

IAC-ISL-MAC UPPER SCHOOL CHAMPIONSHIPS

Derwood, MD
Agricultural Farm Park
Host: St. Albans
Saturday, October 30, 2021

MEET OFFICIALS

Meet Director:
Ted Findler
Timing:
Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT
printed: 10/30/2021 1:36 PM

Race #3
ISL Varsity B

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Stone Ridge Sacred Heart	59	4-5-9-15-26(27)(29)	2:04:21	24:53	2:17.0
2 National Cathedral for Girls	72*	6-12-17-18-19(20)(23)	2:06:43	25:21	1:41.6
3 Sidwell Friends	72*	3-7-8-21-33(39)(42)	2:06:38	25:20	4:13.0
4 Georgetown Visitation Prep	84	2-11-13-22-36(41)(45)	2:08:27	25:42	4:58.3
5 Holton-Arms	90	1-10-24-25-30(31)(32)	2:07:20	25:28	3:39.9
6 Georgetown Day	136	14-16-28-35-43(44)(46)	2:15:34	27:07	4:17.8
7 Potomac (McLean VA)	196	34-37-38-40-47(48)(49)	2:25:57	29:12	2:37.0

*Tiebreakers

National Cathedral for Girls	6	12	17	18	19	20
Sidwell Friends	3	7	8	21	33	39

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	2K
1 MCCARTHY, Emerson	232	Holton-Arms	1	23:19.3	7:29.9	4:39.9	8:25.2
2 SHEARER, Elizabeth	211	Georgetown Visitati	2	23:38.3	7:36.0	4:43.7	8:59.3
3 POWER, Camilla	638	Saint James	-	23:47.6	7:39.0	4:45.5	8:43.0
4 BRODY, Anna	421	Sidwell Friends	3	23:52.7	7:40.7	4:46.5	8:37.9
5 JONES, Alessia	589	Stone Ridge Sacred	4	23:56.2	7:41.8	4:47.2	8:55.2
6 BAMFORTH, Elise	621	Saint James	-	23:57.4	7:42.2	4:47.5	8:44.4
7 ROBEY, Caroline	599	Stone Ridge Sacred	5	23:58.3	7:42.5	4:47.7	8:55.1
8 KALER, Cassidy	325	National Cathedral f	6	24:06.2	7:45.0	4:49.2	9:07.9
9 WORTHING, Lane	435	Sidwell Friends	7	24:12.3	7:47.0	4:50.5	8:44.7
10 WINCUP, Reid	569	St. Andrew's Episco	-	24:34.3	7:54.0	4:54.8	9:00.4
11 ACRES, Audrey	419	Sidwell Friends	8	24:37.3	7:55.0	4:55.4	8:49.7
12 WILLIAMS, Veronica	607	Stone Ridge Sacred	9	24:46.1	7:57.8	4:57.2	9:02.4
13 BERMAN, Gabi	221	Holton-Arms	10	24:58.4	8:01.8	4:59.7	8:46.8
14 ISLAND, Becky	195	Georgetown Visitati	11	25:02.0	8:03.0	5:00.4	9:05.4
15 BRAUNER, Evie	622	Saint James	-	25:13.7	8:06.7	5:02.7	9:10.6
16 BENNETT, Emma	318	National Cathedral f	12	25:16.6	8:07.6	5:03.3	8:59.0
17 GUNTHER, Clare	194	Georgetown Visitati	13	25:19.9	8:08.7	5:04.0	9:06.3
18 MAUR-BATSAKI, Georgia	153	Georgetown Day	14	25:20.2	8:08.8	5:04.0	9:22.0
19 NIEPOLD, Anna	595	Stone Ridge Sacred	15	25:26.5	8:10.8	5:05.3	9:13.5
20 RAMZY, Noor	154	Georgetown Day	16	25:29.7	8:11.8	5:05.9	9:22.2
21 PORTER, Nora	332	National Cathedral f	17	25:45.6	8:17.0	5:09.1	9:35.7
22 LEON, Abigail	329	National Cathedral f	18	25:46.3	8:17.2	5:09.3	9:23.8
23 SCHAEFFER, Findley	335	National Cathedral f	19	25:47.7	8:17.7	5:09.5	9:35.4
24 ROBINSON, Gabby	639	Saint James	-	25:48.8	8:18.0	5:09.8	9:12.1
25 JORDAN, Katie	324	National Cathedral f	(20)	25:49.3	8:18.2	5:09.9	9:37.8
26 ZHAO, Irene	438	Sidwell Friends	21	25:49.5	8:18.2	5:09.9	9:09.5
27 CROWELL, Elliotte	188	Georgetown Visitati	22	25:50.1	8:18.4	5:10.0	9:17.0
28 MACPHERSON, Charlotte	330	National Cathedral f	(23)	25:50.1	8:18.4	5:10.0	9:35.2
29 KALNITSKAYA, Gloria	228	Holton-Arms	24	26:00.3	8:21.7	5:12.0	9:11.0
30 CLARK, Mari	222	Holton-Arms	25	26:03.1	8:22.6	5:12.6	9:03.6

