

**LANDON HOME MEET - 4-2-22**

Bethesda, MD  
 Landon School  
 Host: Landon School  
 Saturday, April 2, 2022

**MEET OFFICIALS**

Meet Director:  
 Addison Hunt  
 Timing:  
 Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 4/2/2022 3:55 PM

**RESULTS****#1 Girls 100m Hurdles**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	KING, Hannah	Mercersburg Academy	18.77		(+1.8) 1(1)	10
2	BYRD, Brianna	Academy Of The Holy Cros	18.96		(+1.8) 1(2)	8
3	STARKES, Magdalena	Academy Of The Holy Cros	19.71		(+1.8) 1(3)	6
4	STUMPF, Maya	Georgetown Visitation Prep	20.91		(+1.8) 1(4)	4
5	ELREFAI, Selma	Potomac (McLean VA)	22.00		(+0.6) 3(1)	2
6	BRYANT, Angel	Academy Of The Holy Cros	23.04		(+1.0) 2(1)	1
7	WILSON, Zoe	Academy Of The Holy Cros	23.68		(+1.0) 2(2)	
8	KRILLA, Sami	Potomac (McLean VA)	23.75		(+0.6) 3(2)	
9	MEALE, Mira	Georgetown Visitation Prep	23.94		(+1.8) 1(5)	
10	CONWAY-WRIGHT, Kay'lah	Academy Of The Holy Cros	24.08		(+1.0) 2(3)	
	FRIEDMAN, Eden	Academy Of The Holy Cros	DNS		2	
	GILLIARD, Hannah	Potomac (McLean VA)	DNS		3	

**#2 Boys 110m Hurdles**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	KALISH, Ari	Landon	18.28		(+0.2) 2(1)	10
2	YAHAYA, Haris	Mercersburg Academy	20.37		(+2.0) 1(1)	8
3	JOHNSON, Deon	Landon	20.59		(+2.0) 1(2)	6
4	PARK, Derrick	Mercersburg Academy	21.62		(+0.2) 2(2)	4
5	TROSTLE, Drew	Mercersburg Academy	22.62		(+0.2) 2(3)	2
6	CIPRIANA, Anthony	Potomac (McLean VA)	22.91		(+2.0) 1(3)	1

**#3 Girls 4 x 100m Relay**

Pl	Team	Time	Note	H(Pl)	Pts
1	Academy Of The Holy Cross (A)	54.90		1(1)	10
2	Stone Ridge Sacred Heart (A)	55.82		1(2)	8
3	Georgetown Visitation Prep (A)	56.16		1(3)	6
4	Connelly School of the Holy (A)	56.72		1(4)	4
5	Potomac (McLean VA) (A)	56.88		1(5)	2
6	Potomac (McLean VA) (B)	58.59		2(1)	1
7	Academy Of The Holy Cross (B)	59.14		2(2)	
8	Connelly School of the Holy (B)	59.64		2(3)	
9	Mercersburg Academy (A)	1:01.71		1(6)	
10	Academy Of The Holy Cross (C)	1:01.72		2(4)	
11	Academy Of The Holy Cross (E)	1:05.41		2(5)	
12	Academy Of The Holy Cross (D)	1:13.44		2(6)	

**#4 Boys 4 x 100m Relay**

Pl	Team	Time	Note	Pts
1	Landon (A)	47.00		10
2	Georgetown Prep (A)	47.19		8
3	Landon (B)	47.86		6
4	Sidwell Friends (A)	48.54		4
5	Mercersburg Academy (A)	49.62		2
6	Sidwell Friends (B)	52.58		1

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**RESULTS****#4 Boys 4 x 100m Relay (cont'd)**

Pl	Team	Time	Note	Pts
7	Potomac (McLean VA) (A)	52.73		

**#5 Girls 1600 Meters**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	TUTTLE, Kate 1:21.00 (1:21.00)	Potomac (McLean VA) 1:24.31 (2:45.30) 1:24.09 (4:09.38) 1:21.44 (5:30.82)	5:30.82		1(1)	10
2	DIBARI, Maria 1:22.40 (1:22.40)	Stone Ridge Sacred Heart 1:28.95 (2:51.35) 1:29.22 (4:20.56) 1:23.88 (5:44.43)	5:44.43		1(2)	8
3	LAWLER, Greta 1:25.60 (1:25.60)	Mercersburg Academy 1:34.17 (2:59.76) 1:36.94 (4:36.70) 1:30.06 (6:06.75)	6:06.75		1(3)	6
4	PRAKASH, Tara 1:26.43 (1:26.43)	Sidwell Friends 3:17.15 (4:43.57) 1:27.20 (6:10.77)	6:10.77		1(4)	4
5	MORRISON, Avery 1:27.41 (1:27.41)	Mercersburg Academy 1:37.68 (3:05.09) 1:34.97 (4:40.05) 1:34.70 (6:14.75)	6:14.75		2(1)	2
6	ESPINOSA, Emily 1:26.70 (1:26.70)	Stone Ridge Sacred Heart 1:38.95 (3:05.65) 1:39.73 (4:45.37) 1:32.23 (6:17.60)	6:17.60		1(5)	1
7	ESPINOSA, Madeline 1:26.08 (1:26.08)	Stone Ridge Sacred Heart 1:39.21 (3:05.28) 1:39.80 (4:45.08) 1:33.19 (6:18.27)	6:18.27		1(6)	
8	MINKIEWICZ, Anne 1:24.66 (1:24.66)	Georgetown Visitation Prep 1:39.27 (3:03.93) 1:40.78 (4:44.70) 1:43.12 (6:27.82)	6:27.82		2(2)	
9	GANNON, Kate 1:35.46 (1:35.46)	Stone Ridge Sacred Heart 1:45.24 (3:20.70) 1:37.89 (4:58.59) 1:33.59 (6:32.17)	6:32.17		1(7)	
10	SELASSIE, Adie 1:27.45 (1:27.45)	Sidwell Friends 1:38.78 (3:06.23) 1:48.10 (4:54.32) 1:45.51 (6:39.82)	6:39.82		1(8)	
11	STALLINGS, Hallie 1:37.32 (1:37.32)	Stone Ridge Sacred Heart 1:43.76 (3:21.08) 1:44.97 (5:06.04) 1:38.46 (6:44.50)	6:44.50		1(9)	
12	BALAGUER, Caitlin 1:32.28 (1:32.28)	Academy Of The Holy Cros 1:45.51 (3:17.79) 1:50.87 (5:08.65) 1:36.89 (6:45.54)	6:45.54		2(3)	
13	VAN METER, Marielle 1:27.26 (1:27.26)	Sidwell Friends 1:45.67 (3:12.92) 1:50.88 (5:03.80) 1:47.80 (6:51.60)	6:51.60		1(10)	
14	MILLER, Rachel 1:35.38 (1:35.38)	Potomac (McLean VA) 1:46.72 (3:22.09) 1:48.71 (5:10.80) 1:43.97 (6:54.77)	6:54.77		1(11)	
15	BARABANOV, Celia 1:34.86 (1:34.86)	Potomac (McLean VA) 1:46.78 (3:21.64) 1:48.60 (5:10.24) 1:44.58 (6:54.81)	6:54.81		1(12)	
16	BEDELL, Sally 1:35.00 (1:35.00)	Potomac (McLean VA) 1:49.95 (3:24.94) 1:49.19 (5:14.12) 1:42.88 (6:57.00)	6:57.00		2(4)	
17	AGUILA, Alessandra 1:32.41 (1:32.41)	Academy Of The Holy Cros 1:48.34 (3:20.74) 1:53.07 (5:13.81) 1:46.63 (7:00.43)	7:00.43		2(5)	
18	SUNDERMAN, Elena 1:34.52 (1:34.52)	Academy Of The Holy Cros 1:50.02 (3:24.54) 1:54.31 (5:18.84) 1:43.01 (7:01.85)	7:01.85		2(6)	
19	IP, Clare 1:35.50 (1:35.50)	Mercersburg Academy 1:50.36 (3:25.85) 1:54.51 (5:20.35) 1:50.64 (7:10.99)	7:10.99		2(7)	
20	MILIARAS, CiCi 1:35.06 (1:35.06)	Potomac (McLean VA) 1:54.49 (3:29.54) 1:57.08 (5:26.62) 1:49.09 (7:15.70)	7:15.70		1(13)	
21	ROBBINS, Rachel 1:38.99 (1:38.99)	Potomac (McLean VA) 2:00.26 (3:39.24) 2:03.79 (5:43.03) 2:01.09 (7:44.12)	7:44.12		2(8)	

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**RESULTS****#5 Girls 1600 Meters (cont'd)**

