

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#22 Girls 4 x 800m Relay**

M Occoquan Region 8:57.61
 R Occoquan Region 10:03.94
 S VA State Class 6 9:41.88

Lake Braddock 2016

Pl	Team	Time	Note	Pts
1	West Springfield (A)	RS 9:12.05		10
	1) STEIN, Lexi 2:27.407 (2:27.407)	2) ELAKARI, Kenza 4:40.820 (2:13.413)		
	3) MILLER, Chloe 6:57.598 (2:16.778)	4) MACGRATH, Aidan 9:12.047 (2:14.449)		
2	South County High School (A)	RS 9:37.41		8
	1) PAVLAK, Taylor 2:31.563 (2:31.563)	2) SALISBURY, Jordan 4:54.242 (2:22.679)		
	3) CURRY, Kara 7:12.731 (2:18.489)	4) CLARKE, Naomi 9:37.405 (2:24.674)		
3	West Potomac (A)	RS 9:41.52		6
	1) NAGDA, Saira 2:23.628 (2:23.628)	2) SAUER, Adeline 4:51.232 (2:27.604)		
	3) CICERO, Sophia 7:20.650 (2:29.418)	4) JOHNSON, Aminata 9:41.515 (2:20.865)		
4	James W. Robinson (A)	R 9:52.99		4
	1) COUTINHO, Valerie 2:29.501 (2:29.501)	2) REID, Maria 5:00.175 (2:30.674)		
	3) RAZIKI, Dina 7:27.659 (2:27.484)	4) SEIFART, Sofie 9:52.989 (2:25.330)		
5	Lake Braddock (A)	R 9:54.80		2
	1) LEWIS, Madilyn 2:27.133 (2:27.133)	2) DUHAN, Becca 4:57.482 (2:30.349)		
	3) BRADECAMP, Amelia 7:23.672 (2:26.190)	4) ALI, Ameera 9:54.799 (2:31.127)		
6	Hayfield Secondary School (A)	10:22.99		1
	1) SECOR, Kyleigh 2:37.740 (2:37.740)	2) SO, Olivia 5:14.279 (2:36.539)		
	3) ALEXANDER, Riley 7:56.962 (2:42.683)	4) DINESEN, Mina 10:22.981 (2:26.019)		
7	Thomas Edison (A)	10:44.65		
	1) KNOWLES, Caroline 2:35.533 (2:35.533)	2) ABU-JAMOUS, Anaa 5:13.790 (2:38.257)		
	3) STARESINA, Emily 7:59.192 (2:45.402)	4) GEFFA, Elaini 10:44.646 (2:45.454)		
8	Falls Church (A)	11:40.57		
	1) NGUYEN, Hazel 2:37.154 (2:37.154)	2) CAMACHO VARGAS, Patricia 5:36.453 (2:59.299)		
	3) HEUVELMAN, Taryn 8:42.874 (3:06.421)	4) GRAY, Anna 11:40.565 (2:57.691)		

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#21 Boys 4 x 800m Relay**

M Occoquan Region 7:46.58
 R Occoquan Region 8:19.06
 S VA State Class 6 8:09.45

Lake Braddock

2015

Pl	Team	Time	Note	Pts
1	West Springfield (A)	RSM 7:42.37		10
	1) LAJOYE, Kyle 1:56.871 (1:56.871)	2) COCHRAN, Sean 3:53.150 (1:56.279)		
	3) BANKS, Nasir 5:50.627 (1:57.477)	4) O'DONNELL, John 7:42.367 (1:51.740)		
2	W.T. Woodson (A)	RS 8:07.66		8
	1) CASSATA, Daniel 2:02.231 (2:02.231)	2) MCKERNAN, Lucien 4:03.519 (2:01.288)		
	3) GARDNER, Jacob 6:08.501 (2:04.982)	4) LOCKWOOD, Thomas 8:07.651 (1:59.150)		
3	Thomas Jefferson S&T (A)	RS 8:07.87		6
	1) KLOPSON, Jack 2:00.662 (2:00.662)	2) WEST, Jeremy 4:04.003 (2:03.341)		
	3) MOYAR, Luke 6:07.232 (2:03.229)	4) SINGER, Aidan 8:07.868 (2:00.636)		
4	James W. Robinson (A)	RS 8:08.70		4
	1) DOMINGUEZ LIBERATO, Diego 2:03.937 (2:03.937)	2) ZUNIGA, David 4:05.071 (2:01.134)		
	3) HARRIS, Sean 6:09.482 (2:04.411)	4) FREESE, Caughnery 8:08.696 (1:59.214)		
5	Lake Braddock (A)	R 8:15.69		2
	1) ASADY-KANY, Timothy 2:02.625 (2:02.625)	2) HENOK, Meba 4:02.622 (1:59.997)		
	3) DERMODY, Kevin 6:11.886 (2:09.264)	4) TAYLOR, Grayson 8:15.681 (2:03.795)		
6	Hayfield Secondary School (A)	8:22.63		1
	1) HOWARD, Nathan 2:03.873 (2:03.873)	2) NGO, Alex 4:10.591 (2:06.718)		
	3) CRUZ, Nathan 6:19.561 (2:08.970)	4) OSLER, Andrew 8:22.630 (2:03.069)		
7	South County High School (A)	8:31.54		
	1) BAXTER, John 2:01.784 (2:01.784)	2) MACAULEY, Kai 4:12.867 (2:11.083)		
	3) CHIVERS, Lane 6:17.789 (2:04.922)	4) KHORASHADI, Kian 8:31.536 (2:13.747)		
8	Thomas Edison (A)	8:57.25		
	1) SCHMALTZ, Stellan 2:05.794 (2:05.794)	2) KLEIN, Griffin 4:21.614 (2:15.820)		
	3) KAMARU, Samuel 6:40.452 (2:18.838)	4) WETZLER, David 8:57.248 (2:16.796)		

2022 OCCOQUAN REGION CHAMPIONSHIPSSpringfield, VA
West SpringfieldHost: West Springfield
5/26/2022 - 5/28/2022**MEET OFFICIALS****Meet Director:**
Chris Pellegrini
Timing:
Windsor Running, LLC**WINDSORRUNNING****OFFICIAL MEET REPORT**
printed: 5/28/2022 3:20 PM**RESULTS****#13 Girls 100m Hurdles**

M	Occoquan Region	14.10	Lauren Hoffman	Battlefield	2016
R	Occoquan Region	16.26			
S	VA State Class 6	15.50			

(Top 1 per Heat + next 4 advance)**Prelims**

Pl	Name	Team	Time	Note	H(Pl)
1	TOPCHY, Annika	Thomas Jefferson S&T	R 15.70Q	(+1.5)	1(1)
2	CARR, Rebecca	West Springfield	R 15.94Q	(+2.0)	2(1)
3	SCHWENZER, Elizabeth	W.T. Woodson	16.27q	(+2.0)	2(2)
4	DANIELS, Michala	Lake Braddock	16.72q	(+1.5)	1(2)
5	COLE, Madeline	Lake Braddock	16.85q	(+1.5)	1(3)
6	PRICE, Gabriella	James W. Robinson	17.01q 17.006	(+1.5)	1(4)
7	MCCORMICK, Jessica	Falls Church	17.01 17.007	(+2.0)	2(3)
8	KORIN, Mia	Justice	17.23	(+2.0)	2(4)
9	WIEMANSKI, Lauren	South County High School	17.51	(+1.5)	1(5)
10	HOANG, Jessica	John R. Lewis High School	17.57	(+2.0)	2(5)

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#14 Boys 110m Hurdles**

M	Occoquan Region	13.74	Rickey Harris	Centreville	2000
R	Occoquan Region	15.91			
S	VA State Class 6	15.12			

(Top 1 per Heat + next 4 advance)**Prelims**

PI	Name	Team	Time	Note	H(PI)
1	JAPPAH, Jeaceajay	Mount Vernon	R 15.33Q	(+1.9)	2(1)
2	NGUYEN, Kyle	Lake Braddock	R 15.45Q	(+1.3)	1(1)
3	MCGOWEN, Liam	West Springfield	R 15.79q	(+1.9)	2(2)
4	HILL, Andreas	Thomas Edison	16.02q	(+1.9)	2(3)
5	MONTAGUE, Cason	Lake Braddock	16.20q	(+1.9)	2(4)
6	DONOHUE, Nicoli	James W. Robinson	16.26q	(+1.3)	1(2)
7	LACAVA, Eric	Hayfield Secondary School	16.46	(+1.3)	1(3)
8	HART, Collin	West Potomac	16.65	(+1.3)	1(4)
9	FULTON, Michael	Lake Braddock	16.99	(+1.9)	2(5)
10	VERNAZZA-CORTEZ, Piero	Annandale	17.19	(+1.3)	1(5)
11	JONES, Joseph	Mount Vernon	18.16	(+1.9)	2(6)

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#2 Girls 100 Meters**

M	Occoquan Region	11.99	Muriel Ahoure	Hayfield	2005
M	Occoquan Region	11.99	Hannah Waller	South Lakes	2017
R	Occoquan Region	12.78			
S	VA State Class 6	12.53			

(Top 1 per Heat + next 3 advance)**Prelims**

PI	Name	Team	Time	Note	H(PI)
1	SANCHIOUS, Catalina	South County High School	RSMM 11.89Q	(+1.3)	1(1)
2	BEAUMONT, Keira	Hayfield Secondary School	RS 12.02Q	(+1.2)	2(1)
3	RODGERS, Piper	Fairfax	RS 12.15q	(+1.3)	1(2)
4	DIAL, Julia	Thomas Edison	RS 12.22Q	(+0.7)	3(1)
5	HAMILTON, Akira	Alexandria City High School	RS 12.29q 12.286	(+1.2)	2(2)
6	MASON, Mianna	South County High School	RS 12.29q 12.290	(+1.2)	2(3)
7	SIMPSON, Laila	Fairfax	RS 12.30	(+1.3)	1(3)
8	CHAROUEL, Nesrine	Hayfield Secondary School	R 12.60	(+1.2)	2(4)
9	BABCOCK, Devon	James W. Robinson	R 12.62	(+0.7)	3(2)
10	LOFTON, Ashley	W.T. Woodson	R 12.70	(+0.7)	3(3)
11	RICHARDSON, Kiki	West Springfield	R 12.71	(+0.7)	3(4)
12	LU, Christina	Thomas Jefferson S&T	13.09	(+1.3)	1(4)
13	WALKER, Damierah	Falls Church	13.19	(+1.3)	1(5)

