac (McLean	17	22:18.7	7:10.4	4:27.7
18 PEARCE, Wyatt	364	Potomac (McLean	(18)	22:35.7	7:15.9	4:31.1
19 MCWILLIAMS, Nick	72	Flint Hill	-	24:06.4	7:45.1	4:49.3
20 GIULIANO, Michael	354	Potomac (McLean	(19)	25:47.8	8:17.7	5:09.6
21 ANDARGACHEW, Sam	391	Sidwell Friends	(20)	26:51.9	8:38.3	5:22.4
22 KAY, Micah	399	Sidwell Friends	(21)	37:02.0	11:54.5	7:24.4

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Race #3
ISL Varsity B

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Stone Ridge Sacred Heart	59	4-5-9-15-26(27)(29)	2:04:21	24:53	2:17.0
2 National Cathedral for Girls	72*	6-12-17-18-19(20)(23)	2:06:43	25:21	1:41.6
3 Sidwell Friends	72*	3-7-8-21-33(39)(42)	2:06:38	25:20	4:13.0
4 Georgetown Visitation Prep	84	2-11-13-22-36(41)(45)	2:08:27	25:42	4:58.3
5 Holton-Arms	90	1-10-24-25-30(31)(32)	2:07:20	25:28	3:39.9
6 Georgetown Day	136	14-16-28-35-43(44)(46)	2:15:34	27:07	4:17.8
7 Potomac (McLean VA)	196	34-37-38-40-47(48)(49)	2:25:57	29:12	2:37.0

*Tiebreakers

National Cathedral for Girls	6	12	17	18	19	20
Sidwell Friends	3	7	8	21	33	39

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MCCARTHY, Emerson	232	Holton-Arms	1	23:19.3	7:29.9	4:39.9
2 SHEARER, Elizabeth	211	Georgetown Visitati	2	23:38.3	7:36.0	4:43.7
3 POWER, Camilla	638	Saint James	-	23:47.6	7:39.0	4:45.5
4 BRODY, Anna	421	Sidwell Friends	3	23:52.7	7:40.7	4:46.5
5 JONES, Alessia	589	Stone Ridge Sacred	4	23:56.2	7:41.8	4:47.2
6 BAMFORTH, Elise	621	Saint James	-	23:57.4	7:42.2	4:47.5
7 ROBEY, Caroline	599	Stone Ridge Sacred	5	23:58.3	7:42.5	4:47.7
8 KALER, Cassidy	325	National Cathedral f	6	24:06.2	7:45.0	4:49.2
9 WORTHING, Lane	435	Sidwell Friends	7	24:12.3	7:47.0	4:50.5
10 WINCUP, Reid	569	St. Andrew's Episco	-	24:34.3	7:54.0	4:54.8
11 ACRES, Audrey	419	Sidwell Friends	8	24:37.3	7:55.0	4:55.4
12 WILLIAMS, Veronica	607	Stone Ridge Sacred	9	24:46.1	7:57.8	4:57.2
13 BERMAN, Gabi	221	Holton-Arms	10	24:58.4	8:01.8	4:59.7
14 ISLAND, Becky	195	Georgetown Visitati	11	25:02.0	8:03.0	5:00.4
15 BRAUNER, Evie	622	Saint James	-	25:13.7	8:06.7	5:02.7
16 BENNETT, Emma	318	National Cathedral f	12	25:16.6	8:07.6	5:03.3
17 GUNTHER, Clare	194	Georgetown Visitati	13	25:19.9	8:08.7	5:04.0
18 MAUR-BATSAKI, Georgia	153	Georgetown Day	14	25:20.2	8:08.8	5:04.0
19 NIEPOLD, Anna	595	Stone Ridge Sacred	15	25:26.5	8:10.8	5:05.3
20 RAMZY, Noor	154	Georgetown Day	16	25:29.7	8:11.8	5:05.9
21 PORTER, Nora	332	National Cathedral f	17	25:45.6	8:17.0	5:09.1
22 LEON, Abigail	329	National Cathedral f	18	25:46.3	8:17.2	5:09.3
23 SCHAEFFER, Findley	335	National Cathedral f	19	25:47.7	8:17.7	5:09.5
24 ROBINSON, Gabby	639	Saint James	-	25:48.8	8:18.0	5:09.8
25 JORDAN, Katie	324	National Cathedral f	(20)	25:49.3	8:18.2	5:09.9
26 ZHAO, Irene	438	Sidwell Friends	21	25:49.5	8:18.2	5:09.9
27 CROWELL, Elliotte	188	Georgetown Visitati	22	25:50.1	8:18.4	5:10.0
28 MACPHERSON, Charlotte	330	National Cathedral f	(23)	25:50.1	8:18.4	5:10.0
29 KALNITSKAYA, Gloria	228	Holton-Arms	24	26:00.3	8:21.7	5:12.0
30 CLARK, Mari	222	Holton-Arms	25	26:03.1	8:22.6	5:12.6
31 RATTANAVONG, Ciara	598	Stone Ridge Sacred	26	26:13.1	8:25.8	5:14.6