PI	Name	Team	Time	Note	H(PI)	Pts
	BRITTIN, Isabel	Potomac (McLean VA)	DNS		2	

**#6 Boys 1600 Meters**

PI	Name	Team	Time	Note	H(PI)	Pts
	HAKIM-FLORIAN, Asim	Landon	4:48.80		1	10
	1:13.70 (1:13.70)	1:11.87 (2:25.56)	1:12.52 (3:38.07)	1:10.73 (4:48.80)		
	MINSKY, Sasha	Potomac (McLean VA)	4:49.06		1	8
	1:14.11 (1:14.11)	1:11.81 (2:25.92)	1:12.61 (3:38.53)	1:10.54 (4:49.06)		
	KAVANAGH, Teddy	Georgetown Prep	4:52.32		1	6
	1:14.43 (1:14.43)	1:12.42 (2:26.84)	1:14.26 (3:41.09)	1:11.23 (4:52.32)		
	SULLIVAN, Jack	Georgetown Prep	4:54.36		1	4
	()	2:27.638 ()	1:15.59 (3:43.23)	1:11.14 (4:54.36)		
	SYPAL, Joseph	The Heights	4:55.78		1	2
	1:14.77 (1:14.77)	1:15.34 (2:30.10)	1:13.62 (3:43.72)	1:12.07 (4:55.78)		
	MANGINO, Jack	Landon	5:00.53		1	1
	1:13.23 (1:13.23)	1:10.58 (2:23.81)	1:15.67 (3:39.47)	1:21.06 (5:00.53)		
	SMITH, Cole	Mercersburg Academy	5:08.41		2(1)	
	1:10.63 (1:10.63)	1:20.18 (2:30.80)	1:20.86 (3:51.66)	1:16.76 (5:08.41)		
	B EGLIS, Damien	The Heights	5:08.61		2(2)	
	1:12.06 (1:12.06)	1:21.32 (2:33.37)	1:24.08 (3:57.45)	1:11.17 (5:08.61)		
	SINGER, Felipe	Georgetown Prep	5:10.10		1	
	1:16.13 (1:16.13)	1:19.80 (2:35.93)	1:21.57 (3:57.49)	1:12.62 (5:10.10)		
	DILLER, David	The Heights	5:11.67		2(3)	
	1:10.81 (1:10.81)	1:19.07 (2:29.87)	1:22.15 (3:52.01)	1:19.67 (5:11.67)		
	CRUIKSHANK, Jake	Mercersburg Academy	5:11.91		1	
	1:16.40 (1:16.40)	1:21.03 (2:37.43)	1:20.34 (3:57.76)	1:14.16 (5:11.91)		
	BERRY, Jonathan	The Heights	5:13.50		2(4)	
	1:11.37 (1:11.37)	1:19.30 (2:30.67)	1:25.11 (3:55.77)	1:17.73 (5:13.50)		
	KNESTOUT, Luke	Georgetown Prep	5:15.20		1	
	1:16.50 (1:16.50)	1:20.62 (2:37.11)	1:21.84 (3:58.95)	1:16.25 (5:15.20)		
	WATKINS, Winston	Mercersburg Academy	5:15.32		1	
	1:16.71 (1:16.71)	1:21.85 (2:38.56)	1:20.62 (3:59.17)	1:16.16 (5:15.32)		
	O'LOONEY, Wren	Georgetown Prep	5:15.81		2(5)	
	1:14.12 (1:14.12)	1:22.72 (2:36.83)	1:19.98 (3:56.81)	1:19.00 (5:15.81)		
	STIFFLER, Dylan	Mercersburg Academy	5:20.85		1	
	TERRIS, Joshua	Mercersburg Academy	5:27.41		1	
	1:19.06 (1:19.06)	1:24.37 (2:43.43)	1:25.62 (4:09.04)	1:18.37 (5:27.41)		
	HASTINGS, Dawson	Mercersburg Academy	5:29.64		2(6)	
	1:11.73 (1:11.73)	1:20.96 (2:32.69)	1:26.84 (3:59.52)	1:30.12 (5:29.64)		
	GARON, Max	Sidwell Friends	5:33.04		1	
	ALMONTE, Javier	Potomac (McLean VA)	5:34.51		2(7)	
	1:16.88 (1:16.88)	1:26.04 (2:42.92)	1:28.32 (4:11.24)	1:23.28 (5:34.51)		
	CRNKOVICH, Michael	The Heights	5:42.70		2(8)	
	1:18.54 (1:18.54)	1:28.32 (2:46.86)	1:29.17 (4:16.03)	1:26.68 (5:42.70)		
	NAGOSKI, Finn	Potomac (McLean VA)	6:55.35		2(9)	
	1:29.40 (1:29.40)	1:49.64 (3:19.04)	1:50.67 (5:09.70)	1:45.66 (6:55.35)		

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**RESULTS****#6 Boys 1600 Meters (cont'd)**

Pl	Name	Team	Time	Note	H(Pl)	Pts
	YAQOUBY, Milad	Potomac (McLean VA)	DNS		2	
	RAVITZ, Aaron	Landon	DNS		2	
	KANE, Matthew	The Heights	DNS		2	

**#7 Girls 400 Meters**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	GREGORY, Ava	Sidwell Friends	1:03.38		1(1)	10
2	ROLPH, Kayla	Potomac (McLean VA)	1:07.98		1(2)	8
3	LU, Elizabeth	Potomac (McLean VA)	1:09.57		1(3)	6
4	SHEARER, Elizabeth	Georgetown Visitation Prep	1:09.71		1(4)	4
5	SCHNEIDER, Madeline	Stone Ridge Sacred Heart	1:11.35		1(5)	2
6	CHRETIEN, Jolie	Georgetown Visitation Prep	1:11.95		2(1)	1
7	GARZA GUTIERREZ, Andrea	Mercersburg Academy	1:15.73		2(2)	
8	JASINSKI, Maren	Academy Of The Holy Cros	1:16.88		2(3)	
9	ZIMMERMAN, Ava	Academy Of The Holy Cros	1:16.91		2(4)	
10	KRIZAN-LUQUE, Alegria	Academy Of The Holy Cros	1:21.14		3(1)	
11	LEE, Alyssa	Mercersburg Academy	1:21.88		3(2)	
12	HALL, Elliott	Academy Of The Holy Cros	1:28.17		2(5)	
13	FLAIM, Elena	Academy Of The Holy Cros	1:30.64		3(3)	
	FULGHAM, Mackenzie	Potomac (McLean VA)	DNS		1	
	OVERDECK, Tenley	Potomac (McLean VA)	DNS		1	
	COLE, Kendra	Academy Of The Holy Cros	DNS		2	
	THOMAS, Sara	Academy Of The Holy Cros	DNS		2	
	MAHONEY, Katie	Connelly School of the Holy	DNS		3	

**#8 Boys 400 Meters**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	ALAWODE, Kunle	Sidwell Friends	53.15		1(1)	10
2	CAMERON, Zachary	Landon	54.09		1(2)	8
3	AKIYAMA, Ken	Mercersburg Academy	55.59		3(1)	6
4	LANHAM, Blake	The Heights	55.87		1(3)	4
5	GARY, Clayton	Sidwell Friends	56.48		1(4)	2
6	FRERICHS, Zeke	Unattached	56.54		3(2)	
7	ATAYI, Nathaniel	Georgetown Prep	56.65		1(5)	1
8	FERGUSON, Joseph	The Heights	57.06		2(1)	
9	UGORI, Chuks	Mercersburg Academy	57.78		2(2)	
10	WESS, Sebastian	Sidwell Friends	59.87		2(3)	
11	RIOS, Adrian	Mercersburg Academy	1:00.40		3(3)	
12	LEE, Victor	Potomac (McLean VA)	1:01.36		2(4)	
13	ZUSCIN, Rutger	Landon	1:01.87		3(4)	
14	ROBISON, Leo	Sidwell Friends	1:02.54		2(5)	
15	MONCUR, James	Landon	1:03.16		3(5)	
16	KIM, Ian	Mercersburg Academy	1:05.22		3(6)	
17	WARD, Trevor	Sidwell Friends	1:05.40		2(6)	
18	CUSICANQUI, Sulayman	Sidwell Friends	1:08.50		2(7)	
	NAVARRO, Dominic	The Heights	DNS		1	

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**RESULTS****#8 Boys 400 Meters (cont'd)**