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#1 Boys 100 Meters**

M	Occoquan Region	10.46	Noah Lyles	Alexandria City	2016
R	Occoquan Region	11.38			
S	VA State Class 6	11.21			

(Top 1 per Heat + next 3 advance)**Prelims**

PI	Name	Team	Time	Note	H(PI)
1	GREEN, Amir	Fairfax	RS 10.64Q	(+2.9)	2(1)
2	JONES, Daniel	Lake Braddock	RS 10.90Q	(+1.1)	3(1)
3	BROWN, Jeremiah	Lake Braddock	RS 10.97Q	(+1.9)	1(1)
4	OPOKU, Samuel	West Potomac	RS 11.04q	(+2.9)	2(2)
5	TAHA, Ghaith	West Potomac	RS 11.08q	(+1.9)	1(2)
6	HORACEK, Bradyn	Fairfax	RS 11.11q	(+1.1)	3(2)
7	DUBE, Matthew	West Springfield	RS 11.17	(+2.9)	2(3)
8	BASKERVILLE, Enan	West Springfield	RS 11.19	(+2.9)	2(4)
9	CHENG, David	Fairfax	R 11.30	(+1.1)	3(3)
10	JOHNSON, Bryston	Hayfield Secondary School	R 11.31	(+2.9)	2(5)
11	COHEN, Theodore	Justice	R 11.33	(+1.9)	1(3)
12	WHYTE, Mark-Anthony	West Springfield	R 11.35	(+1.9)	1(4)
13	MOIWAH, Sahr	Hayfield Secondary School	11.44	(+1.1)	3(4)
14	DAPOGNY, James	Falls Church	11.59	(+1.1)	3(5)
15	SATTIRAJU, Charan	Thomas Jefferson S&T	11.64	(+1.9)	1(5)
16	DEWOLFE, Nicolas	Falls Church	11.74	(+2.9)	2(6)

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#12 Girls 3200 Meters**

M	Occoquan Region	10:15.28	Erin Keogh	Langley	1987
R	Occoquan Region	11:33.61			
S	VA State Class 6	11:19.75			

Pl	Name	Team	Time	Note	Pts	
1	WILLIAMS, Irene	Thomas Jefferson S&T	RS 11:12.41		10	
	1:20.68 (1:20.68)	1:21.16 (2:41.84)	1:21.23 (4:03.06)	1:23.39 (5:26.45)	1:25.56 (6:52.01)	1:27.29 (8:19.30)
	1:27.73 (9:47.02)	1:25.39 (11:12.41)				
2	HEIRONIMUS, Haley	Falls Church	R 11:24.82		8	
	1:21.09 (1:21.09)	1:22.15 (2:43.23)	1:25.04 (4:08.27)	1:26.88 (5:35.15)	1:27.29 (7:02.43)	1:28.55 (8:30.98)
	1:29.02 (9:59.99)	1:24.84 (11:24.82)				
3	CESTARE, Sarah	Hayfield Secondary School	R 11:25.06		6	
	1:19.99 (1:19.99)	1:22.67 (2:42.65)	1:25.44 (4:08.09)	1:27.28 (5:35.37)	1:27.32 (7:02.68)	1:28.55 (8:31.22)
	1:28.95 (10:00.17)	1:24.90 (11:25.06)				
4	HYMANS, Sarah	W.T. Woodson	R 11:27.03		4	
	1:21.48 (1:21.48)	1:22.87 (2:44.35)	1:24.25 (4:08.59)	1:26.61 (5:35.20)	1:27.51 (7:02.70)	1:28.90 (8:31.60)
	1:28.93 (10:00.53)	1:26.51 (11:27.03)				
5	BARKER, Adeline	West Springfield	11:39.40		2	
	1:24.55 (1:24.55)	1:24.35 (2:48.89)	1:24.90 (4:13.78)	1:29.00 (5:42.78)	1:29.62 (7:12.39)	1:31.24 (8:43.63)
	1:29.67 (10:13.29)	1:26.11 (11:39.40)				
6	DECARLO, Olivia	W.T. Woodson	11:57.75		1	
	1:24.64 (1:24.64)	1:25.39 (2:50.02)	1:27.07 (4:17.09)	1:30.29 (5:47.38)	1:30.96 (7:18.34)	1:33.48 (8:51.81)
	1:34.44 (10:26.24)	1:31.51 (11:57.75)				
7	GALWAY, Ella	Justice	12:02.31			
	1:25.00 (1:25.00)	1:27.88 (2:52.88)	1:30.55 (4:23.42)	1:31.79 (5:55.21)	1:33.08 (7:28.28)	1:33.38 (9:01.66)
	1:32.26 (10:33.91)	1:28.40 (12:02.31)				
8	SECOR, Kyleigh	Hayfield Secondary School	12:33.36			
	1:26.31 (1:26.31)	1:30.99 (2:57.30)	1:34.56 (4:31.85)	1:36.92 (6:08.76)	1:38.94 (7:47.70)	1:36.98 (9:24.67)
	1:39.59 (11:04.25)	1:29.11 (12:33.36)				
9	ALEXANDER, Riley	Hayfield Secondary School	12:35.36			
	1:25.93 (1:25.93)	1:31.39 (2:57.31)	1:34.53 (4:31.84)	1:36.98 (6:08.81)	1:38.91 (7:47.72)	1:36.98 (9:24.69)
	1:39.55 (11:04.23)	1:31.13 (12:35.36)				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#11 Boys 3200 Meters**

M	Occoquan Region	9:06.16	George Watts	Edison	1975
R	Occoquan Region	9:53.39			
S	VA State Class 6	9:40.01			

Pl	Name	Team	Time	Note	Pts	
1	WATSON, Ryan	Justice	RS 9:19.34		10	
	1:09.68 (1:09.68)	1:11.81 (2:21.49)	1:10.68 (3:32.16)	1:10.23 (4:42.38)	1:10.54 (5:52.92)	1:11.23 (7:04.15)
	1:10.44 (8:14.59)	1:04.76 (9:19.34)				
2	ANDERSON, Henry	West Springfield	RS 9:20.15		8	
	1:09.96 (1:09.96)	1:11.83 (2:21.79)	1:11.00 (3:32.79)	1:10.23 (4:43.02)	1:10.55 (5:53.56)	1:11.90 (7:05.46)
	1:11.98 (8:17.43)	1:02.72 (9:20.15)				
3	GARCIA, Isaac	South County High School	RS 9:21.14		6	
	1:09.71 (1:09.71)	1:11.86 (2:21.57)	1:10.92 (3:32.48)	1:10.28 (4:42.76)	1:10.53 (5:53.28)	1:11.85 (7:05.13)
	1:12.12 (8:17.25)	1:03.90 (9:21.14)				
4	KASPEROWSKI, Nayan	South County High School	RS 9:29.09		4	
	1:10.62 (1:10.62)	1:11.99 (2:22.60)	1:11.23 (3:33.83)	1:11.97 (4:45.80)	1:12.59 (5:58.39)	1:13.99 (7:12.37)
	1:13.87 (8:26.23)	1:02.86 (9:29.09)				
5	CICERO, James	West Potomac	RS 9:29.61		2	
	1:10.39 (1:10.39)	1:11.83 (2:22.21)	1:11.25 (3:33.45)	1:12.03 (4:45.47)	1:12.73 (5:58.19)	1:14.45 (7:12.63)
	1:13.38 (8:26.01)	1:03.61 (9:29.61)				
6	ANTHES, Braden	Thomas Edison	R 9:44.65		1	
	1:11.07 (1:11.07)	1:12.27 (2:23.33)	1:12.74 (3:36.07)	1:13.87 (4:49.94)	1:15.09 (6:05.03)	1:15.94 (7:20.96)
	1:15.10 (8:36.06)	1:08.60 (9:44.65)				
7	ALDEN, Mercer	Thomas Edison	R 9:45.32			
	1:11.00 (1:11.00)	1:12.59 (2:23.59)	1:10.57 (3:34.16)	1:12.24 (4:46.40)	1:13.48 (5:59.87)	1:15.73 (7:15.60)
	1:17.82 (8:33.41)	1:11.91 (9:45.32)				
8	LEONE, Bobby	Lake Braddock	R 9:51.34			
	1:12.08 (1:12.08)	1:12.13 (2:24.20)	1:12.03 (3:36.23)	1:13.95 (4:50.18)	1:15.09 (6:05.26)	1:15.98 (7:21.24)
	1:14.34 (8:35.57)	1:15.77 (9:51.34)				
9	SANTANGELO, Brandon	Mount Vernon	9:55.92			
	1:11.84 (1:11.84)	1:12.26 (2:24.10)	1:12.72 (3:36.81)	1:14.82 (4:51.63)	1:15.01 (6:06.64)	1:16.39 (7:23.03)
	1:16.78 (8:39.80)	1:16.12 (9:55.92)				
10	BHINGE, Samik	W.T. Woodson	9:58.63			
	1:12.20 (1:12.20)	1:12.75 (2:24.94)	1:13.14 (3:38.07)	1:15.35 (4:53.42)	1:16.89 (6:10.30)	1:18.85 (7:29.15)
	1:19.14 (8:48.29)	1:10.34 (9:58.63)				
11	WEEKS, Tyler	West Springfield	10:01.21			
	1:11.26 (1:11.26)	1:12.54 (2:23.80)	1:12.07 (3:35.87)	1:14.52 (4:50.38)	1:16.58 (6:06.96)	1:19.29 (7:26.24)
	1:21.40 (8:47.64)	1:13.57 (10:01.21)				
12	BACHMANN, Christian	Lake Braddock	10:22.60			
	1:11.54 (1:11.54)	1:12.77 (2:24.30)	1:12.34 (3:36.64)	1:14.72 (4:51.35)	1:19.71 (6:11.06)	1:25.29 (7:36.35)
	1:26.39 (9:02.74)	1:19.87 (10:22.60)				
13	KUSATA, Abdi	Thomas Edison	10:25.88			
	1:12.52 (1:12.52)	1:13.28 (2:25.79)	1:14.44 (3:40.22)	1:19.23 (4:59.45)	1:19.78 (6:19.23)	1:21.25 (7:40.47)
	1:23.85 (9:04.32)	1:21.57 (10:25.88)				
14	VELLELETH, Pranav	Thomas Jefferson S&T	10:31.33			
	1:12.46 (1:12.46)	1:12.72 (2:25.17)	1:15.10 (3:40.27)	1:19.15 (4:59.41)	1:20.20 (6:19.61)	1:22.06 (7:41.67)
	1:27.91 (9:09.58)	1:21.76 (10:31.33)				
15	ODELL, James	Hayfield Secondary School	10:34.98			