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Race #3
ISL Varsity B

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
32 FONTANA, Isabelle	583	Stone Ridge Sacred	(27)	26:35.0	8:32.8	5:19.0
33 WALKER, Pearl	643	Saint James	-	26:46.3	8:36.5	5:21.3
34 GREEN, Eliana	147	Georgetown Day	28	26:47.0	8:36.7	5:21.4
35 DI MARTINO, Nora	577	Stone Ridge Sacred	(29)	26:57.7	8:40.1	5:23.5
36 HOLDO, Cecilia	227	Holton-Arms	30	26:59.2	8:40.6	5:23.8
37 MOORE, Claudia	234	Holton-Arms	(31)	27:07.0	8:43.2	5:25.4
38 JOHNSON, Audrey	630	Saint James	-	27:09.9	8:44.1	5:26.0
39 FLYNN, Sarah	224	Holton-Arms	(32)	27:10.3	8:44.2	5:26.1
40 BRADY, Kendall	320	National Cathedral f	-	27:23.1	8:48.3	5:28.6
41 PRINCE, Katherine	237	Holton-Arms	-	27:37.0	8:52.8	5:31.4
42 KELSO, Abby	427	Sidwell Friends	33	28:05.6	9:02.0	5:37.1
43 CAPUANO, Julia	574	Stone Ridge Sacred	-	28:08.1	9:02.8	5:37.6
44 GANNON, Kate	584	Stone Ridge Sacred	-	28:08.6	9:02.9	5:37.7
45 SIFFERMANN, Clare	600	Stone Ridge Sacred	-	28:11.0	9:03.7	5:38.2
46 BELL, Hannah	375	Potomac (McLean	34	28:15.5	9:05.2	5:39.1
47 EWALD, Colleen	145	Georgetown Day	35	28:18.6	9:06.2	5:39.7
48 YOUNG, Elizabeth	541	St Stephens and St	-	28:20.4	9:06.7	5:40.1
49 CLARKE, Leilani	223	Holton-Arms	-	28:24.4	9:08.0	5:40.9
50 PHAN, Catlynn	208	Georgetown Visitati	36	28:36.5	9:11.9	5:43.3
51 BRIN, Sana	377	Potomac (McLean	37	28:45.0	9:14.7	5:45.0
52 LIAN, Jessica	231	Holton-Arms	-	28:49.5	9:16.1	5:45.9
53 FERGUSON, Kennedy	381	Potomac (McLean	38	28:52.9	9:17.2	5:46.6
54 HANDLEY, Kayla	628	Saint James	-	29:08.4	9:22.2	5:49.7
55 VIDAT, Vilina	642	Saint James	-	29:09.5	9:22.5	5:49.9
56 ESCOBAR, Stephany	426	Sidwell Friends	(39)	29:09.7	9:22.6	5:49.9
57 ROBBINS, Rachel	390	Potomac (McLean	40	29:10.8	9:22.9	5:50.1
58 ABIY, Maya	218	Holton-Arms	-	29:18.0	9:25.2	5:51.6
59 JACOBS, Abigail	588	Stone Ridge Sacred	-	29:24.4	9:27.3	5:52.9
60 VAUGHN, Lexi	216	Georgetown Visitati	(41)	29:25.3	9:27.6	5:53.1
61 KUSHAN, Caroline	327	National Cathedral f	-	29:28.9	9:28.8	5:53.8
62 LAGER, Sophia	429	Sidwell Friends	(42)	29:33.1	9:30.1	5:54.6
63 BELBER, Leah	140	Georgetown Day	43	29:38.0	9:31.7	5:55.6
64 BRHANE, Winta	420	Sidwell Friends	-	29:38.2	9:31.8	5:55.6
65 HALL, Ava	148	Georgetown Day	(44)	29:39.7	9:32.2	5:55.9
66 STARMANN, Natalie	603	Stone Ridge Sacred	-	29:41.0	9:32.7	5:56.2
67 KIMATHI, Rehema	811	Georgetown Visitati	(45)	29:45.0	9:33.9	5:57.0
68 GILL, Annika	202	Georgetown Visitati	-	29:45.4	9:34.1	5:57.1
69 LOTSIKAS, Greer	632	Saint James	-	29:49.7	9:35.5	5:57.9
70 LINNARTZ, Heidi	812	Georgetown Visitati	-	29:50.2	9:35.6	5:58.0
71 ZACHARY, Savannah	243	Holton-Arms	-	29:51.3	9:36.0	5:58.2
72 WEAVER, Barbara	156	Georgetown Day	(46)	29:56.1	9:37.5	5:59.2
73 BAIG, Salma	220	Holton-Arms	-	29:57.1	9:37.8	5:59.4
74 TUNCER, Sophia	239	Holton-Arms	-	29:58.6	9:38.3	5:59.7
75 BELBER, Anna	139	Georgetown Day	-	29:58.8	9:38.4	5:59.7
76 DOGRAMACI, Gracie	423	Sidwell Friends	-	30:13.4	9:43.1	6:02.7
77 KENNEDY, Meghan	590	Stone Ridge Sacred	-	30:27.2	9:47.5	6:05.4

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Race #3
ISL Varsity B

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
78 SMITH, Julia	601	Stone Ridge Sacred	-	30:33.9	9:49.7	6:06.8
79 COYNE, Layla	144	Georgetown Day	-	30:35.4	9:50.2	6:07.1
80 LACHMAN, Sadie	428	Sidwell Friends	-	30:38.9	9:51.3	6:07.8
81 HOUCK, Alexandra	561	St. Andrew's Episco	-	30:40.3	9:51.7	6:08.1
82 BOOK, Claire	319	National Cathedral f	-	30:40.7	9:51.9	6:08.1
83 MONTI, Estelle	233	Holton-Arms	-	30:40.8	9:51.9	6:08.1
84 DUCKENFIELD, Catherine	579	Stone Ridge Sacred	-	30:40.9	9:51.9	6:08.2
85 NEWBERRY, Olivia	206	Georgetown Visitati	-	30:45.7	9:53.5	6:09.1
86 DOSTER, Molly	323	National Cathedral f	-	30:48.7	9:54.4	6:09.7
87 MEALE, Mira	814	Georgetown Visitati	-	30:49.5	9:54.7	6:09.9
88 CAMERON, Bunny	379	Potomac (McLean	47	30:52.5	9:55.6	6:10.5
89 WHIG, Ashwin	606	Stone Ridge Sacred	-	30:55.2	9:56.5	6:11.0
90 HAN, Zhenyi	627	Saint James	-	31:03.1	9:59.0	6:12.6
91 DINOS, Kalli	532	St Stephens and St	-	31:13.6	10:02.4	6:14.7
92 GRANDISON, Phebe	225	Holton-Arms	-	31:25.1	10:06.1	6:17.0
93 VIRKAR, Sophia	240	Holton-Arms	-	31:27.1	10:06.8	6:17.4
94 BRITTIN, Isabel	378	Potomac (McLean	(48)	31:31.1	10:08.1	6:18.2
95 BRAUNER, Murray	623	Saint James	-	32:04.3	10:18.7	6:24.9
96 GANTI, Ainsley	383	Potomac (McLean	(49)	32:05.0	10:19.0	6:25.0
97 WANG, Julia	338	National Cathedral f	-	32:34.0	10:28.3	6:30.8
98 OUEDRAOGO, Amanda	636	Saint James	-	32:38.8	10:29.8	6:31.7
99 HUFF, JJ	385	Potomac (McLean	-	32:48.3	10:32.9	6:33.7
100 WORSHAM, Sydney	540	St Stephens and St	-	33:18.4	10:42.5	6:39.7
101 SHARP, Hannah	238	Holton-Arms	-	33:26.8	10:45.3	6:41.4
102 BOHIGIAN, Caroline	809	Georgetown Visitati	-	33:30.6	10:46.5	6:42.1
103 WEBER, Beatrix	339	National Cathedral f	-	33:33.2	10:47.3	6:42.6
104 FENDIG, Maia	582	Stone Ridge Sacred	-	33:41.2	10:49.9	6:44.2
105 BELL, Ava	185	Georgetown Visitati	-	33:47.4	10:51.9	6:45.5
106 FU, Jessica	307	Maret	-	34:07.4	10:58.3	6:49.5
107 NOKKU, Rachel	596	Stone Ridge Sacred	-	34:08.9	10:58.8	6:49.8
108 RAMAN, Jessica	389	Potomac (McLean	-	34:20.7	11:02.6	6:52.1
109 ROSSI, Elena	210	Georgetown Visitati	-	34:26.8	11:04.6	6:53.4
110 CHRISTOU, Zoe	576	Stone Ridge Sacred	-	34:41.8	11:09.4	6:56.4
111 AYALA TERRAZAS, Ruth	572	Stone Ridge Sacred	-	35:26.7	11:23.8	7:05.3
112 BREINHOLT, Joya	143	Georgetown Day	-	35:47.8	11:30.6	7:09.6
113 HARDWICK, Emerson	149	Georgetown Day	-	35:47.9	11:30.6	7:09.6
114 BEAHN, Sophia	808	Georgetown Visitati	-	36:11.3	11:38.2	7:14.3
115 ANDERS, Addison	570	Stone Ridge Sacred	-	38:23.5	12:20.7	7:40.7
116 MASLAR, Lilly	200	Georgetown Visitati	-	38:25.0	12:21.2	7:41.0
117 CROWLEY, Lucy	189	Georgetown Visitati	-	38:25.2	12:21.2	7:41.0
118 CHARLESTON, Naica	575	Stone Ridge Sacred	-	38:46.2	12:27.9	7:45.2
119 ALVAREZ, Mia	620	Saint James	-	39:09.1	12:35.3	7:49.8
120 DIAZ BETETA, Marta	626	Saint James	-	39:09.9	12:35.6	7:50.0
121 PEPPIRAH, Chelsea	637	Saint James	-	39:59.3	12:51.5	7:59.9
122 TETTAH, Ella	605	Stone Ridge Sacred	-	46:04.1	14:48.7	9:12.8