Pl	Name	Team	Time	Note	H(Pl)	Pts
	RISTU, Ethan	Georgetown Prep	DNS		1	

**#9 Girls 100 Meters**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	SADLER, Ashley	Stone Ridge Sacred Heart	12.93		(+0.9) 1(1)	10
2	ARGYROS, Christina	Academy Of The Holy Cros	13.53		(+0.9) 1(2)	8
3	LILLY, Kisa	Connelly School of the Holy	13.96		(-0.8) 6(1)	6
4	ALLEN, Mary	Academy Of The Holy Cros	14.05		(+0.9) 1(3)	4
5	ALSOBROOKS-LANEY, Alexandra	Georgetown Visitation Prep	14.14		(+0.9) 1(4)	2
6	STARKE, Magdalena	Academy Of The Holy Cros	14.20		(+2.7) 3(1)	1
7	TSAI, Nora	Sidwell Friends	14.21		(+0.9) 1(5)	
8	MANTHEI, Sophia	Connelly School of the Holy	14.24		(+0.8) 7(1)	
9	NASSIRY, Annica	Sidwell Friends	14.26		(-0.1) 2(1)	
10	AFOKE, Samaa	Academy Of The Holy Cros	14.29		(+0.9) 1(6)	
11	LINKINS, Zoe	Connelly School of the Holy	14.30		(+0.8) 7(2)	
12	DAVIS, Alexandra	Potomac (McLean VA)	14.37		(+2.7) 3(2)	
13	ROSSI, Elena	Georgetown Visitation Prep	14.42		(-0.1) 2(2)	
14	KRILLA, Charlotte	Potomac (McLean VA)	14.51		(-0.8) 6(2)	
15	ELEKWACHI, Chika	Academy Of The Holy Cros	14.62		(+2.7) 3(3)	
16	GENTRY TUNEY, Leah	Mercersburg Academy	14.63		(-0.8) 6(3)	
17	CHARLESTON, Naica	Stone Ridge Sacred Heart	14.67		(+2.7) 3(4)	
18	HERRERA, Ankara	Connelly School of the Holy	14.71		(+0.8) 7(3)	
19	GEORGE, Devan	Connelly School of the Holy	14.92		(-0.1) 5(1)	
20	HOWELL, Katiushka	Academy Of The Holy Cros	14.96		(-1.5) 4(1)	
21	COWLEY, Caroline	Potomac (McLean VA)	15.05		(-0.8) 6(4)	
22	PENN, McKenzie	Stone Ridge Sacred Heart	15.11		(+0.9) 1(7)	
23	KIM, Isabella	Georgetown Visitation Prep	15.12		(-0.1) 2(3)	
24	WHIG, Ashwin	Stone Ridge Sacred Heart	15.26		(-0.1) 2(4)	
25	MAHONEY, Katie	Connelly School of the Holy	15.28		(-0.1) 5(2)	
26	BORNO, Trinity	Georgetown Visitation Prep	15.33		(+2.7) 3(5)	
27	MOSHI, Indira	Mercersburg Academy	15.41		(+0.8) 7(4)	
28	JONES, Anna	Connelly School of the Holy	15.66		(-0.1) 5(3)	
29	MOORE, Kyla	Mercersburg Academy	15.67		(-0.8) 6(5)	
30	PIERCE, Madison	Academy Of The Holy Cros	15.80		(-1.5) 4(2)	
31	KRILLA, Sami	Potomac (McLean VA)	15.81		(-0.1) 5(4)	
32	CONWAY-WRIGHT, Kay'lah	Academy Of The Holy Cros	15.85	15.844	(+2.7) 3(6)	
33	ARRINGTON, Simone	Sidwell Friends	15.85	15.849	(-0.1) 2(5)	
34	UKO, Faith	Connelly School of the Holy	16.02		(-0.1) 5(5)	
35	GARAYTA, Reese	Connelly School of the Holy	16.14		(+0.8) 7(5)	
36	NKOP, Comfort	Sidwell Friends	16.41		(-0.1) 2(6)	
37	DOMINGUEZ, Julianna	Academy Of The Holy Cros	16.69		(+0.8) 7(6)	
38	JACKSON, Desiree	Stone Ridge Sacred Heart	16.72		(-1.5) 4(3)	
39	SAAD, Maya	Stone Ridge Sacred Heart	17.03		(+2.7) 3(7)	
40	ATTAGBA, Destiny	Potomac (McLean VA)	17.05		(-0.1) 5(6)	
41	FREEMAN, Patricia	Academy Of The Holy Cros	17.22		(-1.5) 4(4)	
42	SAVUKINAS, Jillian	Academy Of The Holy Cros	18.09		(-1.5) 4(5)	

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43	CONROY, Nicole	Academy Of The Holy Cros	23.22		(-0.1)	5(7)
	CONWAY, Tahlia	Georgetown Visitation Prep	DNS			2
	PETRAGNANI, Diana	Academy Of The Holy Cros	DNS			4
	GALLAGHER, Caroline	Stone Ridge Sacred Heart	DNS			4
	IDONIBOYE, Lea	Connelly School of the Holy	DNS			6
	MCLAUGHLIN, Marisol	Connelly School of the Holy	DNS			6
	ESQUENET, Eulalia	Connelly School of the Holy	DNS			7

**#10 Boys 100 Meters**

PI	Name	Team	Time	Note	H(PI)	Pts
1	MARSHALL, Trevon	Georgetown Prep	11.44		(-0.9)	1(1) 10
2	WATSON, Chris	Mercersburg Academy	11.66		(-0.9)	1(2) 8
3	PHILLIPS, Reed	Landon	12.03		(+1.3)	4(1) 6
4	COLEMAN, Joseph	Landon	12.13		(-0.9)	1(3) 4
5	SWIFT, William	Landon	12.22		(+1.3)	4(2) 2
6	OGUNLADE, Bayo	Landon	12.24		(+1.3)	4(3) 1
7	SLEWION, Joel	Georgetown Prep	12.47		(+0.8)	3(1)
8	GREENSPAN, Sam	Sidwell Friends	12.50		(+0.8)	3(2)
9	PALAZZO, Nick	Georgetown Prep	12.51		(-0.9)	1(4)
10	DAIS, Donovan	Potomac (McLean VA)	12.52		(-0.9)	1(5)
11	LEVY, William	Landon	12.53		(+0.8)	3(3)
12	OLUSANYA, Layi	Mercersburg Academy	12.57		(+0.8)	3(4)
13	LAFORCE, Hudson	Potomac (McLean VA)	12.62		(-1.3)	2(1)
14	EMERSON, Kevin	Georgetown Prep	12.64		(-0.9)	1(6)
15	HERBERT, Joshua	Landon	12.83		(-1.3)	2(2)
16	LAVU, Avi	Georgetown Prep	12.84		(-1.3)	2(3)
17	BUDD, Dashiell	Potomac (McLean VA)	13.04		(+1.3)	4(4)
18	STREETER, Malachi	Georgetown Prep	13.23		(-1.3)	2(4)
19	MARELLI, Daniel	Sidwell Friends	13.37		(+0.8)	3(5)
20	RYAN, Pierce	Landon	13.55		(+1.3)	4(5)
21	SCHWARTZ, Daniel	Sidwell Friends	13.59		(+0.8)	3(6)
22	BAO, Fred	Sidwell Friends	13.80		(-1.3)	2(5)
23	FAYER, Brian	Georgetown Prep	13.90		(-1.3)	2(6)
24	ATAYI, Joshua	Georgetown Prep	14.03		(+0.8)	3(7)
25	AKWARA, Anthony	Landon	14.38		(+1.3)	4(6)
	BALUMUENE, Joe	The Heights	DNS			1
	BROWN, Chase	Sidwell Friends	DNS			2

**#11 Girls 800 Meters**

PI	Name	Team	Time	Note	H(PI)	Pts
1	KELLY, Vivian	Georgetown Visitation Prep	2:26.46		1(1)	10
	1:12.84 (1:12.84)		1:13.63 (2:26.46)			
2	GRANT, Lili	Georgetown Visitation Prep	2:27.23		1(2)	8
	1:13.68 (1:13.68)		1:13.55 (2:27.23)			
3	SEHON, Anne	Mercersburg Academy	2:27.71		1(3)	6
	1:14.60 (1:14.60)		1:13.12 (2:27.71)			

**LANDON HOME MEET - 4-2-22**

Bethesda, MD  
 Landon School  
 Host: Landon School  
 Saturday, April 2, 2022

**MEET OFFICIALS**

**Meet Director:**  
 Addison Hunt  
**Timing:**  
 Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

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**RESULTS****#11 Girls 800 Meters (cont'd)**