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA
West Springfield

Host: West Springfield
5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:
Chris Pellegrini
Timing:
Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT
printed: 5/28/2022 3:20 PM

RESULTS

#11 Boys 3200 Meters (cont'd)

Pl	Name	Team	Time	Note	Pts						
1:12.44	(1:12.44)	1:13.12	(2:25.56)	1:14.46	(3:40.01)	1:19.21	(4:59.22)	1:21.54	(6:20.75)	1:25.94	(7:46.69)
1:27.45	(9:14.14)	1:20.85	(10:34.98)								

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#4 Girls 200 Meters**

M	Occoquan Region	23.94	Alyssa Aiken	Chantilly	1999
R	Occoquan Region	26.20			
S	VA State Class 6	25.67			

(Top 1 per Heat + next 3 advance)**Prelims**

Pl	Name	Team	Time	Note	H(Pl)
1	RODGERS, Piper	Fairfax	RS 24.74q	24.733 (+1.6)	2(1)
2	SANCHIOUS, Catalina	South County High School	RS 24.74q	24.740 (+2.1)	3(1)
3	HIGGINS, Victoria	South County High School	RS 24.76q	(+2.6)	1(1)
4	BEAUMONT, Keira	Hayfield Secondary School	RS 24.83q	(+2.1)	3(2)
5	HAMILTON, Akira	Alexandria City High School	RS 25.40q	(+2.1)	3(3)
6	SIMPSON, Laila	Fairfax	RS 25.43q	(+1.6)	2(2)
7	DIAL, Julia	Thomas Edison	RS 25.46	(+2.1)	3(4)
8	BABCOCK, Devon	James W. Robinson	RS 25.48	(+2.6)	1(2)
9	RICHARDSON, Kiki	West Springfield	R 25.71	(+1.6)	2(3)
10	TEKLEMARIAM, Sanaya	Hayfield Secondary School	R 25.76	(+2.6)	1(3)
11	CLARKE, Naomi	South County High School	R 25.77	(+2.6)	1(4)
12	CHAROUEL, Nesrine	Hayfield Secondary School	R 26.17	(+2.6)	1(5)
13	LE'IATO, Raniyah	Hayfield Secondary School	26.70	(+1.6)	2(4)
14	LU, Christina	Thomas Jefferson S&T	27.45	(+2.1)	3(5)

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#3 Boys 200 Meters**

M	Occoquan Region	20.23	Noah Lyles	Alexandria City	2016
R	Occoquan Region	22.92			
S	VA State Class 6	22.44			

(Top 1 per Heat + next 2 advance)**Prelims**

Pl	Name	Team	Time	Note	H(Pl)
1	GREEN, Amir	Fairfax	RS 21.36Q	(+1.5)	2(1)
2	POULSON, George	West Potomac	RS 22.01Q22.002	(+0.1)	4(1)
3	WHITE, Evans	South County High School	RS 22.01Q22.005	(+0.4)	3(1)
4	BASKERVILLE, Enan	West Springfield	RS 22.35q	(+0.1)	4(2)
5	JONES, Daniel	Lake Braddock	RS 22.37q	(+0.4)	3(2)
6	NORDHAUS, Noah	James W. Robinson	RS 22.40Q	(+3.1)	1(1)
7	BROWN, Jeremiah	Lake Braddock	RS 22.44	(+3.1)	1(2)
8	TAHA, Ghaith	West Potomac	R 22.49	(+1.5)	2(2)
9	ANDERSON, Justin	W.T. Woodson	R 22.71	(+0.4)	3(3)
10	WALKER, Jalen	Lake Braddock	R 22.77	(+1.5)	2(3)
11	COHEN, Theodore	Justice	R 22.84	(+3.1)	1(3)
12	SEO, Hae June	James W. Robinson	R 22.86	(+3.1)	1(4)
13	ENGLISH, Ashton	West Potomac	R 22.90	(+0.1)	4(3)
14	FANNELL, Christian	Thomas Edison	22.93	(+1.5)	2(4)
15	RHOE, Dillon	Mount Vernon	22.98	(+1.5)	2(5)
16	TCHANA, Steve	Thomas Jefferson S&T	23.23	(+0.1)	4(4)
17	OFORI, Kofi	West Potomac	23.53	(+0.1)	4(5)

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#33 Boys Discus**

R Occoquan Region 123' 8"

S VA State Class 6 140' 9"

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	CHIRICHI, Nader	Thomas Edison	RS 164' 3"	134' 11"	146' 9"	147' 2"	156' 10"	164' 3"	161' 7"	10
2	ALLEN, Deric	Mount Vernon	R 137' 8"	137' 8"	FOUL	FOUL	FOUL	FOUL	FOUL	8
3	AMRON, Bram	Alexandria City Hi	R 132' 4"	132' 4"	FOUL	116' 1"	124' 0"	FOUL	FOUL	6
4	EVANS, Jonathan	West Springfield	R 130' 4"	118' 4"	123' 6"	116' 5"	125' 8"	109' 3"	130' 4"	4
5	BENAVIDES, Steven	Alexandria City Hi	R 126' 7"	126' 7"	124' 8"	FOUL	118' 9"	FOUL	FOUL	2
6	DJOSSOU, Christopher	West Potomac	R 126' 6"	109' 4"	115' 10"	126' 6"	FOUL	111' 4"	FOUL	1
7	RIVERS, Isreal	Justice	123' 7"	119' 5"	123' 7"	120' 0"	115' 1"	FOUL	FOUL	
8	ZEGETA, Abem	Thomas Edison	122' 6"	FOUL	122' 6"	121' 8"				
9	DESTA, Besu	John R. Lewis Hig	120' 11"	115' 8"	117' 6"	120' 11"				
10	YATES, Michael	James W. Robins	118' 8"	118' 8"	112' 5"	115' 0"				
11	BOYD, Myles	Thomas Edison	116' 9"	115' 7"	116' 9"	FOUL				
	HERSHEY, Nathan	Justice	NM							
	STUCK, Brendan	West Springfield	NM	FOUL	FOUL	FOUL				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#32 Girls Shot Put**

M	Occoquan Region	46' 10.50"	Wisdom Williams	Alexandria City	2021
R	Occoquan Region	34' 8"			
S	VA State Class 6	36' 6.75"			

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	WILLIAMS, Wisdom	Alexandria City Hi	RSM 46' 11"	46' 11"	45' 10"	FOUL	FOUL	44' 0"	46' 9"	10
2	SOMMERS, Sierra	West Springfield	RS 37' 1"	33' 10"	37' 1"	33' 9"	34' 7"	32' 1"	30' 5"	8
3	ALBERT, Tierra	Hayfield Secondar	34' 8"	31' 0"	33' 1"	30' 10"	32' 5"	31' 2"	34' 8"	6
4	CHAMBERS, Rosalie	Thomas Jefferson	34' 3"	30' 11"	33' 6"	34' 3"	32' 3"	32' 4"	32' 1"	4
5	MOMON, Jasmine	South County Hig	31' 7"	30' 9"	28' 1"	30' 5"	31' 7"	31' 1"	31' 3"	2
6	AIKEN, Nekia	Hayfield Secondar	31' 1"	30' 8"	29' 8"	31' 1"	28' 10"	30' 2"	30' 5"	1
7	MIRANDA, Isabelle	Thomas Edison	31' 1"	29' 10"	28' 4"	30' 3"	31' 1"	29' 4"	28' 3"	
8	MICKENS, Kacey	Hayfield Secondar	30' 0"	28' 1"	30' 0"	29' 5"				
9	AGOSSOU, Maryse	Fairfax	28' 4"	27' 1"	28' 4"	25' 4"				
10	BALUCH, Sarah	Annandale	26' 9"	25' 1"	26' 9"	26' 8"				
	YOUNG, Taryn	West Potomac	NM							
	HICOK, Rae	James W. Robins	NM	FOUL	FOUL					

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#24 Girls High Jump**

M	Occoquan Region	5' 11"	Dale Wallace	Marshall	1978
M	Occoquan Region	5' 11"	Sydney Banks	Osborn Park	2017
R	Occoquan Region	4' 10"			
S	VA State Class 6	5' 0"			

Pl	Name	Team	Mark	4' 8"	4' 10"	5' 0"	5' 1"	5' 2"	5' 4"	5' 6"	Pts
1	HICOK, Rae	James W. Robins	RS 5' 4"	P	O	O	P	O	XXO	XX	10
2	JONES, Greer	West Potomac	RS 5' 2"	P	O	XO	P	O	XXX		8
3	FRASER, Morgan	Alexandria City Hi	RS 5' 2"	P	O	O	P	XO	XXX		6
4	HEIFNER, Katrina	James W. Robins	4' 10"	O	O	XXX					4
5	SCHWENZER, Elizabeth	W.T. Woodson	4' 10"	O	XO	XXX					2
6	MAKU, Grace	Falls Church	4' 8"	O	XXX						0.2
6	TOPCHY, Annika	Thomas Jefferson	4' 8"	O	XXX						0.2
6	DOTIMAS, Alyssa	John R. Lewis Hig	4' 8"	O	XXX						0.2
6	KHANI, Sarina	Lake Braddock	4' 8"	O	XXX						0.2
6	MULU, Angel	West Springfield	4' 8"	O	XXX						0.2
	PHILLIPS, Ainsley	Falls Church	NH	XXX							
	BEAUMONT, Keira	Hayfield Secondar	NH	XXX							
	DIAL, Julia	Thomas Edison	NH								
	GILBERT, Colleen	W.T. Woodson	NH	XXX							
	CLARKE, Cameron	Justice	NH	XXX							