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Race #4
IAC Varsity B

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St Albans For Boys	15	1-2-3-4-5(6)(7)	1:38:21	19:41	1:12.4
2 St Stephens and St Agnes	61	9-10-11-12-19(20)(21)	1:59:05	23:49	6:02.8
3 Landon	66	8-13-14-15-16(17)(18)	1:57:36	23:32	3:04.2

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SPECTOR, Will	487	St Albans For Boys	1	19:04.7	6:08.1	3:48.9
2 SOTOODEHNIA, Theo	486	St Albans For Boys	2	19:12.5	6:10.6	3:50.5
3 LAROSKI, Joseph	467	St Albans For Boys	3	19:29.4	6:16.0	3:53.9
4 BARBEE, William	443	St Albans For Boys	4	20:17.0	6:31.3	4:03.4
5 OSMAN, Danyal	476	St Albans For Boys	5	20:17.1	6:31.3	4:03.4
6 WILLS, Jaylen	500	St Albans For Boys	(6)	20:18.2	6:31.7	4:03.6
7 PALMORE, Teddy	477	St Albans For Boys	(7)	20:21.3	6:32.7	4:04.2
8 TRACY, Henry	494	St Albans For Boys	-	20:22.9	6:33.2	4:04.6
9 DANEKER, Evan	450	St Albans For Boys	-	20:23.9	6:33.5	4:04.8
10 ACOSTA, Benjamin	440	St Albans For Boys	-	20:37.8	6:38.0	4:07.6
11 FUJIYAMA, Matthew	456	St Albans For Boys	-	20:50.7	6:42.2	4:10.1
12 REYNOLDS, Samuel	481	St Albans For Boys	-	20:53.8	6:43.1	4:10.7
13 BROWN, Henry	444	St Albans For Boys	-	21:02.1	6:45.8	4:12.4
14 SHAW, George	485	St Albans For Boys	-	21:06.7	6:47.3	4:13.3
15 BROWN, Joel	250	Landon	8	21:16.3	6:50.4	4:15.3
16 RAMCHAND, Ethan	480	St Albans For Boys	-	21:22.6	6:52.4	4:16.5
17 TESCHER, Zach	492	St Albans For Boys	-	21:33.3	6:55.9	4:18.7
18 SATHER, Cole	483	St Albans For Boys	-	21:34.5	6:56.2	4:18.9
19 MEINHARDT, Freddy	474	St Albans For Boys	-	21:38.6	6:57.5	4:19.7
20 BAILEY, Colin	442	St Albans For Boys	-	21:38.6	6:57.5	4:19.7
21 KARRELS, Matthew	464	St Albans For Boys	-	21:38.6	6:57.6	4:19.7
22 FINDLER, Sammy	454	St Albans For Boys	-	21:43.6	6:59.2	4:20.7
23 LEIPHART, Thaddeus	469	St Albans For Boys	-	21:45.3	6:59.7	4:21.1
24 DAGUE, Max	509	St Stephens and St	9	21:47.9	7:00.5	4:21.6
25 LOMBARDO, Holden	471	St Albans For Boys	-	21:53.0	7:02.2	4:22.6
26 KANNAN, Rishi	463	St Albans For Boys	-	21:53.3	7:02.3	4:22.7
27 SAVIN, Charlie	484	St Albans For Boys	-	21:54.4	7:02.6	4:22.9
28 ACOSTA, Alex	439	St Albans For Boys	-	21:54.9	7:02.8	4:23.0
29 CANTRELL, Zach	448	St Albans For Boys	-	22:03.3	7:05.5	4:24.7
30 WILLARD, JT	499	St Albans For Boys	-	22:20.3	7:10.9	4:28.0
31 SCHULMAN, Sam	179	Georgetown Prep	-	22:22.5	7:11.6	4:28.5
32 GEFFROY, Xave	458	St Albans For Boys	-	22:31.3	7:14.5	4:30.3
33 ILYAS, Zaky	462	St Albans For Boys	-	22:34.6	7:15.5	4:30.9
34 KWON, Ben	36	Episcopal	-	22:38.2	7:16.7	4:31.6
35 PRESTHOLDT, Taner	522	St Stephens and St	10	22:50.8	7:20.8	4:34.2
36 THOMPSON, Bruce	47	Episcopal	-	22:54.7	7:22.0	4:34.9
37 BRUCE, Baker	445	St Albans For Boys	-	23:03.7	7:24.9	4:36.7
38 HOPES, Elliott	460	St Albans For Boys	-	23:04.6	7:25.2	4:36.9
39 ADAMS, Jonah	503	St Stephens and St	11	23:13.0	7:27.9	4:38.6
40 ST. GERMAIN, Luke	488	St Albans For Boys	-	23:15.6	7:28.7	4:39.1

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
 Agricultural Farm Park
 Host: St. Albans
 Saturday, October 30, 2021