Pl	Name	Team	Time	Note	H(Pl)	Pts
4	BONNER, Helen 1:14.67 (1:14.67) 1:13.08 (2:27.75)	Georgetown Visitation Prep	2:27.75		1(4)	4
5	CONCORDIA, Susan 1:17.24 (1:17.24) 1:17.87 (2:35.11)	Mercersburg Academy	2:35.11		1(5)	2
6	PALMERINO, Lily 1:14.35 (1:14.35) 1:20.89 (2:35.24)	Sidwell Friends	2:35.24		1(6)	1
7	CAVE, Louisa 1:16.33 (1:16.33) 1:19.82 (2:36.15)	Georgetown Visitation Prep	2:36.15		1(7)	
8	DE LA VEGA-RODRIQUEZ, Lilah 1:16.42 (1:16.42) 1:20.91 (2:37.33)	Georgetown Visitation Prep	2:37.33		1(8)	
9	CAMPBELL, Ellie 1:16.66 (1:16.66) 1:21.04 (2:37.69)	Georgetown Visitation Prep	2:37.69		1(9)	
10	MCCARTHY, Virginia 1:18.03 (1:18.03) 1:23.45 (2:41.48)	Georgetown Visitation Prep	2:41.48		1(10)	
11	HODGES, Jill 1:17.13 (1:17.13) 1:26.96 (2:44.09)	Georgetown Visitation Prep	2:44.09		1(11)	
12	LATURE VERELLA, Fredjina 1:19.54 (1:19.54) 1:26.24 (2:45.77)	Academy Of The Holy Cros	2:45.77		2(1)	
13	NIEPOLD, Anna 1:22.08 (1:22.08) 1:23.77 (2:45.84)	Stone Ridge Sacred Heart	2:45.84		1(12)	
14	STACK, Mallory 1:18.55 (1:18.55) 1:29.54 (2:48.09)	Sidwell Friends	2:48.09		2(2)	
15	JONES, Alessia 1:27.61 (1:27.61) 1:21.76 (2:49.36)	Stone Ridge Sacred Heart	2:49.36		2(3)	
16	MOORE, Cameron 1:23.57 (1:23.57) 1:27.62 (2:51.18)	Stone Ridge Sacred Heart	2:51.18		1(13)	
17	PLA, Isabella 1:26.59 (1:26.59) 1:24.99 (2:51.58)	Academy Of The Holy Cros	2:51.58		2(4)	
18	VIELA, Natalia 1:19.77 (1:19.77) 1:33.58 (2:53.34)	Potomac (McLean VA)	2:53.34		2(5)	
19	INGOGLIA, Giovana 1:27.22 (1:27.22) 1:27.14 (2:54.36)	Stone Ridge Sacred Heart	2:54.36		2(6)	
20	BALAGUER, Caitlin 1:27.67 (1:27.67) 1:28.17 (2:55.83)	Academy Of The Holy Cros	2:55.83		2(7)	
21	BORKOWSKI, Kate 1:24.37 (1:24.37) 1:31.76 (2:56.13)	Sidwell Friends	2:56.13		2(8)	
22	AGUILA, Alessandra 1:32.76 (1:32.76) 1:38.98 (3:11.74)	Academy Of The Holy Cros	3:11.74		2(9)	
23	KELSO, Abby 1:35.36 (1:35.36) 1:41.46 (3:16.82)	Sidwell Friends	3:16.82		2(10)	
24	SUNDERMAN, Elena 1:37.80 (1:37.80) 1:41.19 (3:18.98)	Academy Of The Holy Cros	3:18.98		2(11)	
25	MARZILLI, Rae 1:30.59 (1:30.59) 1:51.19 (3:21.78)	Sidwell Friends	3:21.78		2(12)	
26	ENADALE, Nuna 1:34.74 (1:34.74) 1:48.25 (3:22.98)	Potomac (McLean VA)	3:22.98		2(13)	

**LANDON HOME MEET - 4-2-22**

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**RESULTS****#11 Girls 800 Meters (cont'd)**

Pl	Name	Team	Time	Note	H(Pl)	Pts
	PHILLIPS, Maia	Potomac (McLean VA)	DNS		1	
	THOMAS, Sara	Academy Of The Holy Cros	DNS		2	

**#12 Boys 800 Meters**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	ORTMANS, Charlie 58.74 (58.74) 1:02.45 (2:01.18)	Potomac (McLean VA)	2:01.18		1(1)	10
2	COHEN, Samuel 59.03 (59.03) 1:04.51 (2:03.53)	Landon	2:03.53		1(2)	8
3	CRISP, Michael 59.25 (59.25) 1:05.62 (2:04.87)	Georgetown Prep	2:04.87		1(3)	6
4	LORENGER, Mick 1:04.00 (1:04.00) 1:05.47 (2:09.47)	Mercersburg Academy	2:09.47		1(4)	4
5	HOLDEN, Lucas 1:07.00 (1:07.00) 1:07.06 (2:14.05)	Sidwell Friends	2:14.05		1(5)	2
6	GARZA GUTIERREZ, Pablo 1:05.54 (1:05.54) 1:09.15 (2:14.68)	Mercersburg Academy	2:14.68		1(6)	1
7	HAMILTON, Brannon 1:07.91 (1:07.91) 1:07.46 (2:15.37)	Landon	2:15.37		2(1)	
8	MATTHEWS, Alex 1:05.01 (1:05.01) 1:10.54 (2:15.54)	Potomac (McLean VA)	2:15.54		1(7)	
9	METCALF, Collin 1:05.31 (1:05.31) 1:10.57 (2:15.87)	Mercersburg Academy	2:15.87		1(8)	
10	DALVA-BAIRD, Zach 1:08.45 (1:08.45) 1:07.96 (2:16.40)	Potomac (McLean VA)	2:16.40		1(9)	
11	SINGH, Jaden 1:05.27 (1:05.27) 1:12.72 (2:17.98)	Sidwell Friends	2:17.98		1(10)	
12	VITZ, Simon 1:09.94 (1:09.94) 1:10.76 (2:20.70)	The Heights	2:20.70		2(2)	
13	COONEY, Peter 1:09.29 (1:09.29) 1:12.11 (2:21.39)	The Heights	2:21.39		2(3)	
14	BROW, Matt 1:11.34 (1:11.34) 1:10.52 (2:21.85)	Potomac (McLean VA)	2:21.85		2(4)	
15	BURKE, Sean 1:08.88 (1:08.88) 1:13.36 (2:22.23)	The Heights	2:22.23		2(5)	
16	AN, Justin 1:10.89 (1:10.89) 1:12.16 (2:23.04)	Mercersburg Academy	2:23.04		2(6)	
17	KANE, Matthew 1:11.21 (1:11.21) 1:14.19 (2:25.40)	The Heights	2:25.40		2(7)	
18	CHANDER, Milan 1:11.45 (1:11.45) 1:14.17 (2:25.61)	Sidwell Friends	2:25.61		2(8)	
19	MATSUI, Robby 1:11.50 (1:11.50) 1:15.28 (2:26.78)	Sidwell Friends	2:26.78		2(9)	
20	AKSAKAL, Gabe 1:09.65 (1:09.65) 1:18.79 (2:28.44)	Sidwell Friends	2:28.44		1(11)	
21	BURKHARDT, Thomas	Mercersburg Academy	2:31.81		2(10)	



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**RESULTS****#12 Boys 800 Meters (cont'd)**

PI	Name	Team	Time	Note	H(PI)	Pts
	1:14.68 (1:14.68)		1:17.13 (2:31.81)			
22	DELEIRE, Cole	Georgetown Prep	2:33.67		2(11)	
	1:13.76 (1:13.76)		1:19.92 (2:33.67)			
23	HE, Alan	Mercersburg Academy	2:40.76		2(12)	
	1:12.20 (1:12.20)		1:28.57 (2:40.76)			
24	GARCIA, Julian	The Heights	2:46.24		2(13)	
	1:17.78 (1:17.78)		1:28.47 (2:46.24)			
25	MUHAT, Aidan	Potomac (McLean VA)	2:56.28		2(14)	
	1:22.17 (1:22.17)		1:34.11 (2:56.28)			
	MCGRATH, Flynn	Sidwell Friends	DNS		1	
	ALAWODE, Kunle	Sidwell Friends	DNS		1	
	O'LOONEY, Wren	Georgetown Prep	DNS		2	

**#13 Girls 300m Hurdles**

PI	Name	Team	Time	Note	H(PI)	Pts
1	KING, Hannah	Mercersburg Academy	52.74		1(1)	10
2	BYRD, Brianna	Academy Of The Holy Cros	55.11		1(2)	8
3	ISLAND, Becky	Georgetown Visitation Prep	55.97		1(3)	6
4	STUMPF, Maya	Georgetown Visitation Prep	57.81		1(4)	4
5	ASSEFA, Leyat	Academy Of The Holy Cros	1:01.15		2(1)	2
6	WILSON, Zoe	Academy Of The Holy Cros	1:07.17		2(2)	1
7	BRYANT, Angel	Academy Of The Holy Cros	1:09.32		2(3)	
	MEALE, Mira	Georgetown Visitation Prep	DNS		1	

**#14 Boys 300m Hurdles**

PI	Name	Team	Time	Note	H(PI)	Pts
1	BORJA, Lukas	Sidwell Friends	43.86		1(1)	10
2	KALISH, Ari	Landon	45.14		2(1)	8
3	NOLDE, Kit	Sidwell Friends	45.73		1(2)	6
4	WALKER, Holden	Mercersburg Academy	52.24		2(2)	4
5	PARK, Derrick	Mercersburg Academy	52.66		1(3)	2
6	TROSTLE, Drew	Mercersburg Academy	53.68		1(4)	1
7	TURNER, Clay	Potomac (McLean VA)	57.57		2(3)	
	YAHAYA, Haris	Mercersburg Academy	DNS		1	