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#28 Girls Long Jump**

M	Occoquan Region	20' 4.50"	Tynita Butts	Alexandria City	2008
R	Occoquan Region	16' 3.50"			
S	VA State Class 6	17' 5"			

Pl	Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	HAMILTON, Akira	Alexandria City Hi	RS 18' 0"	(NW)	17' 0 ³ / ₄	16' 6 ¹ / ₄	16' 1"	18' 0"	17' 11 ¹ / ₄	FOUL	10
2	JACKSON, Genesis	South County Hig	RS 17' 7 ¹ / ₄	(NW)	FOUL	17' 7 ¹ / ₄	17' 3 ¹ / ₄	10' 11 ¹ / ₂	17' 3 ³ / ₄	FOUL	8
3	DANIELS, Michala	Lake Braddock	RS 17' 5 ¹ / ₄	(NW)	15' 9"	17' 0 ³ / ₄	FOUL	16' 10"	16' 11 ¹ / ₄	17' 5 ¹ / ₄	6
4	DIAL, Julia	Thomas Edison	R 17' 2 ¹ / ₄	(NW)	15' 4 ¹ / ₂	FOUL	17' 2 ¹ / ₄	PASS	16' 9 ¹ / ₄	16' 11 ¹ / ₂	4
5	DAVIES, McKenna	West Springfield	R 16' 11"	(NW)	15' 7 ¹ / ₄	15' 10 ³ / ₄	16' 7"	16' 9 ¹ / ₂	FOUL	16' 11"	2
6	JACKSON, Alisha	Alexandria City Hi	R 16' 7 ³ / ₄	(NW)	FOUL	16' 0 ¹ / ₂	16' 7 ³ / ₄	16' 0 ¹ / ₂	16' 2 ¹ / ₂	16' 6 ¹ / ₂	1
7	ROWE, Zadie	W.T. Woodson	16' 3"	(NW)	15' 6 ¹ / ₂	15' 8 ¹ / ₄	16' 1 ¹ / ₂	14' 10 ¹ / ₂	16' 3"	15' 4"	
8	MCCORMICK, Jessica	Falls Church	16' 0"	(NW)	15' 4 ¹ / ₄	16' 0"	FOUL				
9	SCHWENZER, Elizabeth	W.T. Woodson	15' 11 ³ / ₄	(NW)	15' 11 ³ / ₄	15' 10 ¹ / ₄	15' 11 ¹ / ₂				
10	MIRANDA, Isabelle	Thomas Edison	15' 10 ³ / ₄	(NW)	14' 6 ¹ / ₄	15' 2 ¹ / ₄	15' 10 ³ / ₄				
11	TEKLEMARIAM, Sanaya	Hayfield Secondar	15' 3 ¹ / ₄	(NW)	15' 3 ¹ / ₄	13' 10 ¹ / ₂	14' 4 ³ / ₄				
12	WALKER, Damierah	Falls Church	14' 10 ³ / ₄	(NW)	FOUL	14' 10 ³ / ₄	14' 3 ¹ / ₄				
13	SURABHI, Ashwitha	Thomas Jefferson	14' 3 ³ / ₄	(NW)	13' 3 ¹ / ₂	14' 3 ³ / ₄	FOUL				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#25 Boys Pole Vault**

M	Occoquan Region	16' 4"	David Sullivan	Centreville	2002
R	Occoquan Region	11' 9"			
S	VA State Class 6	12' 6"			

Pl	Name	Team	Mark	9' 6"	10' 0"	10' 6"	11' 0"	11' 6"	12' 0"	12' 6"	13' 0"	13' 6"	Pts
1	DEWOLFE, Nicolas	Falls Church	RS 13' 6"	P	P	P	P	P	XO	O	O	XO	10
2	TAYLOR, Jamison	Alexandria City Hi	RS 13' 0"	P	P	P	P	O	P	XO	O	XXX	8
3	BLUMBERG, Joseph	West Springfield	11' 6"	P	O	O	XO	O	XXX				6
4	VON ELLING, Caden	Thomas Edison	11' 6"	P	P	O	O	XO	XXX				4
5	MURRAY, Michael	West Springfield	11' 0"	O	XO	O	XO	XXX					1.5
5	RYAN, Tim	Lake Braddock	11' 0"	O	O	XO	XO	XXX					1.5
7	ZARAOUN, Faris	Alexandria City Hi	11' 0"	O	O	XO	XXO	XXX					
8	HENDERSON, Asher	Hayfield Secondar	10' 0"	XO	O	XXX							
9	FERRO, Kai	Falls Church	10' 0"	XXO	XXO	XXX							
10	BELT, Fin	Hayfield Secondar	9' 6"	O	XXX								
	SHEFCHIK, Sam	West Springfield	NH	XXX									
	TOROK, Spencer	Falls Church	NH	P	P	XXX							

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#29 Boys Triple Jump**

M	Occoquan Region	49' 4"	James Colbert	Mount Vernon	1989
R	Occoquan Region	42' 3"			
S	VA State Class 6	43' 10"			

Pl	Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BRYANT, Ethan	Thomas Edison	R 43' 0"	(NW)	43' 0"	FOUL	FOUL	42' 9 1/2"	FOUL	39' 10 1/2"	10
2	LORD, Duante	West Springfield	R 42' 9 1/2"	(NW)	40' 4 1/2"	40' 2"	41' 2 1/4"	40' 0 1/2"	38' 8 1/2"	42' 9 1/2"	8
3	TAYLOR, Marcus	John R. Lewis Hig	R 42' 8 3/4"	(NW)	42' 8 3/4"	41' 6 1/2"	42' 2"	40' 5"	38' 7"	FOUL	6
4	DAPOGNY, James	Falls Church	R 42' 8 1/2"	(NW)	40' 5 1/4"	42' 6 1/2"	42' 8 1/2"	39' 1 3/4"	41' 7"	42' 8 1/2"	4
5	KARGBO-OWENS, Isaiah-Taji	Alexandria City Hi	R 42' 6"	(NW)	FOUL	42' 6"	40' 9"	41' 11 1/2"	41' 2 1/2"	FOUL	2
6	CHENG, David	Fairfax	R 42' 4 1/4"	(NW)	42' 4 1/4"	41' 10 1/2"	42' 2 1/2"	40' 1"	41' 5 1/2"	41' 0 1/2"	1
7	AVERY, Lemuel	South County Hig	42' 0 3/4"	(NW)	41' 7 1/2"	40' 8 1/2"	41' 7 1/2"	42' 0 3/4"	FOUL	41' 4 1/4"	
8	ABDELWAHID, Mohamed	Thomas Edison	41' 0"	(NW)	41' 0"	39' 8"	38' 9"				
9	HILL, Andreas	Thomas Edison	40' 9 1/2"	(NW)	40' 1 1/4"	40' 9 1/2"	40' 8"				
10	KAMARA, Hassan	Alexandria City Hi	40' 0 1/2"	(NW)	38' 10"	40' 0 1/2"	38' 11"				
11	ALFONSO, Samuel	West Springfield	40' 0"	(NW)	38' 0 1/2"	39' 0"	40' 0"				
12	EL GUENNOUNI, Ayoub	John R. Lewis Hig	39' 3 3/4"	(NW)	39' 3 3/4"	38' 6"	38' 8 1/2"				
	LANHAM, Miles	Annandale	NM								

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#13 Girls 100m Hurdles**

M	Occoquan Region	14.10	Lauren Hoffman	Battlefield	2016
R	Occoquan Region	16.26			
S	VA State Class 6	15.50			

Finals

Wind: (-2.8)

Pl	Name	Team	Time	Note	Pts
1	TOPCHY, Annika	Thomas Jefferson S&T	15.83		10
2	CARR, Rebecca	West Springfield	15.94		8
3	SCHWENZER, Elizabeth	W.T. Woodson	16.59		6
4	DANIELS, Michala	Lake Braddock	16.85		4
5	COLE, Madeline	Lake Braddock	17.05		2
6	PRICE, Gabriella	James W. Robinson	17.28		1

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:

Chris Pellegrini

Timing:

Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT

printed: 5/28/2022 3:20 PM

RESULTS

#14 Boys 110m Hurdles

M	Occoquan Region	13.74	Rickey Harris	Centreville	2000
R	Occoquan Region	15.91			
S	VA State Class 6	15.12			

Finals

Wind: (-1.8)

Pl	Name	Team	Time	Note	Pts
1	HILL, Andreas	Thomas Edison	15.69		10
2	JAPPAH, Jeaceajay	Mount Vernon	16.08		8
3	NGUYEN, Kyle	Lake Braddock	16.17		6
4	DONOHUE, Nicoli	James W. Robinson	16.34		4
5	MONTAGUE, Cason	Lake Braddock	16.62		2
6	MCGOWEN, Liam	West Springfield	16.82		1

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#2 Girls 100 Meters**

M	Occoquan Region	11.99	Muriel Ahoure	Hayfield	2005
M	Occoquan Region	11.99	Hannah Waller	South Lakes	2017
R	Occoquan Region	12.78			
S	VA State Class 6	12.53			

Finals

Wind: (-1.1)

Pl	Name	Team	Time	Note	Pts
1	SANCHIOUS, Catalina	South County High School	12.11		10
2	BEAUMONT, Keira	Hayfield Secondary School	12.23		8
3	DIAL, Julia	Thomas Edison	12.37		6
4	RODGERS, Piper	Fairfax	12.40		4
5	MASON, Mianna	South County High School	12.43		2
6	HAMILTON, Akira	Alexandria City High School	12.45		1

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA
West Springfield

Host: West Springfield
5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:
Chris Pellegrini
Timing:
Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT

printed: 5/28/2022 3:20 PM

RESULTS

#1 Boys 100 Meters

M	Occoquan Region	10.46	Noah Lyles	Alexandria City	2016
R	Occoquan Region	11.38			
S	VA State Class 6	11.21			