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Race #4
IAC Varsity B

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
41 BREMNER, Will	507	St Stephens and St	12	23:22.3	7:30.9	4:40.5
42 MARINO, Will	472	St Albans For Boys	-	23:41.7	7:37.1	4:44.3
43 RICHARDSON, Taj	282	Landon	13	23:46.8	7:38.8	4:45.4
44 VASSILOU, Dimitri	183	Georgetown Prep	-	23:47.1	7:38.9	4:45.4
45 KISER, Alex	465	St Albans For Boys	-	24:02.3	7:43.7	4:48.5
46 KNOX, Hector	265	Landon	14	24:02.8	7:43.9	4:48.5
47 PRYOR, Tommy	479	St Albans For Boys	-	24:04.1	7:44.3	4:48.8
48 RAVITZ, Solomon	280	Landon	15	24:08.8	7:45.8	4:49.8
49 HIBEY, Luke	262	Landon	16	24:20.5	7:49.6	4:52.1
50 TREPANIER, Luke	495	St Albans For Boys	-	24:27.1	7:51.7	4:53.4
51 DANCIU-BURDESCU, Luca	449	St Albans For Boys	-	24:44.8	7:57.4	4:57.0
52 SUTTON, Jack	490	St Albans For Boys	-	25:04.3	8:03.7	5:00.9
53 LIU, Andrew	470	St Albans For Boys	-	25:07.1	8:04.6	5:01.4
54 ALLEN, Carter	246	Landon	(17)	25:22.8	8:09.6	5:04.5
55 NARANG, Dhruv	276	Landon	(18)	25:30.3	8:12.0	5:06.1
56 LO, Collin	269	Landon	-	25:33.6	8:13.1	5:06.7
57 PATEL, Nimai	278	Landon	-	25:48.5	8:17.9	5:09.7
58 RAVITZ, Aaron	279	Landon	-	25:54.8	8:19.9	5:10.9
59 LANGDON, Justin	267	Landon	-	26:26.4	8:30.1	5:17.3
60 LEE, Teddy	468	St Albans For Boys	-	26:51.5	8:38.2	5:22.3
61 GACAD, Nicholas	511	St Stephens and St	19	27:50.7	8:57.2	5:34.1
62 WILSON, Jackson	501	St Albans For Boys	-	27:52.0	8:57.6	5:34.4
63 SALIM, Arion	178	Georgetown Prep	-	27:58.9	8:59.8	5:35.8
64 DU, Yufeng	256	Landon	-	28:12.3	9:04.1	5:38.5
65 LAZARSKI, Andrew	516	St Stephens and St	(20)	28:24.3	9:08.0	5:40.9
66 MIRZOEV, Alan	274	Landon	-	28:43.7	9:14.2	5:44.7
67 TAYLOR, Duncan	491	St Albans For Boys	-	29:15.9	9:24.6	5:51.2
68 CROWLEY, Conor	164	Georgetown Prep	-	31:44.2	10:12.3	6:20.8
69 TURNER, Mark	526	St Stephens and St	(21)	31:57.8	10:16.6	6:23.5
70 BUTLER, Anton	446	St Albans For Boys	-	34:14.0	11:00.4	6:50.8

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

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Race #5
MAC Varsity B

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Georgetown Day	30	2-3-6-9-10(18)(19)	1:37:39	19:32	1:06.5
2 Sidwell Friends	44	4-5-7-13-15(20)(29)	1:39:07	19:50	1:08.1
3 St. Andrew's Episcopal	70	1-14-16-17-22(23)(28)	1:41:45	20:21	2:42.1
4 Potomac (McLean VA)	76	8-11-12-21-24(25)(27)	1:43:01	20:37	1:58.3
5 Maret	152	26-30-31-32-33(34)(35)	2:01:46	24:22	3:35.4

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SOMWARU, Samuel	557	St. Andrew's Episco	1	18:45.7	6:02.0	3:45.1
2 ZEILINGER, Liam	132	Georgetown Day	2	18:53.8	6:04.6	3:46.8
3 BAZEMORE, Nate	87	Georgetown Day	3	19:13.0	6:10.7	3:50.6
4 SHAH, Sajan	414	Sidwell Friends	4	19:16.2	6:11.7	3:51.2
5 ISHI, Kenji	398	Sidwell Friends	5	19:30.4	6:16.3	3:54.1
6 SHELTON, Noah	123	Georgetown Day	6	19:33.3	6:17.3	3:54.7
7 NOLDE, Kit	411	Sidwell Friends	7	19:47.0	6:21.7	3:57.4
8 YANOWITCH, Noah	370	Potomac (McLean	8	19:50.8	6:22.9	3:58.2
9 DECAIN, Pierce	93	Georgetown Day	9	19:57.9	6:25.2	3:59.6
10 RAMAN, Shiv	120	Georgetown Day	10	20:00.3	6:25.9	4:00.1
11 MATTHEWS, Alex	359	Potomac (McLean	11	20:02.7	6:26.7	4:00.5
12 ROONEY, Connor	366	Potomac (McLean	12	20:06.3	6:27.9	4:01.3
13 GARON, Max	396	Sidwell Friends	13	20:09.4	6:28.8	4:01.9
14 STORPER, Graham	558	St. Andrew's Episco	14	20:18.6	6:31.8	4:03.7
15 SABHERWAL, Ahaan	413	Sidwell Friends	15	20:24.2	6:33.6	4:04.8
16 SCHLEGEL, CJ	556	St. Andrew's Episco	16	20:35.5	6:37.2	4:07.1
17 UMHOFER, Joseph	559	St. Andrew's Episco	17	20:37.4	6:37.9	4:07.5
18 FREEDMAN, Noah	100	Georgetown Day	(18)	20:37.4	6:37.9	4:07.5
19 LOFTUS, Simon	110	Georgetown Day	(19)	21:01.3	6:45.6	4:12.3
20 LI, Larry	405	Sidwell Friends	(20)	21:09.3	6:48.1	4:13.9
21 BRENNAN, Liam	344	Potomac (McLean	21	21:11.4	6:48.8	4:14.3
22 LEFF, Adam	108	Georgetown Day	-	21:12.1	6:49.0	4:14.4
23 ZIMMERMANN, Jamie	134	Georgetown Day	-	21:13.6	6:49.5	4:14.7
24 DWECK, Shai	96	Georgetown Day	-	21:16.6	6:50.5	4:15.3
25 O'KEEFE, Ryan	551	St. Andrew's Episco	22	21:27.8	6:54.1	4:17.6
26 BAILEY, Ken	86	Georgetown Day	-	21:31.9	6:55.4	4:18.4
27 XIA, Kevin	130	Georgetown Day	-	21:38.0	6:57.3	4:19.6
28 LOBSENZ, Aaron	546	St. Andrew's Episco	(23)	21:44.3	6:59.4	4:20.8
29 GRACE, Wyatt	102	Georgetown Day	-	21:45.6	6:59.8	4:21.1
30 HUH, Miles	105	Georgetown Day	-	21:46.0	6:59.9	4:21.2
31 STERN, Matthew	125	Georgetown Day	-	21:46.6	7:00.1	4:21.3
32 CAYENNE-MCCALL, John	348	Potomac (McLean	24	21:49.1	7:00.9	4:21.8
33 PORTER, Ewan	119	Georgetown Day	-	21:49.7	7:01.1	4:21.9
34 IRERI, Nathan	106	Georgetown Day	-	21:52.9	7:02.1	4:22.6
35 KADEL, William	356	Potomac (McLean	(25)	22:03.3	7:05.5	4:24.7
36 RIKER, Seth	121	Georgetown Day	-	22:07.7	7:06.9	4:25.5
37 ORR, Mark	113	Georgetown Day	-	22:10.3	7:07.7	4:26.1