**#15 Girls 200 Meters**

PI	Name	Team	Time	Note	H(PI)	Pts
1	SADLER, Ashley	Stone Ridge Sacred Heart	26.37		(-0.1) 1(1)	10
2	KIM, Evie	Potomac (McLean VA)	27.74		(-0.1) 1(2)	8
3	LILLY, Kisa	Connelly School of the Holy	28.71		(+3.4) 6(1)	6
4	AFOKE, Samaa	Academy Of The Holy Cros	28.79		(NW) 3(1)	4
5	PICCONATTO, Tea	Potomac (McLean VA)	29.17		(-0.1) 1(3)	2
6	WIGGINS, Lauren	Georgetown Visitation Prep	29.20	29.191	(NW) 3(2)	1
7	NASSIRY, Annica	Sidwell Friends	29.20	29.199	(-0.1) 2(1)	
8	STARKES, Magdalena	Academy Of The Holy Cros	29.24		(NW) 3(3)	
9	TSO SOWAH, Erika	Mercersburg Academy	29.25		(-0.1) 2(2)	

**LANDON HOME MEET - 4-2-22**

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**RESULTS****#15 Girls 200 Meters (cont'd)**

Pl	Name	Team	Time	Note	H(Pl)	Pts
10	TSAI, Nora	Sidwell Friends	29.29		(-0.1)	1(4)
11	ROSSI, Elena	Georgetown Visitation Prep	29.31		(-0.1)	2(3)
12	MANTHEI, Sophia	Connelly School of the Holy	29.38		(+3.4)	6(2)
13	ROLPH, Kayla	Potomac (McLean VA)	29.69		(-0.1)	2(4)
14	PERSON, Emma	Stone Ridge Sacred Heart	29.77		(-0.1)	2(5)
15	GAWLIK, Michelle	Academy Of The Holy Cros	30.13		(-0.3)	8(1)
16	LINKINS, Zoe	Connelly School of the Holy	30.65		(+3.4)	6(3)
17	HOWELL, Katiushka	Academy Of The Holy Cros	30.72		(+2.5)	4(1)
18	ELEKWACHI, Chika	Academy Of The Holy Cros	30.89		(-0.1)	2(6)
19	MEDLEY, Maia	Georgetown Visitation Prep	30.92		(NW)	3(4)
20	ROBEY, Caroline	Stone Ridge Sacred Heart	31.04		(-0.1)	1(5)
21	KIM, Isabella	Georgetown Visitation Prep	31.22		(-0.1)	1(6)
22	GEORGE, Devan	Connelly School of the Holy	31.49	31.481	(-0.3)	8(2)
23	COON, Haley	Potomac (McLean VA)	31.49	31.487	(+0.2)	7(1)
24	PENN, McKenzie	Stone Ridge Sacred Heart	31.75		(+2.5)	5(1)
25	JASINSKI, Maren	Academy Of The Holy Cros	32.00		(+2.5)	4(2)
26	HERRERA, Ankara	Connelly School of the Holy	32.04		(+3.4)	6(4)
27	MOORE, Kyla	Mercersburg Academy	32.19		(NW)	3(5)
28	MOSHI, Indira	Mercersburg Academy	32.31		(+2.5)	4(3)
29	ZIMMERMAN, Ava	Academy Of The Holy Cros	32.55		(+2.5)	4(4)
30	ARRINGTON, Simone	Sidwell Friends	33.01		(-0.1)	2(7)
31	GARZA GUTIERREZ, Andrea	Mercersburg Academy	33.12	33.112	(NW)	3(6)
31	HILLIARD, Lauren	Potomac (McLean VA)	33.12	33.112	(+0.2)	7(2)
33	PIERCE, Madison	Academy Of The Holy Cros	33.52		(+2.5)	4(5)
34	GARAYTA, Reese	Connelly School of the Holy	33.88		(-0.3)	8(3)
35	NKOP, Comfort	Sidwell Friends	34.49		(NW)	3(7)
36	FREEMAN, Patricia	Academy Of The Holy Cros	35.01		(+2.5)	5(2)
37	KNIGHT, Cami	Connelly School of the Holy	35.14		(+3.4)	6(5)
38	UKO, Faith	Connelly School of the Holy	35.22		(-0.3)	8(4)
39	CONWAY-WRIGHT, Kay'lah	Academy Of The Holy Cros	35.30		(+2.5)	5(3)
40	HALL, Elliott	Academy Of The Holy Cros	35.89		(+2.5)	5(4)
41	SAVUKINAS, Jillian	Academy Of The Holy Cros	39.32		(+2.5)	5(5)
42	FLAIM, Elena	Academy Of The Holy Cros	39.74		(+2.5)	5(6)
	HALLAM, Diane	Potomac (McLean VA)	DNS			1
	COLE, Kendra	Academy Of The Holy Cros	DNS			4
	PETRAGNANI, Diana	Academy Of The Holy Cros	DNS			4
	ESQUENET, Eulalia	Connelly School of the Holy	DNS			5
	JONES, Anna	Connelly School of the Holy	DNS			6
	MAHONEY, Katie	Connelly School of the Holy	DNS			6
	IDONIBOYE, Lea	Connelly School of the Holy	DNS			7
	MCLAUGHLIN, Marisol	Connelly School of the Holy	DNS			7
	MONROE, Linden	Connelly School of the Holy	DNS			7
	COWLEY, Caroline	Potomac (McLean VA)	DNS			7

**LANDON HOME MEET - 4-2-22**

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**MEET OFFICIALS**

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**RESULTS****#16 Boys 200 Meters**

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	WATSON, Chris	Mercersburg Academy	23.51		(+1.2) 1(1)	10
2	PHILLIPS, Carter	Landon	23.78		(+1.2) 1(2)	8
3	GRISWOLD, Cole	Potomac (McLean VA)	23.97		(+1.2) 1(3)	6
4	PALAZZO, Nick	Georgetown Prep	24.24		(+1.9) 2(1)	4
5	BABCOCK, Jason	Sidwell Friends	24.96		(+1.9) 2(2)	2
6	HARVEY, Jake	Sidwell Friends	24.98		(+1.2) 1(4)	1
7	NWOSU, Nnamdi	Sidwell Friends	25.01		(+1.9) 2(3)	
8	SLEWION, Joel	Georgetown Prep	25.06		(+0.5) 3(1)	
9	ELLWOOD, Ben	Landon	25.19		(+1.9) 2(4)	
10	ATAYI, Nathaniel	Georgetown Prep	25.39		(+1.9) 2(5)	
11	AKIYAMA, Ken	Mercersburg Academy	25.45		(-1.4) 5(1)	
12	DAIS, Donovan	Potomac (McLean VA)	25.61		(-0.3) 4(1)	
13	EMERSON, Kevin	Georgetown Prep	25.76		(+1.9) 2(6)	
14	EDDINGS, CJ	Sidwell Friends	25.78		(+1.2) 1(5)	
15	REHFIELD, Aidan	The Heights	25.81		(-0.3) 4(2)	
16	LAVU, Avi	Georgetown Prep	25.88		(+0.5) 3(2)	
17	CUI, Donhee	Georgetown Prep	26.40		(+0.5) 3(3)	
18	OLUSANYA, Layi	Mercersburg Academy	26.41		(-1.4) 5(2)	
19	DRAKES, Jermaine	Landon	26.53		(+0.5) 3(4)	
20	MONROY, Erick	The Heights	26.66		(-0.3) 4(3)	
21	RISTU, Ethan	Georgetown Prep	26.93		(-0.3) 4(4)	
22	WHITE, Burton	Sidwell Friends	27.35		(+1.9) 2(7)	
23	RIOS, Adrian	Mercersburg Academy	27.84		(-1.4) 5(3)	
24	STREETER, Malachi	Georgetown Prep	28.44		(+0.5) 3(5)	
25	FAYER, Brian	Georgetown Prep	28.97		(-0.3) 4(5)	
26	SYED, Arman	Sidwell Friends	31.32		(+0.5) 3(6)	
	MARSHALL, Trevon	Georgetown Prep	DNS			1
	KNOX, Jackson	Landon	DNS			1
	HERBERT, Joshua	Landon	DNS			3
	CHAMBERS, Micah	The Heights	DNS			4
	ATAYI, Joshua	Georgetown Prep	DNS			4

**#17 Girls 3200 Meters**

Pl	Name	Team	Time	Note	Pts
1	KOUYOUUMDIAM, Arielle	Potomac (McLean VA)	12:27.96		10
2	AGOLINI, Olivia	Potomac (McLean VA)	13:21.40		8
3	MCGRAW, Macie	Sidwell Friends	13:34.45		6
4	CHOI, Kate	Potomac (McLean VA)	13:40.70		4
5	ZHAO, Grace	Sidwell Friends	14:47.66		2
6	ZHAO, Irene	Sidwell Friends	14:56.12		1
	EXLEY, Reagan	Potomac (McLean VA)	DNS		

**#18 Boys 3200 Meters**

Pl	Name	Team	Time	Note	Pts
1	SULLIVAN, Jack	Georgetown Prep	10:40.19		10

**LANDON HOME MEET - 4-2-22**

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**RESULTS****#18 Boys 3200 Meters (cont'd)**