Finals

Wind: (-1.0)

Pl	Name	Team	Time	Note	Pts
1	GREEN, Amir	Fairfax	10.71		10
2	BROWN, Jeremiah	Lake Braddock	11.12		8
3	JONES, Daniel	Lake Braddock	11.15		6
4	HORACEK, Bradyn	Fairfax	11.19		4
5	OPOKU, Samuel	West Potomac	11.35		2
6	TAHA, Ghaith	West Potomac	11.37		1

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#10 Girls 1600 Meters**

M	Occoquan Region	4:41.67	Rachel McArthur	Patriot	2017
R	Occoquan Region	5:19.94			
S	VA State Class 6	5:11.16			

Pl	Name	Team	Time	Note	Pts
1	JONES, Caroline 1:11.14 (1:11.14)	W.T. Woodson 1:12.51 (3:37.20) 1:13.91 (4:51.10)	RS 4:51.10		10
2	MACGRATH, Aidan 1:10.78 (1:10.78)	West Springfield 1:17.35 (3:42.40) 1:14.14 (4:56.54)	RS 4:56.54		8
3	WILLIAMS, Irene 1:11.45 (1:11.45)	Thomas Jefferson S&T 1:23.08 (3:50.66) 1:23.69 (5:14.35)	R 5:14.35		6
4	SILVA, Leilani 1:12.73 (1:12.73)	Fairfax 1:23.71 (3:54.73) 1:20.26 (5:14.99)	R 5:14.99		4
5	HEIRONIMUS, Haley 1:13.10 (1:13.10)	Falls Church 1:22.61 (3:54.50) 1:25.33 (5:19.83)	R 5:19.83		2
6	HYMANS, Sarah 1:14.54 (1:14.54)	W.T. Woodson 1:25.38 (4:01.65) 1:23.03 (5:24.67)	5:24.67		1
7	CESTARE, Sarah 1:14.19 (1:14.19)	Hayfield Secondary School 1:25.08 (4:01.25) 1:25.36 (5:26.61)	5:26.61		
8	WEVLEY, Grace 1:16.25 (1:16.25)	West Springfield 1:30.76 (4:15.71) 1:24.87 (5:40.57)	5:40.57		
9	ZAIS, Madeline 1:20.25 (1:20.25)	Hayfield Secondary School 1:38.09 (4:32.44) 1:30.99 (6:03.43)	6:03.43		

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#9 Boys 1600 Meters**

M	Occoquan Region	4:07.35	Sharif Karie	West Springfield	1997
R	Occoquan Region	4:31.11			
S	VA State Class 6	4:24.88			

Pl	Name	Team	Time	Note	Pts
1	GARCIA, Isaac	South County High School	RS 4:18.77		10
	1:03.37 (1:03.37)	1:06.08 (2:09.45)	1:06.52 (3:15.96)	1:02.81 (4:18.77)	
2	DAWSON, David	W.T. Woodson	RS 4:20.91		8
	1:03.61 (1:03.61)	1:06.08 (2:09.69)	1:06.51 (3:16.20)	1:04.72 (4:20.91)	
3	ANDERSON, Henry	West Springfield	RS 4:22.94		6
	1:04.88 (1:04.88)	1:05.54 (2:10.41)	1:06.77 (3:17.18)	1:05.76 (4:22.94)	
4	CICERO, James	West Potomac	RS 4:24.73		4
	1:04.69 (1:04.69)	1:07.12 (2:11.80)	1:09.24 (3:21.04)	1:03.69 (4:24.73)	
5	KASPEROWSKI, Nayan	South County High School	R 4:25.21		2
	1:05.44 (1:05.44)	1:07.24 (2:12.68)	1:09.11 (3:21.79)	1:03.43 (4:25.21)	
6	BRENNAN, George	Hayfield Secondary School	R 4:25.42		1
	1:05.47 (1:05.47)	1:07.74 (2:13.21)	1:08.84 (3:22.04)	1:03.38 (4:25.42)	
7	HYMANS, Caleb	W.T. Woodson	R 4:25.53		
	1:04.08 (1:04.08)	1:06.51 (2:10.59)	1:08.28 (3:18.87)	1:06.67 (4:25.53)	
8	SANTANGELO, Brandon	Mount Vernon	4:33.74		
	1:06.23 (1:06.23)	1:08.84 (2:15.07)	1:09.08 (3:24.14)	1:09.60 (4:33.74)	
9	ANTHES, Braden	Thomas Edison	4:34.09		
	1:05.97 (1:05.97)	1:08.58 (2:14.54)	1:09.12 (3:23.65)	1:10.45 (4:34.09)	
10	ALDEN, Mercer	Thomas Edison	4:36.15		
	1:06.14 (1:06.14)	1:09.34 (2:15.47)	1:10.96 (3:26.43)	1:09.72 (4:36.15)	
11	FREESE, Caughnery	James W. Robinson	4:42.62		
	1:05.75 (1:05.75)	1:09.22 (2:14.96)	1:14.67 (3:29.64)	1:12.99 (4:42.62)	
12	WEEKS, Tyler	West Springfield	4:43.20		
	1:05.79 (1:05.79)	1:09.86 (2:15.65)	1:13.69 (3:29.34)	1:13.87 (4:43.20)	

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#18 Girls 4 x 100m Relay**

M	Occoquan Region	47.59	Lake Braddock	1988
R	Occoquan Region	50.93		
S	VA State Class 6	49.36		

Pl	Team	Time	Note	H(Pl)	Pts
1	South County High School (A)	RS 47.91		2(1)	10
	1) MASON, Mianna		2) CURRY, Jaidyn		
	3) PACK, U'Riah		4) SANCHIOUS, Catalina		
2	Hayfield Secondary School (A)	RS 48.06		2(2)	8
	1) CHAROUEL, Nesrine		2) TEKLEMARIAM, Sanaya		
	3) LE'IATO, Raniyah		4) BEAUMONT, Keira		
3	James W. Robinson (A)	R 49.41		2(3)	6
	1) MUSA, Dina		2) PATTEN, Grace		
	3) HEIFNER, Katrina		4) BABCOCK, Devon		
4	West Springfield (A)	R 49.56		2(4)	4
	1) ROLISON, Jasmyn		2) WELLS, Taya		
	3) HAMPTON, Ariyon		4) DAVIES, McKenna		
5	Alexandria City High School (A)	R 49.94		1(1)	2
	1) HAMILTON, Akira		2) JACKSON, Alisha		
	3) WEINTRITT, Berkley		4) ROMAN, Vivian		
6	Fairfax (A)	51.06		2(5)	1
	1) NELSON, Mae		2) AGOSSOU, Marielle		
	3) SIMPSON, Laila		4) SAIYED, Ayesha		
7	Mount Vernon (A)	52.57		1(2)	
	1) BROWN, Naveah		2) BALDWIN, Brianna		
	3) LE, Christine		4) MAXWELL, Makayla		
8	Thomas Jefferson S&T (A)	52.82		1(3)	
	1) LU, Christina		2) SURABHI, Ashwitha		
	3) TRAN, Erin		4) RICHARD, Aurora		

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#17 Boys 4 x 100m Relay**

M	Occoquan Region	41.50	Hayfield	1992
R	Occoquan Region	44.38		
S	VA State Class 6	43.35		

Pl	Team	Time	Note	H(Pl)	Pts
1	Fairfax (A)	RS 42.25		2(1)	10
	1) SMITH, Joshua		2) GREEN, Amir		
	3) CHENG, David		4) HORACEK, Bradyn		
2	West Potomac (A)	RS 42.40		2(2)	8
	1) WALKER, Kyron		2) POULSON, George		
	3) TAHA, Ghaith		4) OPOKU, Samuel		
3	Hayfield Secondary School (A)	RS 42.62		2(3)	6
	1) MOIWAH, Sahr		2) HOWARD, Nathan		
	3) JOHNSON, Bryston		4) CARMICHAEL, Xavier		
4	West Springfield (A)	RS 42.95		2(4)	4
	1) BASKERVILLE, Enan		2) DUBE, Matthew		
	3) WHYTE, Mark-Anthony		4) MCKINNEY, Jacob		
5	Lake Braddock (A)	R 43.76	43.751	2(5)	2
	1) JONES, Daniel		2) BROWN, Jeremiah		
	3) WALKER, Jalen		4) MEINE, Elliot		
6	James W. Robinson (A)	R 43.76	43.758	2(6)	1
	1) NORDHAUS, Noah		2) AWUAH, Essumang		
	3) YENNERELL, Nicholas		4) SEO, Hae June		
7	Thomas Edison (A)	R 44.34		1(1)	
	1) ABDELWAHID, Mohamed		2) FANNELL, Christian		
	3) GONZALES, Esteban		4) HILL, Andreas		
8	Annandale (A)	44.78		1(2)	
	1) ALQADI, Rakan		2) VAN HEERDEN, Liano		
	3) MILIAN, Jonathan		4) KRAUSE, Maximo		
9	Thomas Jefferson S&T (A)	44.80		1(3)	
	1) SATTIRAJU, Charan		2) SHAN, Kevin		
	3) BALERAO, Rishik		4) MIN, Christian		

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#6 Girls 400 Meters**

M	Occoquan Region	54.74	Felecia Majors	South County	2013
R	Occoquan Region	1:00.53			
S	VA State Class 6	58.46			

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	HIGGINS, Victoria	South County High School	RS 55.54		3(1)	10
2	RODGERS, Piper	Fairfax	RS 55.64		3(2)	8
3	WILSON, Rachael	James W. Robinson	RS 55.67		3(3)	6
4	CURRY, Jaidyn	South County High School	RS 56.21		3(4)	4
5	CLARKE, Naomi	South County High School	RS 57.48		3(5)	2
6	PATTEN, Grace	James W. Robinson	RS 58.27		3(6)	1
7	LEWIS, Madilyn	Lake Braddock	R 58.94		2(1)	
8	NAGDA, Saira	West Potomac	R 1:00.01		2(2)	
9	RICHARD, Aurora	Thomas Jefferson S&T	1:04.13		1(1)	
10	PHILLIPS, Ainsley	Falls Church	1:06.14		1(2)	
11	JOHNSON, Alys	Mount Vernon	1:07.60		1(3)	
	WALKER, Damierah	Falls Church	DQ		2	