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
Agricultural Farm Park
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Race #5
MAC Varsity B

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
38 BOREK, Milo	89	Georgetown Day	-	22:15.6	7:09.4	4:27.1
39 FREEMAN, Christian	101	Georgetown Day	-	22:23.7	7:12.0	4:28.7
40 FARINA, Leo	292	Maret	26	22:28.5	7:13.6	4:29.7
41 FLYER, Luke	99	Georgetown Day	-	22:38.0	7:16.6	4:31.6
42 BYARS, Patrick	347	Potomac (McLean	(27)	22:40.5	7:17.4	4:32.1
43 ZHANG, Hercules	133	Georgetown Day	-	22:47.1	7:19.6	4:33.4
44 CUNNION, Will	350	Potomac (McLean	-	23:05.1	7:25.3	4:37.0
45 YU, Kaiden	131	Georgetown Day	-	23:05.1	7:25.4	4:37.0
46 PIERCEY, Andrew	552	St. Andrew's Episco	(28)	23:12.5	7:27.7	4:38.5
47 SMITH, Teddy	416	Sidwell Friends	(29)	23:16.4	7:29.0	4:39.3
48 PETTY, Jacob	117	Georgetown Day	-	23:16.6	7:29.1	4:39.3
49 SYRIANI, Karl	368	Potomac (McLean	-	23:21.5	7:30.6	4:40.3
50 GREEN, Jackson	295	Maret	30	23:22.3	7:30.9	4:40.4
51 MEYER, Ben	111	Georgetown Day	-	23:23.8	7:31.4	4:40.8
52 BOBBY, Jack	66	Flint Hill	-	23:45.7	7:38.4	4:45.1
53 QIN, Hunter	554	St. Andrew's Episco	-	23:50.7	7:40.0	4:46.1
54 BARRETT, Ishaan	288	Maret	31	23:55.4	7:41.5	4:47.1
55 BHATIA, Alex	88	Georgetown Day	-	24:00.2	7:43.1	4:48.0
56 DESAI, Shaan	95	Georgetown Day	-	24:14.4	7:47.6	4:50.9
57 BROW, Matt	345	Potomac (McLean	-	24:27.2	7:51.7	4:53.4
58 RUBIN, Nate	122	Georgetown Day	-	24:28.0	7:52.0	4:53.6
59 LEE, Victor	358	Potomac (McLean	-	24:52.2	7:59.8	4:58.4
60 TATE, Ashok	126	Georgetown Day	-	25:36.1	8:13.9	5:07.2
61 FLAHERTY, Lucas	293	Maret	32	25:56.2	8:20.4	5:11.2
62 PIVATO, Mateo	118	Georgetown Day	-	26:02.9	8:22.5	5:12.6
63 PRESIDENT, Lawson	302	Maret	33	26:03.8	8:22.8	5:12.8
64 HUGHES, Jasper	296	Maret	(34)	26:19.1	8:27.7	5:15.8
65 BROWNSWEIGER, Ryan	346	Potomac (McLean	-	26:37.2	8:33.5	5:19.4
66 JAGER, Zachary	107	Georgetown Day	-	26:59.0	8:40.6	5:23.8
67 FOXX, Zachary	395	Sidwell Friends	-	27:03.0	8:41.9	5:24.6
68 MBAYO, Trevor	633	Saint James	-	27:07.0	8:43.1	5:25.4
69 GU, Darwin	103	Georgetown Day	-	27:07.0	8:43.1	5:25.4
70 ALVAREZ SILVA, Anthony	286	Maret	(35)	27:07.7	8:43.3	5:25.5
71 MUHAT, Aidan	361	Potomac (McLean	-	27:10.0	8:44.1	5:26.0
72 THOMPSON, Sawyer	127	Georgetown Day	-	27:11.5	8:44.6	5:26.3
73 WEED, Tom	79	Flint Hill	-	27:43.7	8:54.9	5:32.7
74 KAY, SethDavid	400	Sidwell Friends	-	27:43.7	8:54.9	5:32.7
75 LOBSENZ, Danny	547	St. Andrew's Episco	-	28:20.6	9:06.8	5:40.1
76 NAGOSKI, Finn	362	Potomac (McLean	-	28:49.1	9:16.0	5:45.8
77 ATCHISON, Evan	287	Maret	-	29:15.4	9:24.4	5:51.1
78 ELIAS, Abel	97	Georgetown Day	-	29:35.6	9:30.9	5:55.1
79 COBB, Andrew	349	Potomac (McLean	-	29:38.6	9:31.9	5:55.7
80 HUFF, Jonas	355	Potomac (McLean	-	29:49.7	9:35.5	5:57.9
81 MERCADER, Nik	298	Maret	-	30:10.3	9:42.1	6:02.1
82 GROSSMAN, Isaac	70	Flint Hill	-	31:31.2	10:08.1	6:18.2

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
 Agricultural Farm Park
 Host: St. Albans
 Saturday, October 30, 2021

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Race #6
MAC Varsity

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Georgetown Day	31	3-4-7-8-9(17)(20)	1:27:12	17:27	0:30.2
2 Sidwell Friends	59	2-6-11-16-24(37)	1:29:44	17:57	2:08.7
3 Potomac (McLean VA)	81	1-5-22-25-28(29)(34)	1:30:59	18:12	3:50.3
4 St. Andrew's Episcopal	86	10-12-14-23-27(36)(38)	1:32:58	18:36	1:45.4
5 Flint Hill	98	13-15-18-21-31(42)(46)	1:33:43	18:45	1:23.8
6 Maret	147	19-26-30-33-39(40)(41)	1:38:33	19:43	2:19.7
7 Saint James	199	32-35-43-44-45(47)(48)	1:48:40	21:44	3:34.0