Pl	Name	Team	Time	Note	Pts
2	MCGRATH, Flynn	Sidwell Friends	10:52.50		8
3	CONNOLLY, Patrick	The Heights	11:20.54		6
4	ZELDES, Max	Potomac (McLean VA)	11:25.24		4
5	ZUBLER, Greg	Potomac (McLean VA)	11:30.57		2
6	SHAH, Sajan	Sidwell Friends	11:33.71		1
7	KOCHENDERFER, Nathaniel	Sidwell Friends	12:25.26		
8	ALTSCHULER, Noah	Potomac (McLean VA)	12:37.88		

**#19 Boys 4 x 400m Relay**

Pl	Team	Time	Note	Pts
1	Landon (A)	3:44.91		10
2	Georgetown Prep (A)	3:44.99		8
3	Potomac (McLean VA) (A)	3:49.64		6
4	Mercersburg Academy (A)	3:50.57		4
5	Sidwell Friends (A)	4:02.70		2
6	Georgetown Prep (B)	4:06.36		1
7	Mercersburg Academy (B)	4:07.78		
8	Mercersburg Academy (C)	4:13.82		
9	Sidwell Friends (B)	4:14.36		
10	Mercersburg Academy (D)	4:20.38		

**#20 Girls 4 x 400m Relay**

Pl	Team	Time	Note	Pts
1	Georgetown Visitation Prep (A)	4:16.86		10
2	Georgetown Visitation Prep (B)	4:28.77		8
3	Mercersburg Academy (A)	4:32.11		6
4	Academy Of The Holy Cross (A)	4:38.04		4
5	Mercersburg Academy (B)	4:52.14		2
6	Sidwell Friends (A)	4:56.75		1
7	Academy Of The Holy Cross (B)	5:12.77		
8	Academy Of The Holy Cross (C)	5:34.21		

**#21 Boys High Jump**

Pl	Name	Team	Mark	4' 8"	4' 10"	5' 0"	5' 2"	5' 4"	5' 6"	5' 8"	5' 10"	6' 0"	Pts
1	METCALF, Collin	Mercersburg Acad	5' 10"	O	XO	O	O	O	XO	XO	O	XXX	10
2	MARSHALL, Trevon	Georgetown Prep	5' 8"	P	P	P	P	XO	XXO	O	XXX		8
3	FRERICHS, Zeke	Unattached	5' 2"	XO	XO	O	O	XXX					
4	BURIANEK, Tomas	Mercersburg Acad	5' 0"	O	O	XO	XXX						6
5	WHITE, Burton	Sidwell Friends	4' 10"	XO	XO	XXX							4
	ZUSCIN, Rutger	Landon	NH										
	PHILLIPS, Reed	Landon	NH										
	MANGINO, Jack	Landon	NH										

# LANDON HOME MEET - 4-2-22

Bethesda, MD  
Landon School  
Host: Landon School  
Saturday, April 2, 2022

## MEET OFFICIALS

Meet Director:  
Addison Hunt  
Timing:  
Windsor Running, LLC



WINDSORRUNNING

### OFFICIAL MEET REPORT

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# RESULTS

## #22 Girls High Jump

Pl	Name	Team	Mark	3' 8"	3' 10"	4' 0"	4' 2"	4' 4"	4' 6"	4' 8"	4' 10"	5' 0"	5' 2"	Pts
1	KING, Hannah	Mercersburg Acad	5' 0"	P	P	P	P	O	O	O	O	O	XXX	10
2	GENTRY TUNEY, Leah	Mercersburg Acad	4' 10"	P	P	O	O	O	O	XO	XO	XXX		8
3	CONWAY, Tahlia	Georgetown Visita	4' 8"	P	P	O	O	XO	O	XO	XXX			6
4	GREGORY, Ava	Sidwell Friends	4' 8"	P	P	P	P	O	O	XXO	XXX			4
5	JO, Shine	Mercersburg Acad	4' 6"	P	P	O	O	O	O	XXX				2
6	STUMPF, Maya	Georgetown Visita	4' 4"	XO	O	XXO	XXO	O	XXX					1
7	MEALE, Mira	Georgetown Visita	4' 2"	O	O	XO	O	XXX						
	DUCKENFIELD, Catherine	Stone Ridge Sacr	NH	XXX										

## #23 Boys Pole Vault

Pl	Name	Team	Mark	5' 0"	6' 0"	7' 0"	8' 0"	Pts
1	DITTMAN, Cy	Mercersburg Acad	7' 0"	O	O	XO	XXX	10
2	AKWARA, Anthony	Landon	6' 0"	O	XO	XXX		8

## #24 Boys Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	WATSON, Chris	Mercersburg Acad	20' 11 1/2"	(NW) 20' 9"	20' 1"	20' 3"	20' 11 1/2"			10
2	GARY, Clayton	Sidwell Friends	20' 1"	(NW) 20' 1"	19' 2"	17' 8"	18' 2"			8
3	HARVEY, Jake	Sidwell Friends	18' 8"	(NW) 18' 7"	18' 2"	FOUL	18' 8"			6
4	FRERICHS, Zeke	Unattached	18' 0 1/2"	(NW) FOUL	17' 5 1/2"	18' 0 1/2"	17' 4 1/2"			
5	OLUSANYA, Layi	Mercersburg Acad	17' 10"	(NW) FOUL	FOUL	17' 10"	16' 7"			4
6	DAIS, Donovan	Potomac (McLean)	17' 9"	(NW) 17' 9"	16' 5"	16' 8 1/2"	16' 11"			2
7	LAVU, Avi	Georgetown Prep	17' 4"	(NW) 16' 4"	16' 9"	17' 4"	15' 1 1/2"			1
8	BURIANEK, Tomas	Mercersburg Acad	16' 9"	(NW) FOUL	16' 9"	FOUL	16' 1"			
9	DRAKES, Jermaine	Landon	16' 9"	(NW) 14' 3 1/2"	16' 9"	FOUL	FOUL			
10	BUDD, Dashiell	Potomac (McLean)	16' 1 1/2"	(NW) 16' 1"	16' 1 1/2"					
11	FAYER, Brian	Georgetown Prep	15' 8 1/2"	(NW) 15' 8 1/2"	15' 1"	14' 1"	14' 8 1/2"			
12	LAFORCE, Hudson	Potomac (McLean)	15' 5"	(NW) 15' 5"	14' 11"					
13	WILLIAMS, Gavin	Landon	9' 8 1/2"	(NW) 9' 8 1/2"						
	COHEN, Samuel	Landon	NM							

## #25 Girls Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	GREGORY, Ava	Sidwell Friends	16' 4"	(NW) 16' 4"	15' 2"	14' 0"	FOUL			10
2	KRILLA, Charlotte	Potomac (McLean)	15' 9"	(NW) FOUL	15' 3"	14' 8"	15' 9"			8
3	ARGYROS, Christina	Academy Of The	14' 3 1/2"	(NW) 12' 2"	13' 0"	14' 3"	14' 3 1/2"			6
4	COWLEY, Caroline	Potomac (McLean)	13' 10"	(NW) 11' 10"	13' 10"	12' 11"	13' 5 1/2"			4
5	TSO SOWAH, Erika	Mercersburg Acad	13' 7"	(NW) 13' 7"	13' 3"	12' 5 1/2"	13' 2"			2
6	DAVIS, Alexandra	Potomac (McLean)	13' 4 1/2"	(NW) FOUL	FOUL	FOUL	13' 4 1/2"			1
7	ALLEN, Mary	Academy Of The	13' 1"	(NW) 10' 2"	10' 9"	12' 7"	13' 1"			
8	GILLIARD, Hannah	Potomac (McLean)	13' 0"	(NW) 12' 8"	13' 0"	FOUL	FOUL			
9	COON, Haley	Potomac (McLean)	13' 0"	(NW) 11' 0 1/2"	12' 0 1/2"	12' 6"	13' 0"			
10	GENTRY TUNEY, Leah	Mercersburg Acad	12' 11"	(NW) FOUL	12' 11"	12' 9"	FOUL			
11	CONWAY, Tahlia	Georgetown Visita	12' 11"	(NW) 12' 0"	12' 4"	12' 11"	12' 3"			

**LANDON HOME MEET - 4-2-22**Bethesda, MD  
Landon School  
Host: Landon School  
Saturday, April 2, 2022**MEET OFFICIALS**Meet Director:  
Addison Hunt  
Timing:  
Windsor Running, LLC**WINDSORRUNNING****OFFICIAL MEET REPORT**

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**RESULTS****#25 Girls Long Jump (cont'd)**