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#5 Boys 400 Meters**

M	Occoquan Region	46.44	Trevor Stewart	South County	2016
R	Occoquan Region	51.07			
S	VA State Class 6	50.00			

<u>Pl</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Note</u>	<u>H(Pl)</u>	<u>Pts</u>
1	WHITE, Evans	South County High School	RS 48.26		3(1)	10
2	POULSON, George	West Potomac	RS 48.67		3(2)	8
3	ECONOMON, Harry	James W. Robinson	RS 49.43		3(3)	6
4	ENGLISH, Ashton	West Potomac	R 50.66		2(1)	4
5	ANDERSON, Justin	W.T. Woodson	R 50.91		3(4)	2
6	BAXTER, John	South County High School	51.11		2(2)	1
7	GREEN, Vishal	West Springfield	51.14		3(5)	
8	TCHANA, Steve	Thomas Jefferson S&T	51.76		1(1)	
9	VON ELLING, Caden	Thomas Edison	52.03		2(3)	
10	CRUZ, Nathan	Hayfield Secondary School	52.37		1(2)	

2022 OCCOQUAN REGION CHAMPIONSHIPSSpringfield, VA
West SpringfieldHost: West Springfield
5/26/2022 - 5/28/2022**MEET OFFICIALS****Meet Director:**
Chris Pellegrini
Timing:
Windsor Running, LLC**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#16 Girls 300m Hurdles**

M	Occoquan Region	42.48	Lauren Hoffman	Battlefield	2017
R	Occoquan Region	48.20			
S	VA State Class 6	46.20			

<u>Pl</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Note</u>	<u>H(Pl)</u>	<u>Pts</u>
1	TOPCHY, Annika	Thomas Jefferson S&T	45.95	RS	2(1)	10
2	COLE, Madeline	Lake Braddock	48.18	R	2(2)	8
3	MCCORMICK, Jessica	Falls Church	48.42		2(3)	6
4	PRICE, Gabriella	James W. Robinson	48.59		2(4)	4
5	WILSON, Rachael	James W. Robinson	48.82		2(5)	2
6	FRASER, Morgan	Alexandria City High School	48.97		1(1)	1
7	TOLIVER, Myla	Hayfield Secondary School	50.76		1(2)	
8	RUDOLPH, Devon	James W. Robinson	51.46		1(3)	
9	BENNETT, Ani	Mount Vernon	51.91		1(4)	
10	FULLER, Nikita	Thomas Edison	53.31		1(5)	
	HAMPTON, Ariyon	West Springfield	DNF		2	

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#15 Boys 300m Hurdles**

M	Occoquan Region	36.88	Rickey Watts	Centreville	1998
R	Occoquan Region	41.74			
S	VA State Class 6	40.11			

<u>Pl</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Note</u>	<u>H(Pl)</u>	<u>Pts</u>
1	NGUYEN, Kyle	Lake Braddock	R 40.46		2(1)	10
2	CHENG, David	Fairfax	R 40.96		2(2)	8
3	JAPPAH, Jeaceajay	Mount Vernon	R 41.40		2(3)	6
4	KRAUSE, Maximo	Annandale	R 41.42		2(4)	4
5	DONOHUE, Nicoli	James W. Robinson	42.57		2(5)	2
6	LACAVA, Eric	Hayfield Secondary School	42.61		1(1)	1
7	MARTIN, Austin	James W. Robinson	42.89		1(2)	
8	CHIVERS, Lane	South County High School	42.96		1(3)	
9	JONES, Joseph	Mount Vernon	43.97		1(4)	
10	MCGOWEN, Liam	West Springfield	44.34		2(6)	
11	THOMAS, Yisak	Falls Church	44.40		1(5)	

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#8 Girls 800 Meters**

M	Occoquan Region	2:09.38	Sarah Jane Underwood	West Potomac	2012
R	Occoquan Region	2:22.31			
S	VA State Class 6	2:18.06			

Pl	Name		Team	Time	Note	Pts
1	ELAKARI, Kenza		West Springfield	RS 2:13.93		10
	1:07.65 (1:07.65)	1:06.29 (2:13.93)				
2	MILLER, Chloe		West Springfield	RS 2:16.40		8
	1:07.93 (1:07.93)	1:08.48 (2:16.40)				
3	SALISBURY, Jordan		South County High School	R 2:21.55		6
	1:08.86 (1:08.86)	1:12.69 (2:21.55)				
4	JOHNSON, Aminata		West Potomac	2:22.95		4
	1:09.62 (1:09.62)	1:13.34 (2:22.95)				
5	CURRY, Kara		South County High School	2:23.89		2
	1:09.98 (1:09.98)	1:13.91 (2:23.89)				
6	DINESEN, Mina		Hayfield Secondary School	2:26.46		1
	1:11.12 (1:11.12)	1:15.34 (2:26.46)				
7	DEVLIN, Madeleine		W.T. Woodson	2:26.50		
	1:12.78 (1:12.78)	1:13.73 (2:26.50)				
8	KNOWLES, Caroline		Thomas Edison	2:29.66		
	1:13.51 (1:13.51)	1:16.15 (2:29.66)				
9	DOTIMAS, Alyssa		John R. Lewis High School	2:33.79		
	1:12.55 (1:12.55)	1:21.25 (2:33.79)				
10	WOOD, Madison		Falls Church	2:35.26		
	1:14.37 (1:14.37)	1:20.90 (2:35.26)				
11	SO, Olivia		Hayfield Secondary School	2:35.63		
	1:13.30 (1:13.30)	1:22.34 (2:35.63)				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#7 Boys 800 Meters**

M	Occoquan Region	1:48.71	Brandon McGorty	Chantilly	2017
R	Occoquan Region	1:59.79			
S	VA State Class 6	1:57.20			

Pl	Name		Team	Time	Note	Pts
1	O'DONNELL, John		West Springfield	RS 1:52.64		10
	55.24 (55.24)	57.41 (1:52.64)				
2	BANKS, Nasir		West Springfield	RS 1:55.22		8
	56.47 (56.47)	58.75 (1:55.22)				
3	COCHRAN, Sean		West Springfield	RS 1:55.25		6
	56.36 (56.36)	58.90 (1:55.25)				
4	LAJOYE, Kyle		West Springfield	RS 1:55.54		4
	56.57 (56.57)	58.97 (1:55.54)				
5	ANDERSON, Jeremy		Lake Braddock	RS 1:56.66		2
	57.56 (57.56)	59.11 (1:56.66)				
6	DAWSON, David		W.T. Woodson	R 1:58.58		1
	57.37 (57.37)	1:01.22 (1:58.58)				
7	HARRISON, Owen		West Potomac	R 1:58.69		
	57.26 (57.26)	1:01.43 (1:58.69)				
8	SINGER, Aidan		Thomas Jefferson S&T	R 1:59.49		
	58.96 (58.96)	1:00.54 (1:59.49)				
9	MOYAR, Luke		Thomas Jefferson S&T	2:00.39		
	59.32 (59.32)	1:01.07 (2:00.39)				
10	WEST, Jeremy		Thomas Jefferson S&T	2:00.50		
	58.68 (58.68)	1:01.82 (2:00.50)				
11	KIRKWOOD, Colin		Lake Braddock	2:01.19		
	57.10 (57.10)	1:04.09 (2:01.19)				
12	HOFFMAN, Mark		Hayfield Secondary School	2:03.43		
	58.85 (58.85)	1:04.59 (2:03.43)				
13	DURDEN, Mitchell		Mount Vernon	2:04.02		
	59.04 (59.04)	1:04.98 (2:04.02)				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#4 Girls 200 Meters**

M	Occoquan Region	23.94	Alyssa Aiken	Chantilly	1999
R	Occoquan Region	26.20			
S	VA State Class 6	25.67			

Finals

Wind: (-1.7)

Pl	Name	Team	Time	Note	Pts
1	SANCHIOUS, Catalina	South County High School	24.80		10
2	RODGERS, Piper	Fairfax	24.83		8
3	HIGGINS, Victoria	South County High School	25.18		6
4	BEAUMONT, Keira	Hayfield Secondary School	25.26		4
5	SIMPSON, Laila	Fairfax	25.42		2
6	HAMILTON, Akira	Alexandria City High School	25.61		1

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:

Chris Pellegrini

Timing:

Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT

printed: 5/28/2022 3:20 PM

RESULTS

#3 Boys 200 Meters

M	Occoquan Region	20.23	Noah Lyles	Alexandria City	2016
R	Occoquan Region	22.92			
S	VA State Class 6	22.44			

Finals

Wind: (-1.7)

Pl	Name	Team	Time	Note	Pts
1	GREEN, Amir	Fairfax	21.58		10
2	WHITE, Evans	South County High School	22.03		8
3	POULSON, George	West Potomac	22.48		6
4	NORDHAUS, Noah	James W. Robinson	23.00		4
5	BASKERVILLE, Enan	West Springfield	23.02		2