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. km
1 ORTMANS, Charlie	363	Potomac (McLean	1	15:45.2	5:03.9	3:09.0
2 LACHMAN, Micah	402	Sidwell Friends	2	16:57.0	5:27.0	3:23.4
3 COHEN, Luke	90	Georgetown Day	3	17:08.7	5:30.8	3:25.7
4 BAAR, Charlie	85	Georgetown Day	4	17:20.7	5:34.6	3:28.1
5 MINSKY, Sasha	360	Potomac (McLean	5	17:23.0	5:35.4	3:28.6
6 MCMURRAY, John	409	Sidwell Friends	6	17:24.8	5:35.9	3:29.0
7 WOLIN, Ethan	129	Georgetown Day	7	17:26.6	5:36.5	3:29.3
8 OTTO-MANZANO, Daniel	114	Georgetown Day	8	17:37.1	5:39.9	3:31.4
9 COOPER, Leo	92	Georgetown Day	9	17:38.8	5:40.4	3:31.8
10 MCCLOY, Jack	549	St. Andrew's Episco	10	17:45.1	5:42.5	3:33.0
11 MCGRATH, Flynn	408	Sidwell Friends	11	17:53.2	5:45.1	3:34.6
12 KEHLER, Harrison	545	St. Andrew's Episco	12	18:17.1	5:52.8	3:39.4
13 GRIFFITH, Quinn	69	Flint Hill	13	18:19.4	5:53.5	3:39.9
14 RYAN, Charlie	555	St. Andrew's Episco	14	18:20.4	5:53.8	3:40.1
15 SIPHER, Marc	75	Flint Hill	15	18:21.4	5:54.1	3:40.3
16 WEISSMAN, Easy	418	Sidwell Friends	16	18:23.5	5:54.8	3:40.7
17 OGADA, Thomas	112	Georgetown Day	(17)	18:34.9	5:58.5	3:43.0
18 STEPHENSON, Aidan	76	Flint Hill	18	18:35.1	5:58.5	3:43.0
19 GOODMAN, Nathan	294	Maret	19	18:35.8	5:58.8	3:43.2
20 PATHIYAL, Arjun	115	Georgetown Day	(20)	18:37.5	5:59.3	3:43.5
21 STEWART, Miles	77	Flint Hill	21	18:44.1	6:01.4	3:44.8
22 BOYLE, Nathan	343	Potomac (McLean	22	18:49.6	6:03.2	3:45.9
23 MCCLOY, Connor	548	St. Andrew's Episco	23	19:05.1	6:08.2	3:49.0
24 HOLDEN, Lucas	397	Sidwell Friends	24	19:05.7	6:08.4	3:49.1
25 REGAN, Michael	365	Potomac (McLean	25	19:25.6	6:14.8	3:53.1
26 DICK, Krishna	291	Maret	26	19:26.8	6:15.2	3:53.4
27 GRAEUB, Tom	543	St. Andrew's Episco	27	19:30.5	6:16.4	3:54.1
28 ZUBLER, Gregory	372	Potomac (McLean	28	19:35.4	6:17.9	3:55.1
29 ZELDES, Max	371	Potomac (McLean	(29)	19:38.7	6:19.0	3:55.7
30 MILBERG, Asher	299	Maret	30	19:41.3	6:19.8	3:56.3
31 AZIZ-QUINTANA, Omer	65	Flint Hill	31	19:43.1	6:20.4	3:56.6
32 WEISBERGER, Drew	640	Saint James	32	19:49.0	6:22.3	3:57.8
33 DE LUCY, Charles	290	Maret	33	19:53.8	6:23.8	3:58.8
34 DALVA-BAIRD, Zach	351	Potomac (McLean	(34)	19:55.7	6:24.5	3:59.1
35 WARUI, Moses	635	Saint James	35	20:01.2	6:26.2	4:00.2

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
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Race #6
MAC Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
36 POVINELLI, Tyler	553	St. Andrew's Episco	(36)	20:05.9	6:27.7	4:01.2
37 RAZAVI, Michael	412	Sidwell Friends	(37)	20:11.8	6:29.6	4:02.4
38 O'KEEFE, Charlie	550	St. Andrew's Episco	(38)	20:50.1	6:41.9	4:10.0
39 SCHICK, Samuel	304	Maret	39	20:55.5	6:43.7	4:11.1
40 POMPER, Charles	301	Maret	(40)	20:56.8	6:44.1	4:11.3
41 PINKERTON, John	300	Maret	(41)	21:10.5	6:48.5	4:14.1
42 BOGLE, Brian	67	Flint Hill	(42)	22:26.2	7:12.8	4:29.2
43 CEPERO WALKER, Tom	624	Saint James	43	22:35.1	7:15.7	4:31.0
44 TEJADO, Rodrigo	641	Saint James	44	22:51.8	7:21.1	4:34.4
45 COALE, Kyle	625	Saint James	45	23:23.0	7:31.1	4:40.6
46 KOVTUN, Vlad	71	Flint Hill	(46)	24:19.4	7:49.3	4:51.9
47 NAVARATNE, Shanuka	634	Saint James	(47)	25:21.4	8:09.2	5:04.3
48 JAMES, Chris	629	Saint James	(48)	25:38.9	8:14.8	5:07.8

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
 Agricultural Farm Park
 Host: St. Albans
 Saturday, October 30, 2021

MEET OFFICIALS

Meet Director:
 Ted Findler
 Timing:
 Windsor Running, LLC

**WINDSORRUNNING**

OFFICIAL MEET REPORT
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Race #7
IAC Varsity

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St Albans For Boys	22	1-2-4-7-8(9)(13)	1:26:23	17:17	1:36.0
2 Landon	67	3-10-15-19-20(21)(24)	1:34:04	18:49	2:31.4
3 St Stephens and St Agnes	84	6-16-17-22-23(32)	1:36:18	19:16	2:16.9
4 Episcopal	95	5-11-25-26-28(30)	1:37:58	19:36	3:48.6
5 Georgetown Prep	100	12-14-18-27-29(31)	1:39:30	19:54	2:59.5