PI Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
12 PALMERINO, Lily	Sidwell Friends	12' 11"	(NW)	12' 4"	11' 6 <sup>1</sup> / <sub>2</sub>	12' 11"	11' 7"			
13 PERSON, Emma	Stone Ridge Sacr	11' 9"	(NW)	11' 3 <sup>1</sup> / <sub>2</sub>	5' 6"	10' 9"	11' 9"			
14 ATTAGBA, Destiny	Potomac (McLean	11' 2"	(NW)	11' 0"	10' 6 <sup>1</sup> / <sub>2</sub>	11' 2"	10' 8"			
15 WIGGINS, Lauren	Georgetown Visita	10' 6 <sup>1</sup> / <sub>2</sub>	(NW)	10' 6 <sup>1</sup> / <sub>2</sub>	10' 2 <sup>1</sup> / <sub>2</sub>	10' 4"	9' 10"			
16 LONKENG, Abigail	Potomac (McLean	7' 7 <sup>1</sup> / <sub>2</sub>	(NW)	FOUL	FOUL	7' 6"	7' 7 <sup>1</sup> / <sub>2</sub>			

**#26 Boys Triple Jump**

PI Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1 LAVU, Avi	Georgetown Prep	36' 11"	(NW)	36' 11"	36' 7"	30' 5"	35' 10"			10
2 BUDD, Dashiell	Potomac (McLean	34' 11"	(NW)	33' 1"	33' 6 <sup>1</sup> / <sub>2</sub>	34' 11"	34' 8"			8
3 DITTMAN, Cy	Mercersburg Acad	34' 7 <sup>1</sup> / <sub>2</sub>	(NW)	FOUL	34' 4 <sup>1</sup> / <sub>2</sub>	34' 7 <sup>1</sup> / <sub>2</sub>	33' 9"			6
COHEN, Samuel	Landon	NM								
DRAKES, Jermaine	Landon	NM								
WILLIAMS, Gavin	Landon	NM								

**#27 Girls Triple Jump**

PI Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1 CONCORDIA, Susan	Mercersburg Acad	31' 9"	(NW)	29' 0"	30' 5"	31' 9"	31' 3"			10
2 TSO SOWAH, Erika	Mercersburg Acad	31' 0 <sup>1</sup> / <sub>2</sub>	(NW)	29' 5"	30' 7"	31' 0 <sup>1</sup> / <sub>2</sub>	29' 10 <sup>1</sup> / <sub>2</sub>			8
PLA, Isabella	Academy Of The	NM		FOUL	FOUL	FOUL	FOUL			

**#28 Boys Shot Put**

PI Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1 GARNETT, Aaron	Sidwell Friends	41' 8"		35' 8 <sup>1</sup> / <sub>4</sub>	37' 7"	41' 8"				10
2 LAFORCE, Hudson	Potomac (McLean	38' 7"		30' 11"	37' 11 <sup>1</sup> / <sub>2</sub>	38' 7"				8
3 BURKHARDT, Thomas	Mercersburg Acad	37' 1 <sup>1</sup> / <sub>2</sub>		37' 0"	37' 1 <sup>1</sup> / <sub>2</sub>	36' 0"				6
4 JOHNSON, Deon	Landon	34' 3 <sup>1</sup> / <sub>2</sub>		32' 7 <sup>3</sup> / <sub>4</sub>	34' 3 <sup>1</sup> / <sub>2</sub>	33' 3"				4
5 DEMATATIS, Theodore	Landon	34' 1 <sup>1</sup> / <sub>4</sub>		34' 1 <sup>1</sup> / <sub>4</sub>	34' 1"	31' 5"				2
6 WALKER, Holden	Mercersburg Acad	34' 0"		31' 5 <sup>1</sup> / <sub>4</sub>	34' 0"	34' 0"				1
7 RYAN, Pierce	Landon	32' 6"		31' 0"	32' 1 <sup>1</sup> / <sub>4</sub>	32' 6"				
8 SNOW, Max	Sidwell Friends	31' 9"		31' 2 <sup>1</sup> / <sub>2</sub>	31' 9"	30' 1"				
9 PETERS, John	Potomac (McLean	31' 6 <sup>1</sup> / <sub>4</sub>		29' 0 <sup>1</sup> / <sub>4</sub>	31' 6 <sup>1</sup> / <sub>4</sub>	30' 8"				
10 BUTLER, Jack	Potomac (McLean	31' 1 <sup>1</sup> / <sub>4</sub>		31' 1 <sup>1</sup> / <sub>4</sub>	30' 8"	30' 11 <sup>1</sup> / <sub>2</sub>				
11 SZOT, James	Georgetown Prep	30' 2 <sup>1</sup> / <sub>2</sub>		30' 2 <sup>1</sup> / <sub>2</sub>	29' 10 <sup>1</sup> / <sub>2</sub>	FOUL				
12 BOULTAR, Armand	Potomac (McLean	30' 0 <sup>3</sup> / <sub>4</sub>		30' 0 <sup>3</sup> / <sub>4</sub>	28' 5"	28' 5 <sup>1</sup> / <sub>2</sub>				
13 ADEMOLA, Tolu	Georgetown Prep	29' 6"		27' 6"	29' 6"	29' 6"				
14 MARTINEZ-AROCHO, Mikahel	Mercersburg Acad	28' 4"		28' 1 <sup>1</sup> / <sub>4</sub>	28' 4"	28' 2 <sup>1</sup> / <sub>2</sub>				
15 WHITE, Brian	Landon	27' 11 <sup>1</sup> / <sub>2</sub>		26' 6"	27' 11 <sup>1</sup> / <sub>2</sub>	27' 10"				
16 CUNNION, Will	Potomac (McLean	27' 7"		23' 6"	25' 5"	27' 7"				
17 COBB, Andrew	Potomac (McLean	27' 6 <sup>1</sup> / <sub>2</sub>		27' 6 <sup>1</sup> / <sub>2</sub>	25' 2 <sup>1</sup> / <sub>2</sub>	26' 8"				
18 MATTEIS, Milan	Landon	25' 10 <sup>1</sup> / <sub>2</sub>		25' 4 <sup>1</sup> / <sub>2</sub>	25' 10 <sup>1</sup> / <sub>2</sub>	FOUL				
19 PARK, Albert	Mercersburg Acad	22' 7 <sup>1</sup> / <sub>4</sub>		22' 7 <sup>1</sup> / <sub>4</sub>	FOUL	20' 3"				
20 SKINNER, Bobby	Sidwell Friends	20' 7 <sup>1</sup> / <sub>2</sub>		17' 11 <sup>1</sup> / <sub>4</sub>	18' 4 <sup>1</sup> / <sub>2</sub>	20' 7 <sup>1</sup> / <sub>2</sub>				
SMITH, Carter	Potomac (McLean	NM								
ALEXANDER, Will	Potomac (McLean	NM								

# LANDON HOME MEET - 4-2-22

Bethesda, MD  
Landon School  
Host: Landon School  
Saturday, April 2, 2022

## MEET OFFICIALS

Meet Director:  
Addison Hunt  
Timing:  
Windsor Running, LLC



WINDSORRUNNING

### OFFICIAL MEET REPORT

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# RESULTS

## #28 Boys Shot Put (cont'd)

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
COWARD, Hashim	Sidwell Friends	NM							
ROGERS, Preston	Georgetown Prep	NM							

## #29 Girls Shot Put

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1 FOSTER, Danielle	Connelly School of	25' 5"	24' 6"	25' 5"	25' 1 1/4"				10
2 LUSSEY, Madeline	Mercersburg Acad	24' 5"	24' 4 1/4"	24' 5"	22' 8"				8
3 BUMGARDNER, Quinn	Mercersburg Acad	22' 0 1/2"	21' 0 1/2"	21' 0"	22' 0 1/2"				6
4 SEQUAR, Isabella	Potomac (McLean)	21' 5 1/2"	21' 3"	21' 5 1/2"	20' 8 1/2"				4
5 ELEKWACHI, Chika	Academy Of The	21' 0"	21' 0"	20' 7"	FOUL				2
6 LLOYD, Iman	Sidwell Friends	20' 9"	FOUL	20' 9"	20' 3 1/2"				1
7 BUMGARDNER, Harper	Mercersburg Acad	20' 3 1/2"	FOUL	20' 3 1/2"	FOUL				
8 CAMERON, Bunny	Potomac (McLean)	20' 3"	20' 2"	20' 0"	20' 3"				
9 SEQUAR, Annabelle	Sidwell Friends	19' 6 1/4"	18' 11"	18' 10 1/2"	19' 6 1/4"				
10 VIELA, Natalia	Potomac (McLean)	19' 5"	19' 5"	19' 0 1/2"					
11 KRIZAN-LUQUE, Alegria	Academy Of The	18' 6"	17' 5 1/4"	17' 9"	18' 6"				
12 YOON, Eleanor	Potomac (McLean)	18' 4 1/4"	18' 4 1/4"	16' 4 1/2"	18' 0"				
13 BELL, Ava	Georgetown Visita	17' 5 1/2"	15' 8"	15' 4 1/2"	17' 5 1/2"				
14 DOMINGUEZ, Julianna	Academy Of The	17' 0 1/4"	17' 0 1/4"	16' 4"	16' 4"				
15 CHRETIEN, Jolie	Georgetown Visita	15' 11 1/4"	15' 5 1/2"	15' 11 1/4"	14' 0"				
16 HILLIARD, Lauren	Potomac (McLean)	15' 10"	15' 6"	15' 4"	15' 10"				
17 BORNO, Trinity	Georgetown Visita	15' 8 1/4"	FOUL	14' 6"	15' 8 1/4"				
18 JACKSON, Desiree	Stone Ridge Sacr	13' 2"	8' 6"	12' 1 1/2"	13' 2"				
19 BEINS, Maddie	Academy Of The	9' 4"	FOUL	9' 4"	7' 6 1/2"				
WOLDGEBRIEL, Abigail	Potomac (McLean)	NM							
MAGIELNICKI, Maddie	Potomac (McLean)	NM							
FRIEDMAN, Eden	Academy Of The	NM							
ROBEY, Caroline	Stone Ridge Sacr	NM							
DEANES, Carsyn	Connelly School ofNM								