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#20 Girls 4 x 400m Relay**

M Occoquan Region 3:52.50
 R Occoquan Region 4:09.11
 S VA State Class 6 4:01.30

South Lakes

2015

Pl	Team	Time	Note	H(Pl)	Pts
1	West Springfield (A)	RS 3:55.03		2(1)	10
	1) RICHARDSON, Kiki 1:56.610 (1:56.610)	2) ELAKARI, Kenza 2:56.840 (1:00.230)			
	3) MILLER, Chloe 3:55.029 (58.189)	4) MACGRATH, Aidan			
2	James W. Robinson (A)	RS 4:00.70		2(2)	8
	1) COUTINHO, Valerie 2:03.585 (2:03.585)	2) RUDOLPH, Devon 3:02.970 (59.385)			
	3) PATTEN, Grace 4:00.699 (57.729)	4) WILSON, Rachael			
3	Hayfield Secondary School (A)	4:10.21		2(3)	6
	1) TOLIVER, Myla 2:02.992 (2:02.992)	2) TEKLEMARIAM, Sanaya 3:09.009 (1:06.017)			
	3) JOHNSON-MORGAN, Aja 4:10.205 (1:01.196)	4) LE'IATO, Raniyah			
4	South County High School (A)	4:15.24		2(4)	4
	1) SALISBURY, Jordan 2:04.647 (2:04.647)	2) CURRY, Kara 3:11.725 (1:07.078)			
	3) ROBERTSON, Camille 4:15.232 (1:03.507)	4) PAVLAK, Taylor			
5	Thomas Jefferson S&T (A)	4:15.61		1(1)	2
	1) RICHARD, Aurora 2:08.396 (2:08.396)	2) WILLIAMS, Irene 3:17.508 (1:09.112)			
	3) LI, Valerie 4:15.607 (58.099)	4) TOPCHY, Annika			
6	Fairfax (A)	4:16.71		2(5)	1
	1) NELSON, Mae 2:06.684 (2:06.684)	2) SILVA, Leilani 3:11.204 (1:04.520)			
	3) OLIBAH, Leena 4:16.707 (1:05.503)	4) SAIYED, Ayesha			
7	Falls Church (A)	4:18.54		1(2)	
	1) WALKER, Damierah 2:12.926 (2:12.926)	2) PHILLIPS, Ainsley 3:16.265 (1:03.339)			
	3) NGUYEN, Hazel 4:18.540 (1:02.275)	4) MCCORMICK, Jessica			
8	Thomas Edison (A)	4:22.76		1(3)	
	1) ABU-JAMOUS, Anaa 2:08.798 (2:08.798)	2) SESAY, Sanaa 3:14.951 (1:06.153)			
	3) FULLER, Nikita 4:22.753 (1:07.802)	4) KNOWLES, Caroline			

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#19 Boys 4 x 400m Relay**

M Occoquan Region 3:17.16
 R Occoquan Region 3:30.62
 S VA State Class 6 3:25.00

Centreville

1999

Pl	Team	Time	Note	H(Pl)	Pts
1	West Springfield (A)	RS 3:21.20		2(1)	10
	1) DUBE, Matthew 1:42.608 (1:42.608)	2) REICHARD, Gavin 2:32.383 (49.775)			
	3) BANKS, Nasir 3:21.191 (48.808)	4) O'DONNELL, John			
2	South County High School (A)	R 3:26.38		2(2)	8
	1) BAXTER, John 1:45.150 (1:45.150)	2) KASPEROWSKI, Nayan 2:34.202 (49.052)			
	3) WHITE, Evans 3:26.377 (52.175)	4) GARCIA, Isaac			
3	W.T. Woodson (A)	R 3:28.00		1(1)	6
	1) BANTUG, Lorenzo 1:44.782 (1:44.782)	2) LOCKWOOD, Thomas 2:36.899 (52.117)			
	3) SPECTOR, Ethan 3:27.995 (51.096)	4) ANDERSON, Justin			
4	Lake Braddock (A)	R 3:28.71		1(2)	4
	1) NGUYEN, Kyle 1:44.555 (1:44.555)	2) HUH, Alex 2:36.553 (51.998)			
	3) BARRAVINO, Marcelo 3:28.704 (52.151)	4) FOTOUHI, Ken			
5	Justice (A)	R 3:29.04		2(3)	2
	1) RIVERS, Isreal 1:44.094 (1:44.094)	2) WATSON, Ryan 2:35.377 (51.283)			
	3) COHEN, Theodore 3:29.035 (53.658)	4) KASHYNSKI, Peter			
6	Mount Vernon (A)	R 3:29.51		1(3)	1
	1) JAPPAH, Jeaceajay 1:46.498 (1:46.498)	2) CHAPMAN, Miles 2:36.716 (50.218)			
	3) RHOE, Dillon 3:29.507 (52.791)	4) BELLFIELD, Keivon			
7	Thomas Edison (A)	3:32.39		2(4)	
	1) VON ELLING, Caden 1:46.771 (1:46.771)	2) VICKS, Kendall 2:39.771 (53.000)			
	3) BRYANT, Ethan 3:32.388 (52.617)	4) HILL, Andreas			

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#34 Girls Discus**

M	Occoquan Region	146' 4"	Kristy Martin	Robinson	1996
R	Occoquan Region	94' 3"			
S	VA State Class 6	110' 8"			

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	WILLIAMS, Wisdom	Alexandria City Hi	RS 139' 0"	FOUL	108' 4"	125' 8"	129' 6"	139' 0"	132' 2"	10
2	CHAMBERS, Rosalie	Thomas Jefferson	RS 111' 10"	109' 8"	106' 3"	111' 10"	102' 1"	93' 0"	108' 1"	8
3	ABI-AAD, Rebecca	Thomas Edison	R 106' 3"	FOUL	101' 5"	100' 0"	106' 3"	97' 0"	FOUL	6
4	WOODHAM, Olivia	South County Hig	R 106' 1"	106' 1"	FOUL	95' 3"	FOUL	97' 4"	FOUL	4
5	YOUNG, Taryn	West Potomac	R 101' 1"	101' 0"	90' 6"	FOUL	FOUL	86' 2"	101' 1"	2
6	BAWCOMBE, Amelia	Alexandria City Hi	R 97' 8"	FOUL	FOUL	97' 8"	FOUL	96' 1"	65' 10"	1
7	SOMMERS, Sierra	West Springfield	92' 3"	79' 4"	FOUL	92' 3"	88' 6"	89' 10"	FOUL	
8	ANDREZ BALCARCEL, Juliette	Annandale	88' 2"	83' 7"	88' 2"	79' 11"				
9	MCALLISTER, Clara	Thomas Jefferson	87' 2"	83' 10"	74' 5"	87' 2"				
10	ABU-JAMOUS, Anaa	Thomas Edison	85' 1"	FOUL	82' 0"	85' 1"				
11	MICKENS, Kacey	Hayfield Secondar	83' 2"	FOUL	83' 2"	77' 8"				
12	HICOK, Rae	James W. Robins	77' 2"	77' 2"	FOUL	FOUL				
	AMAYA-DIAZ, Fatima	Justice	NM							
	MOHAMED, Shahd	Fairfax	NM							

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#31 Boys Shot Put**

M	Occoquan Region	183' 0"	Phil Vincenses	Edison	1976
R	Occoquan Region	43' 10"			
S	VA State Class 6	48' 5.75"			

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MANN, Caleb	John R. Lewis Hig	R 47' 11"	47' 7"	47' 2"	45' 4"	FOUL	FOUL	47' 11"	10
2	STUCK, Brendan	West Springfield	R 47' 7"	43' 10"	47' 7"	FOUL	FOUL	FOUL	47' 1"	8
3	GASKINS, Carter	West Springfield	R 47' 2"	43' 9"	FOUL	FOUL	45' 4"	47' 2"	FOUL	6
4	TURNEY, Elias	West Springfield	R 47' 1"	45' 0"	42' 4"	45' 8"	44' 9"	44' 11"	47' 1"	4
5	BOLME, Kai	Lake Braddock	43' 9"	43' 9"	41' 6"	FOUL	40' 6"	FOUL	FOUL	2
6	EVANS, Jonathan	West Springfield	43' 4"	42' 4"	43' 4"	41' 2"	42' 2"	40' 2"	42' 1"	1
7	RUDOLPH, Cooper	James W. Robins	43' 1"	43' 1"	FOUL	41' 4"	42' 3"	42' 4"	42' 11"	
8	ECHOLS, Brady	West Springfield	41' 6"	FOUL	FOUL	41' 6"				
9	CHIRICHI, Nader	Thomas Edison	41' 4"	FOUL	41' 4"	FOUL				
10	CRUZ, Ivan	Thomas Edison	39' 9"	39' 9"	37' 5"	33' 11"				
11	WILLIAMS, Noah	Annandale	39' 1"	39' 1"	39' 0"	38' 9"				
12	CRIM, Harrison	West Springfield	39' 1"	FOUL	FOUL	39' 1"				
13	ZEGETA, Abem	Thomas Edison	38' 4"	37' 10"	38' 4"	FOUL				
	RUCKER-AGYEI, Dante	John R. Lewis Hig NM		FOUL	FOUL	FOUL				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA
West Springfield
Host: West Springfield
5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:
Chris Pellegrini
Timing:
Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT
printed: 5/28/2022 3:20 PM

RESULTS

#23 Boys High Jump

M	Occoquan Region	6' 11"	Eric Hairston	Alexandria City	1983
R	Occoquan Region	5' 10"			
S	VA State Class 6	6' 0"			

Pl	Name	Team	Mark	6' 0"	6' 1"	6' 2"	6' 3"	6' 4"	6' 5"	6' 6"	6' 7"	6' 8.25"	6' 9.50"	Pts
1	CARMICHAEL, Xavier	Hayfield Secondar	RS 6' 8 1/4"	O	P	XO	XO	XO	O	XO	XXO	XXO	XXX	10
2	JOHNSON, Paris	West Springfield	RS 6' 2"	O	O	O	XXX							8
3	CASEY, Sullivan	West Potomac	RS 6' 1"	XO	XXO	XXX								6
4	BANKS, Nasir	West Springfield	R 6' 0"	XO	XXX									4
5	RAHMAN, Rasheed	Hayfield Secondar	5' 10"	XXX										1.5
5	KUGLER, Robbie	West Springfield	5' 10"	XXX										1.5
7	MORRIS, Jordan	Lake Braddock	5' 10"	XXX										
8	SAMUELS, Koen	John R. Lewis Hig	5' 10"	XXX										