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Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	2K
31 RATTANAVONG, Ciara	598	Stone Ridge Sacred	26	26:13.1	8:25.8	5:14.6	9:25.6
32 FONTANA, Isabelle	583	Stone Ridge Sacred	(27)	26:35.0	8:32.8	5:19.0	9:13.9
33 WALKER, Pearl	643	Saint James	-	26:46.3	8:36.5	5:21.3	10:03.0
34 GREEN, Eliana	147	Georgetown Day	28	26:47.0	8:36.7	5:21.4	9:40.5
35 DI MARTINO, Nora	577	Stone Ridge Sacred	(29)	26:57.7	8:40.1	5:23.5	9:16.6
36 HOLDO, Cecilia	227	Holton-Arms	30	26:59.2	8:40.6	5:23.8	9:38.1
37 MOORE, Claudia	234	Holton-Arms	(31)	27:07.0	8:43.2	5:25.4	9:11.9
38 JOHNSON, Audrey	630	Saint James	-	27:09.9	8:44.1	5:26.0	9:49.3
39 FLYNN, Sarah	224	Holton-Arms	(32)	27:10.3	8:44.2	5:26.1	9:17.3
40 BRADY, Kendall	320	National Cathedral f	-	27:23.1	8:48.3	5:28.6	9:41.5
41 PRINCE, Katherine	237	Holton-Arms	-	27:37.0	8:52.8	5:31.4	10:07.9
42 KELSO, Abby	427	Sidwell Friends	33	28:05.6	9:02.0	5:37.1	10:07.1
43 CAPUANO, Julia	574	Stone Ridge Sacred	-	28:08.1	9:02.8	5:37.6	10:15.5
44 GANNON, Kate	584	Stone Ridge Sacred	-	28:08.6	9:02.9	5:37.7	10:15.8
45 SIFFERMANN, Clare	600	Stone Ridge Sacred	-	28:11.0	9:03.7	5:38.2	10:07.1
46 BELL, Hannah	375	Potomac (McLean	34	28:15.5	9:05.2	5:39.1	10:00.9
47 EWALD, Colleen	145	Georgetown Day	35	28:18.6	9:06.2	5:39.7	10:32.5
48 YOUNG, Elizabeth	541	St Stephens and St	-	28:20.4	9:06.7	5:40.1	10:08.6
49 CLARKE, Leilani	223	Holton-Arms	-	28:24.4	9:08.0	5:40.9	9:52.6
50 PHAN, Catlynn	208	Georgetown Visitati	36	28:36.5	9:11.9	5:43.3	10:12.8
51 BRIN, Sana	377	Potomac (McLean	37	28:45.0	9:14.7	5:45.0	10:00.5
52 LIAN, Jessica	231	Holton-Arms	-	28:49.5	9:16.1	5:45.9	10:13.7
53 FERGUSON, Kennedy	381	Potomac (McLean	38	28:52.9	9:17.2	5:46.6	10:01.5
54 HANDLEY, Kayla	628	Saint James	-	29:08.4	9:22.2	5:49.7	10:23.0
55 VIDAT, Vilina	642	Saint James	-	29:09.5	9:22.5	5:49.9	10:00.8
56 ESCOBAR, Stephany	426	Sidwell Friends	(39)	29:09.7	9:22.6	5:49.9	10:05.6
57 ROBBINS, Rachel	390	Potomac (McLean	40	29:10.8	9:22.9	5:50.1	10:18.4
58 ABIY, Maya	218	Holton-Arms	-	29:18.0	9:25.2	5:51.6	10:29.4
59 JACOBS, Abigail	588	Stone Ridge Sacred	-	29:24.4	9:27.3	5:52.9	11:07.9
60 VAUGHN, Lexi	216	Georgetown Visitati	(41)	29:25.3	9:27.6	5:53.1	10:42.8
61 KUSHAN, Caroline	327	National Cathedral f	-	29:28.9	9:28.8	5:53.8	10:09.6
62 LAGER, Sophia	429	Sidwell Friends	(42)	29:33.1	9:30.1	5:54.6	10:27.6
63 BELBER, Leah	140	Georgetown Day	43	29:38.0	9:31.7	5:55.6	11:01.1
64 BRHANE, Winta	420	Sidwell Friends	-	29:38.2	9:31.8	5:55.6	10:35.0
65 HALL, Ava	148	Georgetown Day	(44)	29:39.7	9:32.2	5:55.9	10:50.8
66 STARMANN, Natalie	603	Stone Ridge Sacred	-	29:41.0	9:32.7	5:56.2	11:08.1
67 KIMATHI, Rehema	811	Georgetown Visitati	(45)	29:45.0	9:33.9	5:57.0	9:47.1
68 GILL, Annika	202	Georgetown Visitati	-	29:45.4	9:34.1	5:57.1	10:11.7
69 LOTSIKAS, Greer	632	Saint James	-	29:49.7	9:35.5	5:57.9	10:09.0
70 LINNARTZ, Heidi	812	Georgetown Visitati	-	29:50.2	9:35.6	5:58.0	10:53.3
71 ZACHARY, Savannah	243	Holton-Arms	-	29:51.3	9:36.0	5:58.2	10:29.0
72 WEAVER, Barbara	156	Georgetown Day	(46)	29:56.1	9:37.5	5:59.2	11:12.0
73 BAIG, Salma	220	Holton-Arms	-	29:57.1	9:37.8	5:59.4	10:21.9
74 TUNCER, Sophia	239	Holton-Arms	-	29:58.6	9:38.3	5:59.7	10:29.7
75 BELBER, Anna	139	Georgetown Day	-	29:58.8	9:38.4	5:59.7	11:10.5
76 DOGRAMACI, Gracie	423	Sidwell Friends	-	30:13.4	9:43.1	6:02.7	10:31.7