## #30 Boys Discus

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1 GARNETT, Aaron	Sidwell Friends	125' 6"	117' 7"	113' 4"	125' 6"				1(1)	10
2 PETERS, John	Potomac (McLean)	109' 6"	109' 6"	101' 7"	104' 8"				2(1)	8
3 LAFORCE, Hudson	Potomac (McLean)	105' 1"	105' 1"	94' 9"	FOUL				2(2)	6
4 MCGIFFIN, Michael	The Heights	97' 0"	95' 7"	87' 11"	97' 0"				2(3)	4
5 SZOT, James	Georgetown Prep	95' 1"	95' 1"	82' 6"	77' 9"				1(2)	2
6 ADEMOLA, Tolu	Georgetown Prep	90' 9"	88' 2"	90' 9"	79' 7"				2(4)	1
7 SNOW, Max	Sidwell Friends	88' 8"	71' 7 1/2"	85' 3"	88' 8"				1(3)	
8 COBB, Andrew	Potomac (McLean)	88' 6"	87' 4"	FOUL	88' 6"				2(5)	
9 BUDD, Dashiell	Potomac (McLean)	87' 7 1/2"	FOUL	87' 7 1/2"	72' 10"				2(6)	
10 JOHNSON, Deon	Landon	86' 2"	72' 8"	83' 10"	86' 2"				2(7)	
11 WALKER, Holden	Mercersburg Acad	86' 0"	86' 0"	83' 9 1/2"	78' 4"				2(8)	
12 FERGUSON, Joseph	The Heights	85' 0"	82' 8"	79' 9"	85' 0"				2(9)	
13 DEMATATIS, Theodore	Landon	83' 9"	62' 8 1/2"	81' 4"	83' 9"				2(10)	



**LANDON HOME MEET - 4-2-22**

Bethesda, MD  
 Landon School  
 Host: Landon School  
 Saturday, April 2, 2022

**MEET OFFICIALS**

Meet Director:  
 Addison Hunt  
 Timing:  
 Windsor Running, LLC

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**RESULTS****#30 Boys Discus (cont'd)**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
14	RYAN, Pierce	Landon	78' 8"	67' 6"	72' 1 1/2"	78' 8"				1(4)	
15	BUTLER, Jack	Potomac (McLean	75' 6"	75' 3 1/2"	FOUL	75' 6"				2(11)	
16	BOULTAR, Armand	Potomac (McLean	74' 8"	71' 6 1/2"	74' 6"	74' 8"				2(12)	
17	MATTEIS, Milan	Landon	73' 9"	FOUL	72' 6"	73' 9"				1(5)	
18	BERRY, Jonathan	The Heights	65' 3"	FOUL	61' 2"	65' 3"				2(13)	
19	DILLER, David	The Heights	64' 11"	FOUL	57' 4 1/2"	64' 11"				2(14)	
20	MARTINEZ-AROCHO, Mikahel	Mercersburg Acad	64' 3"	FOUL	59' 3"	64' 3"				1(6)	
21	SKINNER, Bobby	Sidwell Friends	63' 3 1/2"	63' 3 1/2"	60' 6"	FOUL				1(7)	
22	PARK, Albert	Mercersburg Acad	61' 9"	49' 9"	61' 9"	50' 5 1/2"				1(8)	
23	DIEDERICH, Nicholas	The Heights	59' 8"	56' 5"	56' 0"	59' 8"				2(15)	
24	CUNNION, Will	Potomac (McLean	57' 6"	55' 4"	51' 10"	57' 6"				1(9)	
25	WHITE, Brian	Landon	53' 8"	FOUL	FOUL	53' 8"				1(10)	
26	ALWAY ROZA, Nicolas	Landon	51' 0"	FOUL	47' 4"	51' 0"				1(11)	
27	COONEY, Peter	The Heights	48' 7"	48' 7"	FOUL	FOUL				2(16)	
	ALEXANDER, Will	Potomac (McLean	NM							1	
	SMITH, Carter	Potomac (McLean	NM							1	
	COWARD, Hashim	Sidwell Friends	NM							1	
	ROGERS, Preston	Georgetown Prep	NM							1	

**#31 Girls Discus**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	PHOENIX, Arden	Mercersburg Acad	87' 4"	84' 4"	87' 4"	63' 8"				10
2	DIMPS, Daelyn	Potomac (McLean	81' 6"	67' 3"	65' 7"	81' 6"				8
3	LUSSER, Madeline	Mercersburg Acad	67' 4"	55' 7"	59' 10 1/2"	67' 4"				6
4	SEQUAR, Isabella	Potomac (McLean	63' 5"	62' 2"	57' 0"	63' 5"				4
5	BUMGARDNER, Harper	Mercersburg Acad	62' 9"	56' 4"	62' 9"	FOUL				2
6	CAMERON, Bunny	Potomac (McLean	59' 9"	56' 2"	56' 5"	59' 9"				1
7	FOSTER, Danielle	Connelly School of	56' 10 1/2"	51' 1"	48' 5"	56' 10 1/2"				
8	SEQUAR, Annabelle	Sidwell Friends	56' 7"	43' 11"	47' 2"	56' 7"				
9	BORNO, Trinity	Georgetown Visita	55' 11"	48' 5 1/2"	55' 11"	55' 3 1/2"				
10	YOON, Eleanor	Potomac (McLean	55' 11"	55' 11"	42' 7"	51' 8"				
11	LLOYD, Iman	Sidwell Friends	53' 10"	45' 0"	53' 10"	51' 11"				
12	HILLIARD, Lauren	Potomac (McLean	50' 1"	FOUL	50' 1"	49' 1"				
13	BUMGARDNER, Quinn	Mercersburg Acad	44' 7"	44' 7"	FOUL	43' 11"				
14	DOMINGUEZ, Julianna	Academy Of The	43' 11"	FOUL	42' 8"	43' 11"				
15	CHRETIEN, Jolie	Georgetown Visita	42' 4"	35' 5"	42' 4"	40' 9"				
16	RUSHING, Sydney	Potomac (McLean	41' 5"	FOUL	41' 5"	FOUL				
17	BELL, Ava	Georgetown Visita	40' 8"	39' 9"	39' 8"	40' 8"				
18	DIMPS, Deja	Potomac (McLean	36' 1"	FOUL	36' 1"	FOUL				
19	BEINS, Maddie	Academy Of The	28' 1"	28' 1"	24' 10"	FOUL				
	FRIEDMAN, Eden	Academy Of The	NM							
	MAGIELNICKI, Maddie	Potomac (McLean	NM							
	WOLDGEBRIEL, Abigail	Potomac (McLean	NM							
	DEANES, Carsyn	Connelly School of	NM							
	KRIZAN-LUQUE, Alegria	Academy Of The	NM	FOUL	FOUL	FOUL				
	VIELA, Natalia	Potomac (McLean	NM							



**LANDON HOME MEET - 4-2-22**

Bethesda, MD  
 Landon School  
 Host: Landon School  
 Saturday, April 2, 2022

**MEET OFFICIALS**

**Meet Director:**  
 Addison Hunt  
**Timing:**  
 Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

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**RESULTS****#55 Girls Pole Vault**

Pl	Name	Team	Mark	4' 0"	5' 0"	6' 0"	7' 0"	Pts
1	KING, Hannah	Mercersburg Acad	6' 0"	O	O	XO	XXX	10
2	LEE, Alyssa	Mercersburg Acad	5' 0"	O	XO	XXX		8
	JO, Shine	Mercersburg Acad	NH	XXX				
	MOORE, Kyla	Mercersburg Acad	NH	XXX				

**Boys Scores**

Pl	Team	Code	Score
1	Landon	LNDN	112
2	Mercersburg Academy	MBRG	109
3	Sidwell Friends	SFS	87
4	Georgetown Prep	GEPR	80
5	Potomac (McLean VA)	PS	69
6	The Heights	THHE	16

**Girls Scores**

Pl	Team	Code	Score
1	Mercersburg Academy	MBRG	134
2	Potomac (McLean VA)	PS	91
3	Georgetown Visitation Prep	VISI	75
4	Academy Of The Holy Cross	AHC	65
5	Sidwell Friends	SFS	40
6	Stone Ridge Sacred Heart	SRSO	39
7	Connelly School of the Holy	HC	26