Pl	Name	Team	Mark	5' 8"	5' 10"	Pts
1	CARMICHAEL, Xavier	Hayfield Secondar	(cont'd)	P	O	10
2	JOHNSON, Paris	West Springfield	(cont'd)	O	O	8
3	CASEY, Sullivan	West Potomac	(cont'd)	O	XO	6
4	BANKS, Nasir	West Springfield	(cont'd)	P	O	4
5	RAHMAN, Rasheed	Hayfield Secondar	5' 10"	O	O	1.5
5	KUGLER, Robbie	West Springfield	5' 10"	P	O	1.5
7	MORRIS, Jordan	Lake Braddock	5' 10"	XO	XO	
8	SAMUELS, Koen	John R. Lewis Hig	5' 10"	XO	XXO	
9	HILL, Andreas	Thomas Edison	5' 8"	O	XXX	
9	WILLIAMS, Naivian	Mount Vernon	5' 8"	O	XXX	
	BOWERS, James	Lake Braddock	NH	XXX		
	VON ELLING, Caden	Thomas Edison	NH	XXX		
	DAPOGNY, James	Falls Church	NH	XXX		
	LEWIS, Xavier	Fairfax	NH	XXX		
	SMITH, Joseph	John R. Lewis Hig	NH	XXX		
	ABDELWAHID, Mohamed	Thomas Edison	NH	XXX		
	MEJIA, Adrian	West Springfield	NH	XXP		
	AWUAH, Essumang	James W. Robins	NH	P	XXP	

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#26 Girls Pole Vault**

M	Occoquan Region	12' 6"	Felecia Majors	South County	2013
M	Occoquan Region	12' 6"	Emily Harrison	Battlefield	2017
R	Occoquan Region	8' 6"			
S	VA State Class 6	9' 9"			

Pl	Name	Team	Mark	7' 3"	7' 9"	8' 3"	8' 9"	9' 3"	9' 9"	10' 3"	Pts
1	HEUPEL, Malia	James W. Robins	R 9' 9"	P	P	P	P	O	O	XXX	10
2	SPEIER, Taityn	W.T. Woodson	R 9' 3"	O	XO	O	XO	XO	XXX		8
3	HENCKEN, Elsa	James W. Robins	R 9' 3"	P	P	XO	O	XXO	XXX		6
4	GALLOTTA, Caroline	Lake Braddock	R 8' 9"	P	P	O	O	XXX			4
5	LUGER, Hannah	West Springfield	8' 3"	O	O	O	XXX				1.5
5	ALBERT, Tierra	Hayfield Secondar	8' 3"	P	P	O	XXX				1.5
7	SONG, Stephanie	Thomas Jefferson	7' 9"	XXO	XO	XXX					
8	DOTIMAS, Alyssa	John R. Lewis Hig	7' 9"	O	XXO	XXX					
	DUHE, Lelia	Hayfield Secondar	NH	XXX							
	CHAPPELL, Halla	Justice	NH	XXX							
	CROWE, Madeline	Alexandria City Hi	NH	P	P	P	P	XXX			

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA
 West Springfield
 Host: West Springfield
 5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:
 Chris Pellegrini
 Timing:
 Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT
 printed: 5/28/2022 3:20 PM

RESULTS

#27 Boys Long Jump

M	Occoquan Region	24' 5.50"	Allen Johnson	Lake Braddock	1989
R	Occoquan Region	20' 6.75"			
S	VA State Class 6	21' 9.25"			

Pl	Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BELLFIELD, Keivon	Mount Vernon	RS 22' 0 1/2	(NW)	21' 3"	20' 2 3/4	FOUL	20' 7 1/2	20' 6"	22' 0 1/2	10
2	LORD, Duante	West Springfield	R 21' 6 3/4	(NW)	FOUL	20' 6"	20' 0 1/2	20' 3 1/2	20' 0"	21' 6 3/4	8
3	JOHNSON, Bryston	Hayfield Secondar	R 20' 10 1/4	(NW)	FOUL	20' 10 1/4	FOUL	20' 2 1/2	20' 8"	20' 7 1/4	6
4	MILIAN, Jonathan	Annandale	R 20' 7"	(NW)	20' 6 1/2	18' 10 3/4	19' 11"	19' 8"	19' 8 1/4	20' 7"	4
5	MEJIA, Adrian	West Springfield	20' 6 3/4	(NW)	20' 0"	20' 2"	20' 6 3/4	19' 6 3/4	20' 3"	19' 9 3/4	2
6	CHENG, David	Fairfax	20' 3 1/2	(NW)	FOUL	20' 3 1/2	FOUL	FOUL	20' 2 1/2	FOUL	1
7	STILES-MARTIN, Everett	Lake Braddock	20' 1 3/4	(NW)	19' 6"	15' 0"	20' 1 3/4	FOUL	FOUL	19' 9 3/4	
8	LEWIS, Xavier	Fairfax	19' 5 3/4	(NW)	FOUL	FOUL	19' 5 3/4				
9	SATTIRAJU, Charan	Thomas Jefferson	19' 5 1/2	(NW)	19' 5 1/2	19' 3 1/2	19' 2 1/4				
10	WILLIAMS, Naivian	Mount Vernon	19' 2 1/4	(NW)	18' 5"	19' 2 1/4	FOUL				
11	NGUYEN, Kyle	Lake Braddock	18' 10"	(NW)	18' 7 1/2	18' 10"	18' 2"				
	RAHMAN, Rasheed	Hayfield Secondar	NM		FOUL	FOUL	FOUL				
	AWUAH, Essumang	James W. Robins	NM		FOUL	FOUL	PASS				
	LANHAM, Miles	Annandale	NM								
	CARMICHAEL, Xavier	Hayfield Secondar	NM								

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA

West Springfield

Host: West Springfield

5/26/2022 - 5/28/2022

MEET OFFICIALS**Meet Director:**

Chris Pellegrini

Timing:

Windsor Running, LLC

**WINDSORRUNNING****OFFICIAL MEET REPORT**

printed: 5/28/2022 3:20 PM

RESULTS**#30 Girls Triple Jump**

M	Occoquan Region	41' 10.75"	Dana Boone	Lake Braddock	1987
R	Occoquan Region	34' 1.75"			
S	VA State Class 6	37' 2"			

Pl	Name	Team	Mark		Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	DIAL, Julia	Thomas Edison	RS 38' 9"	(NW)	FOUL	37' 7 ³ / ₄	FOUL	38' 1 ¹ / ₄	FOUL	38' 9"	10
2	JACKSON, Genesis	South County Hig	RS 38' 0"	(NW)	36' 2 ¹ / ₂	36' 9 ¹ / ₄	38' 0"	36' 4 ¹ / ₄	36' 10 ¹ / ₂	37' 9"	8
3	JACKSON, Alisha	Alexandria City Hi	RS 37' 8"	(NW)	37' 3"	36' 8"	37' 8"	36' 5 ¹ / ₄	36' 3"	36' 6 ³ / ₄	6
4	DANIELS, Michala	Lake Braddock	R 36' 5 ¹ / ₄	(NW)	FOUL	36' 0 ¹ / ₂	FOUL	FOUL	36' 5 ¹ / ₄	36' 5 ¹ / ₄	4
5	HAMILTON, Akira	Alexandria City Hi	R 35' 5"	(NW)	35' 5"	FOUL	35' 3 ³ / ₄	FOUL	FOUL	FOUL	2
6	YAWSON, Shulamite	Alexandria City Hi	R 35' 4 ¹ / ₄	(NW)	34' 6 ¹ / ₄	FOUL	35' 4 ¹ / ₄	FOUL	34' 8 ³ / ₄	33' 9"	1
7	JUNIUS, Victoria	Lake Braddock	33' 9"	(NW)	33' 9"	33' 5 ¹ / ₄	FOUL	FOUL	FOUL	FOUL	
8	HODGE, London	West Springfield	33' 6 ¹ / ₄	(NW)	FOUL	33' 6 ¹ / ₄	33' 5"				
9	TEKLEMARIAM, Sanaya	Hayfield Secondar	33' 1 ¹ / ₄	(NW)	33' 1 ¹ / ₄	32' 7 ¹ / ₂	30' 9 ¹ / ₄				
10	PHILLIPS, Ainsley	Falls Church	30' 3 ³ / ₄	(NW)	29' 1 ¹ / ₄	30' 3 ³ / ₄	FOUL				
11	FULLER, Nikita	Thomas Edison	30' 0 ¹ / ₄	(NW)	28' 8 ³ / ₄	29' 0 ¹ / ₂	30' 0 ¹ / ₄				
12	MAKU, Grace	Falls Church	29' 11 ¹ / ₄	(NW)	FOUL	FOUL	29' 11 ¹ / ₄				
13	BOHOMME, Rose	Mount Vernon	29' 11"	(NW)	FOUL	FOUL	29' 11"				

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA
West Springfield

Host: West Springfield
5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:
Chris Pellegrini
Timing:
Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT

printed: 5/28/2022 3:20 PM

RESULTS

Boys Scores

Pl	Team	Code	Score
1	West Springfield	WS	131
2	South County High School	SC	49
3	Lake Braddock	LB	45.5
4	Fairfax	FX	44
5	West Potomac	WPOT	42
6	Thomas Edison	TED	35
7	Mount Vernon	MTVE	33
8	Hayfield Secondary School	HAYF	26.5
9	W.T. Woodson	WTW	25
10	James W. Robinson	ROB	21
11	Alexandria City High School	ACHS	18
12	John R. Lewis High School	JRL	16
13	Falls Church	FALL	14
14	Justice	JUST	12
15	Annandale	ANNA	8
16	Thomas Jefferson S&T	TJST	6

2022 OCCOQUAN REGION CHAMPIONSHIPS

Springfield, VA
West Springfield

Host: West Springfield
5/26/2022 - 5/28/2022

MEET OFFICIALS

Meet Director:
Chris Pellegrini
Timing:
Windsor Running, LLC



WINDSORRUNNING

OFFICIAL MEET REPORT

printed: 5/28/2022 3:20 PM

RESULTS

Girls Scores

Pl	Team	Code	Score
1	South County High School	SC	96
2	West Springfield	WS	71.7
3	James W. Robinson	ROB	62
4	Alexandria City High School	ACHS	52
5	Thomas Jefferson S&T	TJST	50.2
6	Hayfield Secondary School	HAYF	42.5
7	W.T. Woodson	WTW	32
8	Lake Braddock	LB	30.2
9	Fairfax	FX	28
10	Thomas Edison	TED	26
11	West Potomac	WPOT	20
12	Falls Church	FALL	16.2
13	John R. Lewis High School	JRL	0.2