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77 KENNEDY, Meghan	590	Stone Ridge Sacred	-	30:27.2	9:47.5	6:05.4	11:07.8
78 SMITH, Julia	601	Stone Ridge Sacred	-	30:33.9	9:49.7	6:06.8	11:20.0
79 COYNE, Layla	144	Georgetown Day	-	30:35.4	9:50.2	6:07.1	11:10.5
80 LACHMAN, Sadie	428	Sidwell Friends	-	30:38.9	9:51.3	6:07.8	10:53.1
81 HOUCK, Alexandra	561	St. Andrew's Episco	-	30:40.3	9:51.7	6:08.1	10:47.5
82 BOOK, Claire	319	National Cathedral f	-	30:40.7	9:51.9	6:08.1	10:53.4
83 MONTI, Estelle	233	Holton-Arms	-	30:40.8	9:51.9	6:08.1	10:26.6
84 DUCKENFIELD, Catherine	579	Stone Ridge Sacred	-	30:40.9	9:51.9	6:08.2	11:19.1
85 NEWBERRY, Olivia	206	Georgetown Visitati	-	30:45.7	9:53.5	6:09.1	10:41.5
86 DOSTER, Molly	323	National Cathedral f	-	30:48.7	9:54.4	6:09.7	10:26.9
87 MEALE, Mira	814	Georgetown Visitati	-	30:49.5	9:54.7	6:09.9	10:44.3
88 CAMERON, Bunny	379	Potomac (McLean	47	30:52.5	9:55.6	6:10.5	10:38.7
89 WHIG, Ashwin	606	Stone Ridge Sacred	-	30:55.2	9:56.5	6:11.0	11:18.9
90 HAN, Zhenyi	627	Saint James	-	31:03.1	9:59.0	6:12.6	10:51.2
91 DINOS, Kalli	532	St Stephens and St	-	31:13.6	10:02.4	6:14.7	10:57.4
92 GRANDISON, Phebe	225	Holton-Arms	-	31:25.1	10:06.1	6:17.0	11:14.8
93 VIRKAR, Sophia	240	Holton-Arms	-	31:27.1	10:06.8	6:17.4	10:23.9
94 BRITTIN, Isabel	378	Potomac (McLean	(48)	31:31.1	10:08.1	6:18.2	11:18.8
95 BRAUNER, Murray	623	Saint James	-	32:04.3	10:18.7	6:24.9	10:50.9
96 GANTI, Ainsley	383	Potomac (McLean	(49)	32:05.0	10:19.0	6:25.0	11:23.0
97 WANG, Julia	338	National Cathedral f	-	32:34.0	10:28.3	6:30.8	11:21.4
98 OUEDRAOGO, Amanda	636	Saint James	-	32:38.8	10:29.8	6:31.7	11:09.3
99 HUFF, JJ	385	Potomac (McLean	-	32:48.3	10:32.9	6:33.7	11:21.7