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 ATTIOGBE, Pierre	441	St Albans For Boys	1	16:17.8	5:14.4	3:15.5
2 STRONG, William	489	St Albans For Boys	2	17:07.2	5:30.3	3:25.4
3 HAKIM-FLORIAN, Asim	260	Landon	3	17:13.6	5:32.3	3:26.7
4 HUME, Sebi	461	St Albans For Boys	4	17:18.9	5:34.0	3:27.8
5 OGDEN, Hansen	42	Episcopal	5	17:24.1	5:35.7	3:28.8
6 CUMMINGS, Noah	508	St Stephens and St	6	17:43.9	5:42.1	3:32.8
7 URBINA, Aidan	496	St Albans For Boys	7	17:45.2	5:42.5	3:33.0
8 THOMAS, Jack	493	St Albans For Boys	8	17:53.7	5:45.2	3:34.7
9 KUZICHEV, Venya	466	St Albans For Boys	(9)	18:11.3	5:50.9	3:38.3
10 KELLY, Owen	264	Landon	10	18:27.2	5:56.0	3:41.4
11 PATRY, Anderson	43	Episcopal	11	18:27.8	5:56.2	3:41.6
12 SULLIVAN, Jack	181	Georgetown Prep	12	18:33.2	5:57.9	3:42.6
13 RHEE, John	482	St Albans For Boys	(13)	18:36.0	5:58.8	3:43.2
14 SINGER, Felipe	180	Georgetown Prep	14	18:40.2	6:00.2	3:44.0
15 MANGINO, Jack	270	Landon	15	19:02.8	6:07.4	3:48.5
16 PRESTHOLDT, Gavin	521	St Stephens and St	16	19:07.2	6:08.9	3:49.4
17 WITMORE, Silas	528	St Stephens and St	17	19:27.3	6:15.3	3:53.5
18 ATAYI, Nathaniel	160	Georgetown Prep	18	19:31.0	6:16.5	3:54.2
19 STRABO, Phillip	285	Landon	19	19:35.3	6:17.9	3:55.1
20 KALISH, Ari	263	Landon	20	19:45.0	6:21.0	3:57.0
21 MCNAMARA, Seamus	271	Landon	(21)	19:57.7	6:25.1	3:59.5
22 RISTAU, William	523	St Stephens and St	22	19:58.2	6:25.3	3:59.6
23 ADAMS, William	504	St Stephens and St	23	20:00.7	6:26.1	4:00.1
24 HAMILTON, Brannon	261	Landon	(24)	20:10.6	6:29.3	4:02.1
25 MOORE, Wyatt	41	Episcopal	25	20:23.3	6:33.3	4:04.6
26 SEDLOCK, Garrett	44	Episcopal	26	20:29.8	6:35.4	4:05.9
27 CUI, Donhee	165	Georgetown Prep	27	21:12.3	6:49.1	4:14.5
28 HALM, Mac	33	Episcopal	28	21:12.7	6:49.2	4:14.5
29 RITSU, Ethan	176	Georgetown Prep	29	21:32.7	6:55.6	4:18.5
30 MCGHEE CHAVEZ, Luca	39	Episcopal	(30)	21:36.7	6:56.9	4:19.3
31 BURKS, Will	2	Bullis	-	22:12.7	7:08.5	4:26.5
32 O'CONNOR, Matthew	173	Georgetown Prep	(31)	22:21.5	7:11.3	4:28.3
33 MORE, Turner	518	St Stephens and St	(32)	22:47.6	7:19.7	4:33.5
34 CLAY, Langston	4	Bullis	-	23:01.6	7:24.2	4:36.3
35 CLAY, Kirk	3	Bullis	-	24:04.5	7:44.4	4:48.9
36 MKRTCHYAN, Areg	7	Bullis	-	26:17.3	8:27.2	5:15.5

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WINDSORRUNNING

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Race #8
ISL Varsity

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Holton-Arms	88	3-7-13-32-33(40)(52)	1:46:53	21:23	2:40.0
2 Georgetown Visitation Prep	94	4-10-23-26-31(55)	1:47:53	21:35	2:28.7
3 Stone Ridge Sacred Heart	98	1-9-18-29-41(44)(46)	1:47:59	21:36	4:25.8
4 St Stephens and St Agnes	113	5-8-19-38-43(49)(72)	1:50:04	22:01	3:22.0
5 Sidwell Friends	121	20-22-24-25-30(35)(47)	1:51:02	22:13	0:25.9
6 Georgetown Day	129	6-16-17-36-54(67)(71)	1:51:17	22:16	3:39.6
7 Potomac (McLean VA)	177	14-15-34-50-64(69)(76)	1:55:00	23:00	3:34.9
8 National Cathedral for Girls	189	12-28-39-51-59(62)	1:55:58	23:12	3:38.1
9 Maret	206	2-27-42-60-75(83)(86)	1:56:50	23:22	6:53.6
10 St. Andrew's Episcopal	238	11-48-56-58-65(68)(87)	1:59:21	23:53	4:08.2
11 Episcopal	260	21-37-63-66-73	2:01:16	24:16	3:36.1
12 Madeira	323	53-57-61-74-78(79)(85)	2:07:59	25:36	4:05.6
13 Connelly School of the Hol	353	45-70-77-80-81(82)(84)	2:14:28	26:54	5:10.0

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 STRONG, Katherine	604	Stone Ridge Sacred	1	19:11.3	6:10.2	3:50.3
2 POE, Marisa	312	Maret	2	19:34.4	6:17.6	3:54.9
3 MOORE, Ella	235	Holton-Arms	3	19:49.9	6:22.6	3:58.0
4 KELLY, Vivian	199	Georgetown Visitati	4	19:59.0	6:25.5	3:59.8
5 FLOYD, Hannah	533	St Stephens and St	5	20:17.6	6:31.5	4:03.5
6 KESSLER, Ellie	151	Georgetown Day	6	20:39.1	6:38.4	4:07.8
7 ATTIOGBE, Elise	219	Holton-Arms	7	20:41.2	6:39.1	4:08.2
8 LEWIS, Morgan	537	St Stephens and St	8	20:42.7	6:39.6	4:08.5
9 DIBARI, Maria	578	Stone Ridge Sacred	9	20:49.4	6:41.7	4:09.9
10 DE LA VEGA-RODRIQUEZ,	190	Georgetown Visitati	10	21:01.0	6:45.5	4:12.2
11 ODELL, Katherine	567	St. Andrew's Episco	11	21:04.1	6:46.5	4:12.8
12 LEE, Caroline	328	National Cathedral f	12	21:10.5	6:48.5	4:14.1
13 MUHLBAUM, Lily	236	Holton-Arms	13	21:22.9	6:52.5	4:16.6
14 HUSHON, Devon	13	Bullis	-	21:24.8	6:53.1	4:17.0
15 KOUYOUMDJIAN, Arielle	386	Potomac (McLean	14	21:37.0	6:57.0	4:19.4
16 HARRIS, Genevieve	384	Potomac (McLean	15	21:37.8	6:57.3	4:19.5
17 BOYLE, Sadie	142	Georgetown Day	16	21:49.4	7:01.0	4:21.9
18 LEFF, Audrey	152	Georgetown Day	17	21:49.4	7:01.0	4:21.9
19 MULLERY, Bridget	594	Stone Ridge Sacred	18	21:56.7	7:03.4	4:23.3
20 VAJDA, Emmie	539	St Stephens and St	19	21:58.9	7:04.1	4:23.8
21 LIMAO, Isabel	430	Sidwell Friends	20	22:00.5	7:04.6	4:24.1
22 SIMS, Libby	62	Episcopal	21	22:08.0	7:07.0	4:25.6
23 NWOSU, Nnedi	433	Sidwell Friends	22	22:08.9	7:07.3	4:25.8
24 MCCARTHY, Virginia	203	Georgetown Visitati	23	22:10.8	7:07.9	4:26.1
25 CLOUTIER, Olivia	422	Sidwell Friends	24	22:12.3	7:08.4	4:26.4
26 ZHANG, Alden	436	Sidwell Friends	25	22:13.4	7:08.7	4:26.7
27 CAMPBELL, Ellie	186	Georgetown Visitati	26	22:13.8	7:08.9	4:26.8