100 WORSHAM, Sydney	540	St Stephens and St	-	33:18.4	10:42.5	6:39.7	10:59.4
101 SHARP, Hannah	238	Holton-Arms	-	33:26.8	10:45.3	6:41.4	12:06.3
102 BOHIGIAN, Caroline	809	Georgetown Visitati	-	33:30.6	10:46.5	6:42.1	11:02.3
103 WEBER, Beatrix	339	National Cathedral f	-	33:33.2	10:47.3	6:42.6	12:03.4
104 FENDIG, Maia	582	Stone Ridge Sacred	-	33:41.2	10:49.9	6:44.2	11:58.3
105 BELL, Ava	185	Georgetown Visitati	-	33:47.4	10:51.9	6:45.5	11:47.5
106 FU, Jessica	307	Maret	-	34:07.4	10:58.3	6:49.5	13:00.9
107 NOKKU, Rachel	596	Stone Ridge Sacred	-	34:08.9	10:58.8	6:49.8	11:58.5
108 RAMAN, Jessica	389	Potomac (McLean	-	34:20.7	11:02.6	6:52.1	11:21.5
109 ROSSI, Elena	210	Georgetown Visitati	-	34:26.8	11:04.6	6:53.4	11:47.1
110 CHRISTOU, Zoe	576	Stone Ridge Sacred	-	34:41.8	11:09.4	6:56.4	12:15.6
111 AYALA TERRAZAS, Ruth	572	Stone Ridge Sacred	-	35:26.7	11:23.8	7:05.3	12:12.2
112 BREINHOLT, Joya	143	Georgetown Day	-	35:47.8	11:30.6	7:09.6	13:10.1
113 HARDWICK, Emerson	149	Georgetown Day	-	35:47.9	11:30.6	7:09.6	13:10.9
114 BEAHN, Sophia	808	Georgetown Visitati	-	36:11.3	11:38.2	7:14.3	11:07.9
115 ANDERS, Addison	570	Stone Ridge Sacred	-	38:23.5	12:20.7	7:40.7	12:55.8
116 MASLAR, Lilly	200	Georgetown Visitati	-	38:25.0	12:21.2	7:41.0	12:27.1
117 CROWLEY, Lucy	189	Georgetown Visitati	-	38:25.2	12:21.2	7:41.0	12:27.2
118 CHARLESTON, Naica	575	Stone Ridge Sacred	-	38:46.2	12:27.9	7:45.2	13:02.5
119 ALVAREZ, Mia	620	Saint James	-	39:09.1	12:35.3	7:49.8	11:39.3
120 DIAZ BETETA, Marta	626	Saint James	-	39:09.9	12:35.6	7:50.0	11:39.1
121 PEPPIRAH, Chelsea	637	Saint James	-	39:59.3	12:51.5	7:59.9	13:04.8
122 TETTAH, Ella	605	Stone Ridge Sacred	-	46:04.1	14:48.7	9:12.8	15:07.0