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Race #8
ISL Varsity

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
28 WALLACE, Callie	315	Maret	27	22:17.0	7:09.9	4:27.4
29 PURYEAR, Jane	334	National Cathedral f	28	22:21.2	7:11.2	4:28.2
30 ESPINOSA, Madeline	581	Stone Ridge Sacred	29	22:23.9	7:12.1	4:28.8
31 DWIGHT, Campbell	425	Sidwell Friends	30	22:26.3	7:12.9	4:29.3
32 MCGREEVY, Mavourneen	204	Georgetown Visitati	31	22:27.7	7:13.3	4:29.5
33 WEEMS, Lucy	241	Holton-Arms	32	22:28.9	7:13.7	4:29.8
34 HESS, Robin	226	Holton-Arms	33	22:29.9	7:14.0	4:30.0
35 AGOLINI, Olivia	373	Potomac (McLean	34	22:33.3	7:15.1	4:30.7
36 DONNELLY, Anjali	424	Sidwell Friends	(35)	22:39.4	7:17.1	4:31.9
37 AXELROD, Sophie	138	Georgetown Day	36	22:40.3	7:17.4	4:32.0
38 DEARLOVE, Audrey	49	Episcopal	37	23:02.2	7:24.4	4:36.4
39 SCOTT, Lauren	538	St Stephens and St	38	23:25.2	7:31.8	4:41.0
40 POWELL, Lily	333	National Cathedral f	39	23:31.5	7:33.8	4:42.3
41 KINOSHITA, Naoko	229	Holton-Arms	(40)	23:33.2	7:34.4	4:42.6
42 ESPINOSA, Emily	580	Stone Ridge Sacred	41	23:37.1	7:35.6	4:43.4
43 KANE, Bergen	310	Maret	42	23:37.2	7:35.7	4:43.4
44 GALLOZZI, Marina	534	St Stephens and St	43	23:39.5	7:36.4	4:43.9
45 HENSKE, Rachael	587	Stone Ridge Sacred	(44)	23:41.1	7:36.9	4:44.2
46 HOLCOMB, Kelly	21	Connelly School of t	45	23:44.9	7:38.2	4:45.0
47 STALLINGS, Hallie	602	Stone Ridge Sacred	(46)	23:48.7	7:39.4	4:45.7
48 ZHAO, Grace	437	Sidwell Friends	(47)	23:55.2	7:41.5	4:47.0
49 FERBER, Chloe	560	St. Andrew's Episco	48	23:55.8	7:41.7	4:47.2
50 CHESNER, Bronwyn	531	St Stephens and St	(49)	23:59.0	7:42.7	4:47.8
51 CHOI, Kathryn	380	Potomac (McLean	50	23:59.7	7:42.9	4:47.9
52 CHIANG, Megan	322	National Cathedral f	51	24:05.9	7:44.9	4:49.2
53 KUREY, Marley	230	Holton-Arms	(52)	24:06.0	7:44.9	4:49.2
54 SMITH, Kayla	615	Madeira	53	24:14.0	7:47.5	4:50.8
55 SACHSE, Nora	155	Georgetown Day	54	24:18.6	7:49.0	4:51.7
56 SMITH, Elizabeth	213	Georgetown Visitati	(55)	24:29.7	7:52.6	4:53.9
57 KITCHEN, Jennifer	563	St. Andrew's Episco	56	24:29.8	7:52.6	4:53.9
58 WU, Michelle	618	Madeira	57	24:31.5	7:53.1	4:54.3
59 HUNDLEY, Caroline	562	St. Andrew's Episco	58	24:38.9	7:55.5	4:55.8
60 WILLIAMS, Georgie	340	National Cathedral f	59	24:48.5	7:58.6	4:57.7
61 HEFFERNAN, Faith	309	Maret	60	24:52.7	8:00.0	4:58.5
62 EBERT, Shelby	609	Madeira	61	24:53.7	8:00.3	4:58.7
63 PERRY, Sabina	331	National Cathedral f	(62)	24:54.3	8:00.5	4:58.9
64 DUNLAP, Lindsay	50	Episcopal	63	25:05.3	8:04.0	5:01.1
65 BAHADORI, Mina	374	Potomac (McLean	64	25:11.9	8:06.1	5:02.4
66 NADDLEMAN, Juliette	564	St. Andrew's Episco	65	25:12.3	8:06.3	5:02.5
67 AMASON, Emily Browning	48	Episcopal	66	25:15.8	8:07.4	5:03.2
68 AUERSWALD, Izzy	137	Georgetown Day	(67)	25:20.0	8:08.7	5:04.0
69 PORTNER, Hannah	568	St. Andrew's Episco	(68)	25:23.9	8:10.0	5:04.8
70 O'REILLY, Emma	387	Potomac (McLean	(69)	25:24.0	8:10.0	5:04.8
71 HANLEY, Georgia	19	Connelly School of t	70	25:24.1	8:10.1	5:04.8
72 YOUNG, Julia	157	Georgetown Day	(71)	25:32.4	8:12.7	5:06.5
73 CARROLL, Elisabeth	530	St Stephens and St	(72)	25:40.6	8:15.3	5:08.1

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Race #8
ISL Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
74 MUSSIE, Hiyab	56	Episcopal	73	25:44.1	8:16.5	5:08.8
75 DEAGLE, Kendall	608	Madeira	74	25:59.9	8:21.6	5:12.0
76 GRYGIEL, Nina	308	Maret	75	26:28.0	8:30.6	5:17.6
77 NGATA, Wacuka	82	Flint Hill	-	26:32.8	8:32.1	5:18.6
78 GABRIEL, Charlotte	382	Potomac (McLean	(76)	27:10.2	8:44.2	5:26.0
79 HERRERA, Ankara	20	Connelly School of t	77	27:28.9	8:50.2	5:29.8
80 MATAI, Neha	81	Flint Hill	-	27:35.7	8:52.4	5:31.1
81 GRIFFITH, Lia	80	Flint Hill	-	27:46.6	8:55.9	5:33.3
82 TAVE, Alyssa	616	Madeira	78	28:19.5	9:06.5	5:39.9
83 RAJA, Mishka	613	Madeira	(79)	28:46.8	9:15.2	5:45.3
84 TROPEA, Olivia	23	Connelly School of t	80	28:54.9	9:17.8	5:47.0
85 KUCIK, Jules	22	Connelly School of t	81	28:54.9	9:17.8	5:47.0
86 COVELL, Caroline	18	Connelly School of t	(82)	28:56.8	9:18.5	5:47.4
87 BIZAKI, Maria	306	Maret	(83)	29:10.5	9:22.8	5:50.1
88 AGUIAR, Nina	17	Connelly School of t	(84)	29:20.5	9:26.1	5:52.1
89 WU, Cindy	617	Madeira	(85)	29:26.3	9:27.9	5:53.3
90 KRASKE, Piper	311	Maret	(86)	29:45.3	9:34.1	5:57.1
91 NEWMAN, Hannah	565	St. Andrew's Episco	(87)	35:47.1	11:30.4	7:09.4